



THE GRYPHON

19.9.2014



Contents

Editor's Letter 3

News 4 – 6

The Gryphon got to speak to our VC, Sir Alan Langlands about Freshers blunders, Leeds' reputation and tuition fees

Music 7 – 9

Leeds and music are the Ant and Dec of Yorkshire. Get to grips with one of the best music scenes in the country here

Clubs 10 – 11

Leeds has much more to offer than your typical freshers events. If foam parties, S Club reunions and 'school discos' aren't your thing, take a look at a run-down of our favourite nights

Fashion 12 – 14

Here's where to head for the best high-street favourites and where Leeds' best kept secrets are hiding



Arts 16 – 17

Our pull-out map is full of the cultural hits of the city, and boasts a pretty decent round-up of cheesy university-inspired flicks to get your teeth into

Lifestyle & Culture 18 – 21

Being in the know about the latest TV shows is as integral part of Leeds student life as Flames after a night at Fruity. Here's a handy guide to the three biggest shows around now

Features 22 – 23

Ruby Lott-Lavigna speaks to *Alice Bentinck*, founder of Code First: Girls, about the biggest challenges women face today

Science 24 – 25

Want to know if a bacon sandwich is the ultimate hangover cure? Here's the place to go

Comment 26 – 28

Regarded as one of the biggest national events in modern history, we tackle the fate of Scotland in our Comment special



Debate 29

Should the government confiscate the passports of suspected Jihadis?

Society 31 – 33

Here's the lowdown on how to pick the dream group for you

Columns 34

Our pithiest writers offer their most honest Freshers' advice

LS to the Gryphon 36

Your favourite newspaper is back, but this time it's going by a new name

Sport 37 – 39

As Varsity draws closer, *The Gryphon* spoke to rugby union Club Captain Louis Timpany and Varsity debutant Simon Haddad



Editor's Letter

Jasmine Andersson
Editor, The Gryphon
editor@thegryphon.co.uk



Dear Freshers and Refreshers,

Welcome to Leeds, and welcome to the first issue of *The Gryphon*, formerly known as *Leeds Student*.

Although we have a new name, we've been a campus fixture for more than a century. This newspaper came into life just over 117 years ago, and was home to a fine collection of satirists and illustrators. In the '20's, *The Gryphon* became a pioneering force in student media, and flourished as a platform for incisive journalism.

In our decades-long stint as Leeds Student newspaper, however, we were regarded as one of the best student publications in the country.

We count Paul Dacre, Jay Rayner, Nicholas Witchell and Polly Curtis as members of our editorial alumni. Every year, this newspaper continues to send members into prestigious media roles, with their participation in the publishing of this newspaper as a marker for journalistic ability.

We've interviewed serving Prime Ministers, popular celebrities of the day and tackled divisive figures and issues.

In the past fifteen years, we've won six Guardian Student Media Awards, as well as numerous

nominations and prizes from other national publications.

The Gryphon will not sever ties with our fantastic journalistic heritage – it will build upon it. Our rebrand is much more than 'changing up the name.' It is a promise to take our student publication into groundbreaking territory. This year, we will bring you the most compelling stories on campus and represent the voices that truly matter.

Whether you're a fresher or a refresher, thank you for joining us on our most exciting journey yet. We're already excited to see where the year ahead will take us.

NEW AT THE EDGE THIS YEAR

YOUR NEW BIGGER FITNESS SUITE

- An increase of 50 stations - Now a huge 250 station gym!
- Very latest Technogym ARTIS equipment - fully web connected

INCREASED OPENING HOURS

- Open until 9pm on Saturdays and Sundays

FREE FITNESS WORKSHOPS

- Delivered by our team of fitness experts

leeds.ac.uk/theedge

the
EDGE
FITNESS | SPORT | WELLBEING



the
**EARLY
BIRD
WINS...**



£600 WORTH OF PRIZES

**JOIN NOW AND YOU COULD
WIN AN ADIDAS VOUCHER WORTH £500**
5 RUNNERS UP WILL EACH RECEIVE £20 ADIDAS VOUCHERS.

Students join or upgrade online before 10.10.2014.
Not only will you be entered into our prize draw,
you will also save money on your membership.

leeds.ac.uk/theedge




UNIVERSITY OF LEEDS

Medic beats world No. 1 at World Championship



TABLETENNISENGLAND.CO.UK ©

Abla Klaa
Jake Hookem

A Leeds student who represented Great Britain in the Para Table Tennis World Championship has beaten a world number one.

Kim Daybell, 22, was joined by fellow number one champion Rob Davies and Paralympic silver medalist Will Bayley who competed in this year's competition, held in China.

Daybell topped his group to secure a place in the knockout phase after a tough game against Egypt's Abdelrahman Abdelwahab with a 3-1 win.

Daybell landed third place in his last-16

group, failing to reach the knockout stages despite beating Ukraine's Shchepansky Didukh in the team event.

In a statement to *The Gryphon*, the Sheffield-born Kim said: 'It has been a successful tournament overall for myself and Team GB as a whole.' He added, 'Balancing uni life and training hasn't always been easy but I feel I have proven I can still compete at the highest level. I would like to thank the University of Leeds and The Edge for all their support in helping me reach my goals.' ■

Jake Hookem



LEEDS RAG ©

Richard Mayne Charity Appeal Raises £14,577

A RAG charity appeal set up by Richard Mayne, a victim of the MHI7 disaster, has raised £14,556 over the summer. Richard, 20, completed the Leeds RAG expedition to Everest in March. He set up a JustGiving page in aid of Kidasha, a charity dedicated to supporting disadvantaged young people in Nepal.

His parents have set up a new page, with donations going to Leicestershire Parents' Support Group of Diabetes UK.

A full obituary to Richard is to be published in Issue 1 of The Gryphon.



Univ. Of Leeds ©

Names To Be Added To War Memorial

The names of twenty-five soldiers involved in World War One are to be added to the University of Leeds' Brotherton War Memorial.

All twenty-five soldiers had links to the university. Among the names, is that of a former captain of the university's football team.

The names were missing from the original roll of honour but were uncovered during research undertaken during the 'Legacies of War' project, part of the university's World War One centenary commemorations.

The re-dedication ceremony will be held on the 22nd of October.



Sam Broadley ©

Leeds Met Name Change

Leeds Metropolitan University is being renamed as 'Leeds Beckett University' on 22nd September.

The name references the location of their Headingley campus near Beckett Park.

Not all students have welcomed this decision. In an online poll carried out by the Leeds Metropolitan Student Union in February, an overwhelming majority of 1,265 voted against the idea.

Some students have expressed their frustration over Twitter.

User @rossynorton said: "None of our views have been taken into account; I have not met a single person in support of Leeds Beckett University."

News In Brief



BIS ©

MP - 'Let universities buy student debt'

Former Universities Minister David Willetts has suggested that the government is re-searching an idea that would give universities the power to purchase their student's debts.

Mr Willetts claimed it would encourage universities to ensure students are employed or in further education after graduation, as they would be more likely to get the loans paid back.

Critics argue however, that it may lead to universities favouring the more privileged. It is also claimed that it could lead to universities prioritising entrants studying courses that are more directly employable such as Law and Medicine. ■

The Gryphon meets your Vice Chancellor



The Gryphon got to speak to Sir Alan Langlands about Freshers blunders, Leeds' reputation and tuition fees...

Abla Klau
Jasmine Andersson

Leeds has got a fantastic academic reputation but what would you say makes Leeds stand out from other universities?

Leeds University has a distinct approach to student education. The fusion of curricular and co-curricular activities is very strong here. The partnership with the Student Union and the wider student body is strong which really influences the way in which education is developed. Our research has tremendous spread; we cover almost every subject area and that gives the university real strength...

Are you happy with the £9,000 tuition fee?

I was in a difficult position because I was Chief Executive for the Higher Education Funding Council when the fees were introduced. But nonetheless, I did speak quite publicly against the increase. I think it was too much too soon. My own sense at the time would

have been to go for a tuition fee of £5000 or £6000 but with a much higher public funding contribution.

Do you believe students are getting more for their money than they used to?

That's tricky because the change is not on the cost of higher education, the change is on the burden of who pays for it. Today, the state is paying much less but the cost to the university is roughly the same. Students are having to pay for more of their own education. However, I believe this increased fee has forced universities to improve their educational offering and facilities.

Do you see Spring 2015 as being a realistic date for the new library to be opened? What are your thoughts on it being positioned next to a nightclub?

I am absolutely sure it will be opened by then. I think it's going really well at the moment. It is interesting to have a library sandwiched between two churches, one of which is a Chaplaincy and the other, a

nightclub. The university sold the lease of one of the churches and subsequently it became a nightclub. I have made enquiries about whether we can buy the church back as I believe it's a facility that would be essential for other purposes.

...the change is not on the cost of higher education, the change is on the burden of who pays for it.

The library's proposed opening date is close to undergraduate exam and deadline period. Do you see this as a hindrance for students?

I don't believe this would be a hindrance because when the new library opens it would be an additional facility to the Brotherton and Edward Boyle libraries. The disruption might come a year later because as soon as the library is functioning, it would then be necessary to improve the Edward Boyle library. The construction would mostly happen over the holidays.

Can you remember your time as a fresher? Can you recall any freshers blunders?

My time as a fresher was almost 44 years ago so times were very different. This is the moment where it's quite good have selective memory for once, I can imagine my blunder was alcohol related. The whole Freshers experience today is much more than just a big party.

Do you have any advice for this year's Freshers?

I'm sure the last person they'd want advice from is me! I think Freshers week and your time at university is about balance. First and foremost have fun. Think about the practicalities of being at university; where you live, how you operate and make sure to cover security when you're out. I would advise students to think about the financial aspects of higher education which could become big issues. ■

Meet your Student Exec



Bradley Escorcio
Union Affairs

What does the Union Affairs Officer do for students?

It's my role to lead the organisation. I chair the board of trustees, and also hold staff to account and make sure our democratic processes all work for students.

What do you hope to achieve in your role this year?

One of the main things will be getting a redevelopment for the Union building approved.

What channels of support would you recommend for students?

The Student Advice Centre is good for all types of problems you might be having, whether they're to do with housing, academics or health.



Freya Govus
Welfare

What do you hope to accomplish this year in your role as welfare officer?

The biggest objective is to tackle the stigma around mental health by creating an online resource making it clear of what services are available and where.

What are the best things to do in freshers week?

I usually go to the crafts-related things! I think it's a shame that sometimes it seems only the drinking things get recognised for freshers.

What is your top tip for people who have just moved in to halls?

The main thing is getting to know people, get involved in clubs and societies. The people you surround yourself with make a great difference to how you settle in at uni.



George Bradley
Community

What do you want to achieve this year?

I want to ensure students know what they're getting into before they sign housing contracts.

What are your favourite lunch hotspots on campus?

I'm a fiend for the Salad Box! Hidden Cafe is good too because it's a really nice space.

Tell us about your campaign video which reached a lot of success?

It was an accidental masterpiece, everything got a bit carried away. But the whole time I was thinking it's not just about the video. I hope people will see that.



Gemma Turner
Equality & Diversity

What is your role?

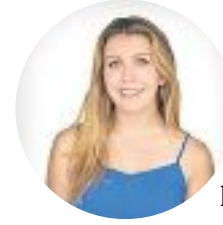
My role is to represent students that don't feel like they've got a voice and want to be heard. It's basically to make students feel more included in both the Union and the University.

What are your plans for this year?

Sexual harassment is one of the areas to focus on. We're introducing project workers to make sure that bars and clubs staff knows what to do in these situations. Also, providing accessible safe spaces for students to help get people talking about sexual harassment.

Any advice for Freshers?

My best advice would be to join at least three societies to make sure you meet as many people as possible. Just be open-minded, push yourself because it will be worth it.



Fi Metcalfe
Activites

What's your advice for people moving in to their new homes?

Meet as many people as possible in your halls and sign up for societies. They are the best way to meet friends, gain skills and love your time at Leeds! Although I would say that wouldn't I...

What's your favourite memory of first year?

We did steal someone's ironing board during a snowball fight once. We held it hostage for a week.

Is Fresher's Week costly?

You can actually be quite savvy and get a lot of freebies at the freshers fair. Sign up fees for clubs and societies could add up, just be responsible.



Tom Dixon
Education

What are your tips for being a good housemate?

I think tolerance is really important. If you're frustrated by people I think it's good to have patience, and to respect other people's space.

What are your top tips for students regarding employability?

It's important to join a club or society. Across the country we're one of the better institutions for fostering volunteers, so I'd say become a volunteer and really engage with the Union.

What's your favourite nightclub in Leeds?

I really like Hi-Fi on a Tuesday, they play some good jams. I also like Smokestack on a Thursday, and Fruity on a Friday. ■

Where it's at.

Don't get lost in Leeds, here's our guide to the city's finest venues



Belgrave Music Hall & Canteen

Cross Belgrave Street, Northern Quarter

Built in 1934 as a recreation hall and nursery, the Belgrave was lovingly restored and reopened in October 2013 as Leeds' hottest alternative music venue and was an instant success. **Watch brilliant new bands, taste the finest local cask ales and eat at a revolving door of street food outlets.** And after all that relax on the spectacular roof terrace – a rose among thorny edifices in Leeds' Northern Quarter.

Look out for Jaws, Woman's Hour, Slum Village



Wharf Chambers

Wharf Street

Wharf Chambers is a multi use arts venue and safe space run by a workers' cooperative that aims for inclusivity and affordability rather than profit. You

have to be a member or guest of a member to attend its gigs, club nights, film screenings and discussions. But once you are a member, **you'll have a say on future events during monthly meetings – and all this for just £1 per year.** Bands such as Perfect Pussy and Joanna Gruesome have recently played there.

Look out for Bilge Pump, Richard Dawson, Neil Campbell



Howard Assembly Room

New Briggate

Tucked inside the Leeds Grand Theatre, the **Howard Assembly Rooms'** elegantly restored Victorian interior welcomes artists and audiences of a more progressive disposition. When it isn't being used as a rehearsal space for Opera North's award winning orchestra, it puts on shows by the likes of Tinariwen, Julia Holter and Oneohtrix Point. *Look out for Teho Teardo & Blixa.*



Brudenell Social Club

Queens Road, Hyde Park

If you only go to one music venue this year, make it the Brudenell, any self-respecting Hyde Park

resident's local. **'The Brudenell Social and Recreational Club'** is steeped in history, famously hosting secret gigs for Kaiser Chiefs and Franz Ferdinand but, more importantly, putting on gigs from a myriad of genres. You'll also find an array of punters at the bar, from music-savvy students to Leeds natives.

Look out for an all-dayer featuring Middleman, The Besnard Lakes, The Fall

Wire

Arguably Leeds' best club, the murky depths of Wire's basement will play host to some of this year's biggest nights. Not only does Leeds Uni alumni and Hesse Audio co-founder Pearson Sound bring back his vinyl only Acetate night in October, but the likes of Floating Points, Simian Mobile Disco and the wonderful Motor City Drum Ensemble will grace Call Lane.

Hifi

For years Leeds' go-to club for non-house and techno nights, Hi-fi is now one of the most popular around. Nights span a wide range of genres, including jazz, mo-town, hip hop, disco and reggae. Every Sunday the venue plays host to the Sunday Joint, a free evening of the freshest bands. It's not just music either, with Saturday night hosting live standup comedy from 8 to 11.

Smokestack

Want some old-school funk? Some smooth jazz? How about a night of passionate soul? Well Smokestack's the place for you. With a mixture of nights including regular live bands, Smokestack provides a classy evening and a real feel-good atmosphere. Perfect for a spontaneous and cheap night out; think 1920s speak-easy, and certainly think about paying it a visit.

Wardrobe

Their aim is to provide 'great drinks, great food and great music', so you're bound to have a great time at this independently owned venue just beyond the bus station. See the best alternative music from around the globe, and later feast upon classic dishes from the Deep South and the Caribbean at the Soul Kitchen.

Into Leeds.

Each week we go into Leeds to interview the big players in our city's music scene



A chat with Jumbo Records

In a musical city that's constantly evolving, Jumbo Records has been a mainstay for over 40 years. Since being founded in 1971, **Jumbo has always been a meticulous provider for Leeds' audiophiles**, having since become a go to for vinyl, CDs and gig tickets across the musical spectrum. So who better to talk to about this changing city than the new head honcho, Adam Gillison?

'It's definitely a real live music city,' Adam suggests, talking about the place he has lived and worked in since the 90s. **'It's ironic that we should be saying all this the week that Cockpit closes but I'm sure there will be a replacement just**

around the corner (Slam Dunk's The Key Club is a compelling contender); it's a very healthy live music scene and it'll continue to be so.'

When you've got such a vibrant range of live shows, young, creative local acts are bound to follow. 'People who go to gigs want to be in bands, and there are always opportunities for support slots. That's one of the reasons why we've got such good local bands.' **With bands like Hookworms and Eagulls coming from the city, and creative bookings bringing wonderful names in from outside, the scene is thriving.** 'It's the best it's ever been.'

Asking about the apparent increase in experimental electronic music being brought to club nights by the likes of IN/ON/UP/DOWN, we asked if record shops face the

struggle that many promoters have come across, namely that between underground and mainstream appeal. Adam cites Shipley based Golden Cabinet, whose upcoming nights include left-field techno renegades Andy Stott and Perc. 'When they first started, I initially thought 'They'll be lucky', but they've done so well.' The line between niche and financially dangerous is a fine one though, and it can be seen in the recent closures of both Tribe and Waxwerks, two of Leeds more specialist record shops.

So what is it that has given Jumbo such longevity, we ponder. 'We bring a fair amount of specialism to each thing we do,' he muses. 'We're all really into music, which is obviously important. We're also really into customer service and the Leeds music scene. Those things together help us.'

It's an honest appraisal that's evident in the shop itself, with its carefully arranged sections, lovingly written record descriptions and host of leaflets for local shows and bands. 'One of the things about working in a record shop is that it's interesting finding what other people like about music. **We're interested in what makes other people tick.**'

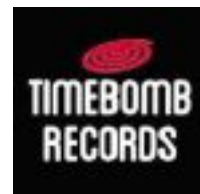
Explore the rest of the city's musical Aladdin's caves



35 The Headrow
www.crashrecords.co.uk
Crash stocks a well-curated selection of rock and indie records and CDs as well as a couple other bits and bobs. Found on the edge of Leeds' shopping district Crash is always worth popping into when in town. They also sell tickets to shows around Leeds.



Online Only
www.normanrecords.com
Despite lacking a storefront, thanks to its eclectic stock, Norman Records has left a mark all of its own on Leeds and the rest of the world. They've also recently started putting on gigs too including Sleaford Mods, Neil Campbell and Ela Orleans.



19 Headingley Lane
www.timebomb-records.com
Previously a fixture of Leeds' record fairs, Timebomb specialises in second hand and rare records. Particularly impressive is the avant-garde/industrial section which contains a couple Throbbing Gristle affiliated LPs without fail. Rebranding and relocation forthcoming.



53 New Briggate
www.relicrecords.co.uk
Like its name implies, Relic mostly deals with second hand copies of older records. Expect to see countless albums from the likes of The Beatles, David Bowie and The Rolling Stones among their stock of 25,000 vinyl, 10,000 CDs and 1,000 DVDs.

Get Involved.

Freshers Week isn't just about drinking, here's a guide for the musically minded



Technically, the Union Music Library is just a society with a room in the Union building that is home to thousands of records on vinyl, CD and cassette. But more than anything else it's a collective of friendly people who just really like music. Apart from the usual library functions of loaning out physical records, it puts on gigs, parties and screenings plus record shopping trips and music discussion meets. Members like to go to shows together too and can often be seen making new gig friends on the Facebook group.



This year they're back bigger and better, so get ready as Leeds Uni Hip-Hop Soc emerge on to the University Union scene. Whether you're a serious hip hop head, like the music, or just want to jam with some chilled out people this is the society for you. It's launching this year in true dope fashion with a 'Wild 'n Out' quiz, Hip-Hop karaoke, plus gig trips and much more.



The LUU Sixties Society unites lovers of anything 60s – from music and fashion, to film and politics. With regular themed socials, a close knit community and something for everyone, Sixties Soc is the place to be. Joining Sixties Soc will provide many opportunities from learning to DJ to appearing on our Leeds Student Radio show, as well as socials including record store crawls and hunting for bargains at vintage fairs. Whether you're a hardcore 60s fan or just enjoy The Beatles or beehives, they welcome anyone and everyone.



BPM is a society for lovers of electronic music and DJs/Producers/MCs. With monthly open-decks socials and other irregular get-togethers, it's a great way to hone your mixing and selection skills, meet like-minded people and keep up with nights around Leeds as members are involved in the local scene. They're always looking for new people to get involved so if you like the sound of what BPM is about, keep an eye out for the Freshers' Fair stall and go have a chat!



The union also boasts a number of performance oriented societies. Both the Leeds University Union Music and Jazz and Blues societies offer an exciting social calendar and opportunities to rehearse and perform in a variety of groups regardless of your musical ability or subject of study.

Sept 22nd

American indie artist Angel Olsen will win your heart and ease you into Freshers' Week.

(£11, Brudenell)

Sept 23rd

Rap rock outfit Middleman headline a day of local music including Otherpeopleslives and Girlsondrugs.

(£6, Brudenell)

Sept 24th

Gentle indie folk band Crybabycry play along side Ijomojo, Modostare, Tigers + Lions, and Fitzwallace.

(£4, Wardrobe)

Sept 25th

Grime legend Big Narstie comes to the Wardrobe. It's going to be filthy.

(£11, Wardrobe)

Sept 26th

Go to an Otley run staple to see Leeds rock band Post War Glamour Girls in a homely setting.

(£5, The Pack Horse)

Sept 28th

Drone pioneer Stephen O'Malley brings countless PAs to the fantastic Recon Festival.

(£9, Brudenell)

Sept 28th

Noisy psychedelic locals Ashtray Navigations celebrate their 20th anniversary.

(£4.40, Hyde Park Picture House)

Sept 29th

J.Dilla's gone but Slum Village live on at Belgrave. Missing this isn't an option for Hip Hop heads.

(£17.50, Belgrave)

Sept 29th

King Ayisoba brings his mix of modern Ghanaian dance and traditional kologo music to Bradford.

(Free, Fuse Art Space)

Sept 30th

Newham Generals a.k.a. D Double E & Footsie bring a long overdue dose of London grime to its murky basement.

(£7, Wire)

Oct 4th

Auntie Flo merges sounds from across the globe in his percussion led sets, making this live set unmissable.

(£5, Hifi)

Oct 5th

Tycho presents the follow up tour to the atmospheric latest album *Awake*.

(£16, Stylus)

FRESHERS' CALENDAR

Leeds has much more to offer than your typical freshers events, so if foam parties, S-Club reunions and 'school discos' aren't your thing, take a look at a run-down of our favourite nights.



20th-21st

MINT FESTIVAL

Lincolnshire Showground

This two day event may be a rather expensive way to start off what is sure to be an expensive week, but Mint Festival's incredible line is hard to pass up. The event boasts 8 different stages showcasing everything from Techno to Jungle.

The Jungle Jam/ Detonate stage is enough to tempt any Grime or Jungle fan, hosting Ms. Dynamite, Preditah and Dillinja all under one canvas roof. The Prism stage presents strong competition, inviting Darius Syrossian, Ben Pearce and MK. With something for everyone, Mint Festival will certainly start off the year with a bang.

22nd

**BROTHERHOOD
SOUND SYSTEM**
Wire

23rd

**PRESSURE DROP
FRESHERS PARTY**
Wire

24th

**REWIND FRESHERS
PARTY**

Wire

25th

HIGH RISE

So it's Thursday of Freshers' Week, you're feeling delicate and your body's begging you to stay in. But don't do that, because spread over Beaverworks' five rooms, HighRise is back. The main room and basement are feature the likes of Red Eye HIFI, Soom T, and Tudor Lion for your fix of Dub and Jungle, and the bar and 'new room' are focusing more on Garage and Dancehall. Finally, the Fifth Room's line up is still to be announced. The anticipation surrounding Highrise following its' sold out end of year event last year is incredible.

Beaverworks

26th

ONE NIGHT WITH... FLOATING POINTS

Beaverworks

Sam Shepherd aka. Floating Points will be playing a 6 hour set at the intimate Wire club. He is not only a neuroscientist by day and a DJ by night, but also the co-founder and first released artist of the exciting 'Eglo Records'. Shepherd takes his inspiration from Jazz, Soul and Funk, something that is irrefutable in his sets. *One Night With...* have hosted techno talents Roman Flugel and Nick Hoppner with huge success and this night will be no different.

27th

SUBDUB

Leeds
West
Indian
Centre

29th

**MIST OPENING
PARTY WITH ALEX
COULTON**
Wire

30th

**JAMZ WITH
NEWHAM GENERALS**
Wire

1st

MAVRIK PRESENTS: SIMIAN MOBILE DISCO

Wire

New promoters on the scene, Mavrik are keeping it simple by inviting one guest, Simian Mobile Disco, to play alongside its talented residents. This is the perfect time to catch the London based duo less than a month after the release of their 4th studio album. Make sure you also catch Mavrik resident, Stephen Howe, and your evening will be complete.

3rd

FLUX OPENING PARTY

Beaverworks

Flux return to Beaverworks after featuring in a number of impressive festivals throughout the summer with a very exciting line up indeed. Stick around the Warehouse to catch Dan Shake, the Leeds based DJ who is the only non-Detroiter to be invited to join Mohagani Music. He is followed by Rahaan, the Disco and House DJ known for his residency at the prestigious 'Budda Lounge' in Chicago. Rahaan has been around since the 80s and has accumulated a significant global following. Tickets will be hard to come by, but definitely worth the hunt.

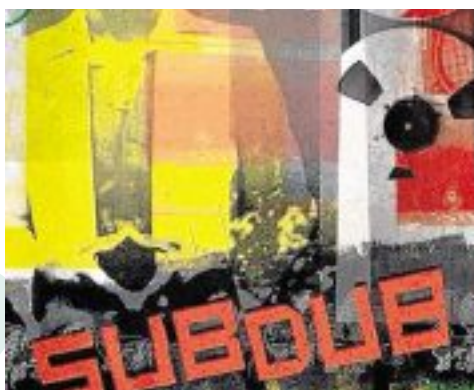
PROMOTERS TO WATCH

ONE NIGHT WITH...

The curators behind Wire's new series are certainly no newcomers to the Leeds club scene. Hamish Cole, the driving force behind *Butter Side Up*, has this year embarked on this new venture, which aims to offer bi-monthly events featuring the leading DJs and labels in electronic music. The concept of the night gives DJs the opportunity to delve into the depths of their record collection, by offering an extended, all night set over Wire's monumental Funktion One sound system. Having already hosted Roman Flugel and the German techno giants of Ostgut Ton, we are excited to see what is in store this year. With tickets costing no more than £10, *One Night With...* is refreshingly affordable and well worth your pennies.

mono_cult

Matt Long's London/ Leeds collective, mono_cult has been hosting parties for the past seven years. Showcasing some of the best names in House and Techno, last year welcomed the likes of Nina Kraviz, Midland and Levon Vincent to both the Faversham, and ex-textile mill, Canal Mills. With its 1200 capacity, Canal Mills is an ideal host for the event, the next of which features Innervisions, including Ame, Mr. Ties and head-honcho, Dixon on the 17th October.



Established in 1998, and the force behind *Outlook* and *Dimensions* festivals, *Subdub* has always aimed to provide the best of Reggae, Dub and Roots. Beginning as a small project by Simon Scott and Mark Salford, *Subdub* and *Exodus* rapidly outgrew the intimate confines of Wire and moved on to host parties at Leeds' West Indian Centre and Vox Warehouse. Arguably the best Dub night in the UK, the bass from the Iration Steppers Soundsystem is guaranteed to keep you coming back for more.



Since 2005 the guys behind *Jungle Jam* have been putting on parties, showcasing some of the most well-respected Jungle MCs and DJs in the world. Now hosting at Mint Club's sister venue, Mint Warehouse, which opened in 2012, the night boasts suspended Funktion One rigs, advanced lighting, an enclosed terrace, and three rooms of great music. As one of the most well-renowned Jungle nights around, the monthly event has played host to Congo Natty, Benny Page, Coki and Shogun Audio to name a few. The next event takes place on 3rd October.



HiFi Friday hosts *FunkSoulNation*, a night that encompasses the classic sounds of Soul, Funk, Hip Hop and the best in contemporary beats. 24th October will see French Hip Hop legend, Onra, perform live, and costing a mere five pounds, its not one to miss! *The Sunday Joint*, similarly, is one of the best regular live music club-nights in Leeds and last year featured soul sensation, Andrew Ashong. Live music begins at 11pm and is followed by HiFi's DJs. Best of all, it's free!

The Student and the City

Leeds Trinity

Trinity is the undisputed go-to for high street staples. All of the favourites, Primark, Urban Outfitters, New Look and a cavernous Topshop, sit alongside restaurants, numerous coffee bars and an Everyman cinema that mean you can relieve your shopper's fatigue at regular intervals (Trinity Kitchen is incredible). The stores are huge, the architecture impressive and regular collaborations with regional artists make for a constantly evolving interior. It's no surprise then that come Saturday people in Trinity are dressed to impress. It's no city secret but be certain that if there's something on your wish-list, this is the place to be.

TOP OF THE POPS, TOP OF THE SHOPS

Leeds loves its Fridays; DJs hit the decks in celebration of the weekend or if you need a bit of mid-week retail therapy, Thursday nights equal live music in Trinity Kitchen. Leeds style.

KEEP YOUR EYES PEELED

Trinity Lock In:
We're talking 25% off! (yes that really is 25%) live DJs, free goodies – coconut water was a favourite last year. Simply sign up to the mailing list for a night of serious shopping.

Victoria Quarter

Victoria Quarter is our guilty pleasure. As Leeds' answer to New Bond Street and Savile Row combined, this is the place for motivation to do well in your degree. The tiled Art Deco style halls of Victoria Quarter are worth a trip in themselves although the only time you'll be buying here is during third round reductions (and even that may be a bit of a stretch on your budget).

Vivienne Westwood, Mulberry and Louis Vuitton grace the polished shop fronts spearheaded by Harvey Nichols so check out their über-cool windows for creative inspiration. You can also find your premium high street shops here too. Whistles, Ted Baker and All Saints sit amid the more deluxe brands. Super healthy restaurant Filmore and Union have recently opened here with the best freshly squeezed juices in town and you could always admire the crisp white tablecloths of Harvey Nichols espresso bar (from afar).

Victoria Quarter is beautiful and definitely worth a trip, if only to appreciate the stunning, 100 year-old design. Peruse the arcades on a Saturday afternoon for a glimpse of how the other half live but stay on your toes. If there's a Kurt Geiger sale, you might not be able to resist.



ONE FOR THE COOL KIDS

The Kooples has us wondering what has gone wrong in our own love lives. Effortlessly chic couples advertise this place, treat yourself to a crisp tailoring or super-soft snugly knitwear in this Parisian street-wear shop. Understated in typical Parisian style, you can imagine Emmanuelle Alt herself striding out the front door.

Students have long transgressed the days when it was acceptable to slouch around campus in trackies and a sixth-form hoodie. Leeds is a fashionable city and as a style-conscious fresher knowing what to wear when and where is no doubt at the forefront of your mind. Luckily, here is a little guide on where to head for the best high-street favourites and where Leeds' best kept secrets are hiding.

Corn Exchange

With a vintage scene to rival Brick Lane, Leeds has vintage style in spades. If Levis cut-offs are what you're after, chain stores like Pop Boutique are great for renewal pieces and you can always exercise your new-found rifling skills in Blue Rinse Vintage on Call Lane. However, if it's a quick and concentrated fix of ravishing retro you're after, head to the Corn Exchange. A Grade I listed building from the 19th century, it is not just one of the most stunning buildings in the city but it contains vintage stores and quirky boutiques. Mad Elizabeth sells cat-eye sunglasses Audrey Hepburn would have been proud of and newly opened Fresco clothing stocks graphic oversize unisex tees.



VICTORIA QUARTER



CORN EXCHANGE



Blue Rinse



CORN EXCHANGE



BLUE RINSE

GRAB 'N' BAG

We cannot stop raving about Judy's Affordable Vintage kilo sales. At £15 for a kilo of clothing, how can you say no? Store up your pennies and head down for a vintage splurge. It will be worth the weight (pun intended).

Headingley Charity Shops

Deep down, as painful as it may be, we all know that our student loans do not stretch as far as we might like. Needless to say, fashion is a question of priorities. Yes, buying River Island's latest graphic print dress does mean sacrificing your strawberries but there are ways of getting your fix without breaking the bank.

Can we go thrift shopping? The story of the girl who unearthed a Versace playsuit for £30 is no myth. The No.1 bus takes you to Headingley; a student haven boasting a handful of charity shops. It's easy to while away a leisurely Saturday browsing through old records, books, clothes and shoes and although not the stop for a get-in, get-out shop, rummages through old boxes of junk can unearth a hidden gem. Those elusive Jaeger and Ralph Lauren garments do make a surprise appearance every once in a while.

LOOK OUT FOR

Oxfam, our personal favourite for both menswear and women's collections. There is usually something pretty cool lurking on their shelves.

TOP TIP

If you cannot afford fancy dress costumes for all those fresher's Otley Runs you will be going on, create an eclectic, mish-mash costume with bits and pieces from these Charity shops.

Winter's Coming

The F Word

It's all about the fuzz this season - from fur to feathers it adorned the catwalks for the autumn winter season. Certainly in Leeds this trend will be embraced - if you've ventured up north to come to university you'll soon see exactly why. Prada's colour blocked fur coats made us long for the winter with fur never looking so fun. Burberry and Tommy Hilfiger took us back to classic shearling lined jackets for comfort in the winter months. Taking our coat off doesn't mean the fun has to stop as fur piping, feathered skirts and dresses captured us at Alexander McQueen and Christopher Kane.

How do you wear these new takes on classic winter trends? Keep it simple Christopher Kane style and combine simple tailoring or replicate Prada with contrasting vibrant coloured furs and shearling. Either way it's a trend that will keep you chic and cosy.



Givin' It Large

Previously wearing oversized looks could go two ways; either effortlessly put together and flawless or leave you resembling a sack of potatoes, there is rarely an in between. However Autumn Winter 2014 showed that designers have cracked the formula by giving the oversized trend a masculine and clean edge with simple and understated pieces with maximum impact; just how we like it. Bouchra Jarrar left us wanting to be one of his androgynous models with his elongated and widened suits hanging in the right places. Duckie Brown paired oversized thick grey scale tee's with wide leg silk pants, making us wonder why we haven't worn oversized bottoms and tops before (the image of resembling a sack of potatoes immediately answered this question)

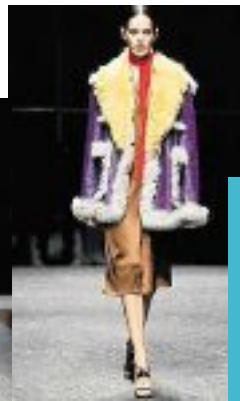
To perfect this look style with simple accessories, a tinted lip and the pair of the most retro sunglasses you can get your hands on.



Knit Me Up

What is the Autumn/Winter season without knitwear? This season knitwear isn't just for jumpers but for your whole wardrobe. Celine brought forward knitwear in ribbed tunics and flares which actually looked pretty great. Chloe gave us sweater dresses to lust over and Pucci's oversized navajo knits reinvented knitwear.

To update your knitwear for this winter think oversized and layered. Branch out from your trusted jumper to knitted dresses and skirt with other knit pieces or simple trousers for this season. We've been reminded how much we love knitwear and is definitely a trend worth investing in for our cold British winters that often last until April.



Left to right
Sportsmax,
Ashish, Gareth
Pugh, Prada &
Prada.

Once Upon A Time

It is time to release your inner princess this season as catwalks turned into scenes from your favourite fairy-tales. Valentino swooned us with a romantic delicate details including butterflies printed on billowing capes and birds on sheer elegant dresses. McQueen directed us away from the fairy-tale to the gothic novel with embroidered details, peasant dresses and a surplus of luxurious materials. Fendi modernised our dream fairytales - think thick fur scarves and hoods and earthy hues.

Unfortunately we can't dress like princesses every day, so how do we fit this trend in with our daily wardrobes?

A hooded cape is a great piece to invest in but if you already have your staple winter coat, a faux fur scarf will update what you already have. For the evening, if you're feeling brave pair sheer tops with sheer skirts or toughen up peasant dresses with chunky boots and a belt. What's your favourite fairy-tale?

FORGOTTEN SOMETHING?



BUY ONE PIZZA, GET ONE

FREE

AVAILABLE ON
MEDIUM AND LARGE PIZZAS

COLLECTION OR DELIVERY

24 HOUR DELIVERY

12 St Annes Road,
Headingley, Leeds LS6 3NX

01132 899 559

Opening Hours: 24 hours a day, 7 days a week



GREATNESS FROM

Domino's

/DominosPizzaLeeds

@DominosPizzaSK



Call



dominos.co.uk

OPEN

Pop in



Tap the app

Offer valid on Medium and Large pizzas only. Free pizza must be equal or lesser value than the first. Not valid with any other offer. Collection or delivery. Student ID required. For full T&Cs please visit us online. Expires 31/05/15.

Top Cheesy Freshers Films

Good Will Hunting

Set in the grounds of Ivy League college MIT, it's not so much about getting drunk and essay deadlines, but is essential viewing for any university student. Featuring the late great Robin Williams in a career-best performance, it's a film that will stay you, particularly for its message about the worth of education and the friendships you form that will last a lifetime.

Monsters University



This Disney prequel, despite being unabashedly American, features situations we can all relate to, from the irritating flatmate to that one teacher who you can never seem to get along with. The rivalry between the Monster fraternities culminating in a series of sporting events is also pretty similar to Leeds Varsity.

Starter for Ten

Featuring an all-star British cast including James McAvoy, Benedict Cumberbatch and Dominic Cooper, this film based on the novel by David Nicholls is a rom-com with a difference. Set at Bristol University and centered around Brian Jackson (McAvoy)'s quest to fulfil his lifelong ambition of appearing on University Challenge, it's effortlessly charming and doubles up as a nice game of 'Spot the Actor Before they Were Famous'.



The Riot Club

It was only a matter of time before someone rose to the challenge of taking on The Bullingdon Club, the Oxford University breeding ground for the upper echelon of British society. Based on the hit play Posh by Laura Wade and starring Max Irons, Sam Claflin and Holliday Grainger, the trailer promises filthy rich debauchery and a whole lot of chaos- probably not your average Freshers week then.

Guilty Pleasures | Editors' Favourite

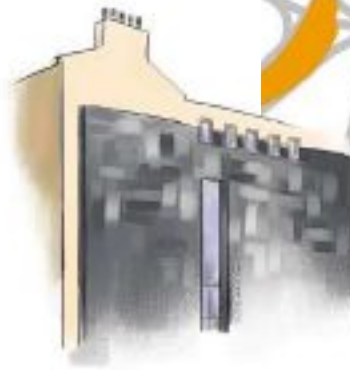
Mulan | Whilst warrior Mulan is busy defying gender binaries and saving China, the average hungover human struggles to save themselves from the re-surfacing memories of the night before and increasing feelings of self-loathing. However, there's nothing quite like that hearty rendition of *I'll Make a Man Out of You* to lift spirits; and there's no use denying that you know all of the lyrics off by heart.



HYDE PARK PICTURE HOUSE



CARRIAGEWORKS THEATRE



HENRY MOORE INSTITUTE



Withnail and I | If you haven't yet treated a thumping headache by watching the tale of two struggling Camden actors who go on holiday "by mistake," then you're not doing it right. But if you're no stranger to Uncle Monty and the Camberwell Carrot, settle down and laugh off the pain with this cult classic.



PHOTO: HANDMADE FILMS

Favorite Hangover Films



Mean Girls | Don't be fooled into thinking this is just a chick flick, because nothing is better when you need something to sit in bed and just stare at than *Mean Girls*. Little concentration is needed, and you can make yourself feel just a little bit more alive by yelling 'She doesn't even go here!' at the screen, or any of the other hundreds of memorable quotes.



This is the End | Despite the fact that it only came out last summer, I have seen this film about five or six times, most of those whilst nursing a killer hangover. What's better for soothing the soul than seeing all your favourite Apatow alumni face the rapture? Personal highlight: *The Backstreet Boys* cameo. A stroke of genius.

What's On

FUAM Graduate Art Prize Exhibition 2014 at The Stanley and Audrey Burton Gallery

Friday 22nd August- Saturday 25th October, Monday - Saturday, 10AM- 5PM
Now in its second year, the Friends of University Art & Music rewards the top four arts students finishing courses in Design and Fine Art at the University. The winner will be announced and prizes given on the 30th

Eden at the Carriageworks Theatre

Friday 26 - Saturday 27 Sep 2014, 7.45PM
It's the year 2044, and Earth is now a lifeless wasteland. The play follows two individuals and their attempt to get into the domed city of Eden, their only chance of

Centre Stage - A Spotlight on Female Composers at The White Cloth Gallery

Tuesday 30th September. A concert series showcasing the material of up-and-coming female composers. The purpose of this event is to provide a platform for their music and to throw a spotlight on the diversity, ingenuity and boldness of the music being composed by women in the UK today.

Mark Watson at City Varieties Music Hall

Wednesday 1st October, 7.30PM - Mark Watson returns to the road with his new show *Flaws*. Billed as his darkest and most personal show yet, but also his funniest, the *Mock the Week* regular and Radio 4 show host is back in Leeds, and is not to be missed.

La Traviata at Leeds Grand Theatre

Runs from 20th September - 26th February. Opera North's first production of this Verdi classic for fifteen years. An intimate story of family tensions and blighted love, it is the result is one of opera's most profoundly moving masterpieces. In Italian with English

Recon Festival

18th - 29th September. A series of pioneering Music, Art and Film events across multiple sites and venues within Leeds and Bradford. Partners include the likes of Opera North, Leeds International Film Festival, Brudenell Social Club, Belgrave Music Hall, University of Bradford, Sub Dub, The Quietus, and Hyde Park Picture House.

Gastronaut Heads Down The Pit

Headingley has a new gem to attract students and passing tourists alike. The Pit, the latest addition to the West Yorkshire based Arc Inspirations, who also brought us The Box, Arc and Trio, has much to offer, both as a culinary experience and for an evening drink.

A word of warning though, The Pit takes its American theme seriously, and the portion sizes are relative to this. For a standard lunch one may be happily satisfied with a starter alone. A personal favourite were the Monterey Jack Cheese



Photo: Tom Joy

Melts, accompanied by delicious celeriac and apple slaw, and the Pit's own Carolina mayo.

The selection of main courses is vast, and will satisfy anyone's appetite. The bravest of our party went for The Big Boy; four 4oz beef burgers, pulled pork, beef sloppy joe, bacon, smoked turkey, cheese and two beer battered onion rings. At just under seventeen pounds it's a pricey dinner, but watching this Man vs. Food experience is priceless. Both the steak and baby back ribs were done to perfection, and with all the meat locally sourced, you can have no moral qualms. Despite the primary focus on meat eaters, the Pit's vegetarian options are just as enjoyable and filling. The Smokin' Portabella 'N' Bean Burger, with its creamy garlic cheese centre, is perhaps on the overly creamy side, but delicious nonetheless.

Although not vast, the Pit's selection of desserts is rich and enticing, boasting



chocolate and salted caramel popcorn cake and numerous milkshakes.

For those seeking a quiet evening drink, The Pit also has a spacious bar area with an extensive list of cocktails and ales. As well as classic cocktails, the menu offers some exciting Pit Specials. The Pale Ale Passion Cooler and The Jam - vodka, blue curacao and raspberry jam, all served up in a jam jar - are particularly worth looking out for. For beer lovers, Pit Canary is a Kolsch-style beer brewed especially for The Pit by Thornbridge Brewery in Derbyshire.

Hidden away in the cellar of the popular Trio Bar, The Pit, with its spacious, urban atmosphere and cracking playlist of Motown and 80s classics, offers a welcome and enjoyable respite to the crowded bars of Headingley.

EXPRESS YOURSELF

Your new bedroom is the first chance to express your new freedom. Here are some tips to help make the most of what you've got.

I just got back from my gap year in Thailand

With dark, luxurious colours and lots of hanging material, an eastern look is the perfect way to achieve a warm and cosy environment. Head to Kirkgate Market for cheap material that you can drape from your ceiling, and stock up on lots of colourful cushions to scatter around. Yellow Sunrise at the Corn Exchange stocks a selection of gorgeous hanging lanterns, ornaments and throws that will complete the look.

Retro Groove

To create a retro style you'll need colours that pop, 60s inspired patterns and alternative wall art. Leeds has plenty of vintage shops where you can stock up on cool accessories. Try out Pop Boutique by the Corn Exchange for funky lampshades or Retro Boutique in Hyde Park for some more upmarket furnishings. If those prove too pricey, charity shops are great for finding hidden gems. Stick up some polaroid pictures, stack some vinyl records in the corner, and you have a perfectly 'authentic' retro bedroom.

Blighty's Back

The British Bake Off-inspired, vintage theme is popular at the moment and easy to achieve. You can buy Cath Kidston-style floral fabrics from a market at low prices and use it to make your own bunting and cushion covers. If you're not a dab hand at textiles, most high street stores are stocking pastel and vintage home ware. Invest in a cosy throw, keep everything light, and you can create this colourful vintage theme in minutes.

Leeds' Finest Gastro Gems

Leeds is in the midst of a culinary revolution. Whichever cuisine or whatever budget, the food you have been craving in your most bizarre of dreams will soon arrive at your tastebuds. We've been here for a while now, and we've tried and tested what's on offer.



PHOTO: FRAZER SPARHAM

Sela Bar

The area around Belgrave is packed full of great bars but a standout is Sela Bar. Nestled in a basement under New Briggate, **it draws you in with an offer of booze, pizza and live music, and doesn't dissappoint.** Though it may be on the pricier side, it's warm and it's intimate, and being able to order a homemade pizza when you're six pints deep is nothing to scoff at.



PHOTO: LUCIE ENGLAND-DUCE

The Olive Tree

At first, The Olive Tree might seem like a place that students should fear. It's far from the city centre, it's a sit-down restaurant, and it doesn't sell cheesy chips. What they do offer is high quality Greek food and a student menu that means you can get two courses for a tenner. **If you're trying to look cultured and worldly on a first date this could be the place to go.**



PHOTO: SAM BROADLEY

Pitza Cano

Pitza Cano is all about cheese, sauce and stodge. This might knock it out of the running for 'best Italian restaurant in the city', but it shoots it right to the top of the list of 'best hangover food in Leeds'. Given that a lot of you will probably end up living in Hyde Park next year, it probably won't be long before you make your first trip.



PHOTO: LUCIE ENGLAND-DUCE

Café Moor

Unsurprisingly, given its location in the Kirkgate Market, Café Moor doesn't have anywhere for you to sit down and eat. This doesn't matter though, because **it does just about the best chicken and falafel wraps in the country.** They're pretty cheap as well, coming in at about £3 a pop.



PHOTO: CHRISTOPHE

Friends of Ham

Although Friends of Ham is currently undergoing a renovation, as soon as it reopens it should be high on your list of places to visit. Tucked away on New Station Street, between the train station and the Trinity centre, **it's another great example of the independent bar scene thriving in Leeds.** Friends of Ham stocks a wide selection of beers but the big draw is the wonderful charcuteries and cheeseboards we encourage you to order to accompany your drink.

Watching The Pounds

Your student budget doesn't need to restrict your weekly shop to pot noodles and oven chips. In fact, eating healthily is not only better for your body, but for your wallet too. These recipes are healthy, tasty and not to mention cheap.

Lime and Sweet Chilli King Prawn Noodles

Ingredients

1 nest medium egg noodles
1 vegetable stock cube
7-10 jumbo prawns
½ a bunch spring onions, chopped.
1 lime
1 dash of sweet chilli sauce

Method

Bring a pan of water to the boil, and crumble in the vegetable stock cube. Cook the nest of noodles for as according to the instructions on the packet. Splash some oil in a large non-stick pan over a medium-high heat. Fry the prawns with the chopped spring onions for a few minutes, then squeeze the juice of the lime into the pan with the sweet chilli sauce.

Heat until it starts to simmer. If you're using chicken, make sure you cook it all the way through until it's hot and white in the middle. When the noodles are cooked, drain, and pour into the frying pan with the prawns and onion. Toss everything together until the noodles are covered in the lime and sweet chilli sauce.

Roasted Autumn Vegetables with Halloumi Cheese

Ingredients

1 large sweet potato cut into large chunks
1 courgette, cut into large chunks
1 red pepper, deseeded and cut into large chunks
250g pack of halloumi cheese
A splash of balsamic vinegar

Method

Preheat your oven to 200°C, gas mark 6. Pour a splash of oil into a large roasting tin. Prepare all the vegetables and place in the tin. Toss everything until all coated with the oil. Roast in the oven for 45 minutes or until slightly charred at the edges. Slice half of the halloumi into pieces, and scatter over the vegetables. Then, sprinkle everything with balsamic vinegar. Return to the oven for 15-20 minutes, until the cheese is golden.



PHOTO: JESSICA MURRAY

Lentil and Mozzarella Stuffed Peppers

Ingredients

1 x redbell pepper
½ 500g bag pre-cooked lentils
½ a mozzarella ball
4 x cherry tomatoes, cut into quarters.
Fresh or dried basil (optional)

Method

Preheat the oven to 200°C, gas mark 6. Halve the peppers lengthways and carefully deseed. Prick the insides with a fork. Bring a large pan of water to the boil, and cook the peppers for 5 minutes, or until they feel soft when you prick with a fork. Put the pepper halves onto a baking tray, and fill with the cooked lentils. Slice the mozzarella and layer on top of the lentil filled peppers, along with the quartered tomatoes. Sprinkle with basil and bake in the oven for about 10 minutes, until the mozzarella is bubbling and starting to brown.

What's On The Box

Being in the know about the latest TV shows is as integral part of Leeds student life as *Flames* after a night at Fruity. Here's a handy guide to the three biggest shows around now.

True Detective

WHO

Rust Cohle - Nihilistic, Nietzsche spouting detective.
Marty Hart - Philandering, square-jawed detective.

WHAT

An incredible mixture of police procedural, Southern Gothic, Lovecraftian mythology and Nietzschean philosophy that is greater than the sum of its parts. *True Detective* follows the investigation into a series of ritual murders in Southern Louisiana over the course of two decades.

WHY

With a story as engrossing as it is unsettling, *True Detective* is a masterpiece of modern television.



PHOTO: HBO

Game of Thrones

WHO

Joffrey Baratheon - King and utterly, nasty teenager.
Cersei Baratheon - Queen (bitch) regent.
Hodor- Hodor?

WHAT

Based on George R.R. Martin's best-selling fantasy series, *Game of Thrones* is a tale of intrigue, sex and violence set in the land of Westeros. After the death of the monarch, Robert Baratheon, factions from across the Seven Kingdoms scheme and plot until one will win the game.

WHY

The dragons are out of the dungeon and fantasy is popular again. The Queen recently made a visit to the set in Northern Ireland.

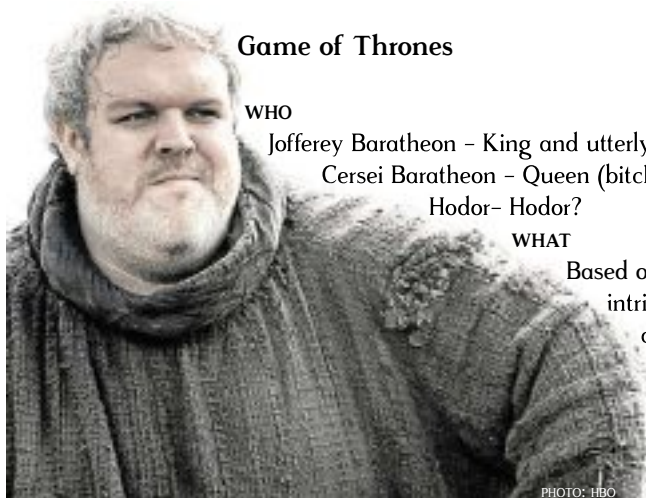


PHOTO: HBO

Great British Bake Off

WHO

Mary Berry - The Nation's grandmother.
Paul Hollywood - Blue eyed baker.
Mel and Sue - Presenters and a fountain of innuendo.

WHAT

For ten weeks, twelve wannabees engage in a cut-throat battle royale, baking their way to the coveted title of Star Baker. One by one a series of tantalising challenges whittles down the dozen as they try to prove themselves to be bakers supreme.

WHY

Unless you've been hiding under a rock cake, you're bound to have heard of the Nation's favourite show. Earlier on in the summer the infamous 'Bingate' scandal reached the front page of *The Sun*, shocking the nation.



Photo: BBC

Cracking the Code: An Interview with Alice Bentinck

The Gryphon speaks to Alice Bentinck, founder of Code First: Girls, on why so few women work in technology

Ruby Lott-Lavigna

I first heard of Alice Bentinck when I picked up a copy of Tech City News, a magazine about the London tech scene, in a fiendishly overpriced cafe in Oslo. Homesick, I was immediately attracted to anything even vaguely London-y, and as a practicing feminist their leading feature on 'Women in Tech' intrigued me. After meeting Alice, it's clear why she was included. After spending some time in a corporate job where she met her co-founder Matt Clifford, Alice decided to create a company called Entrepreneur First, an 'incubator' that takes in the most technically talented Computer Science graduates and gives them the financial support and advice to create their own startups. Not that exciting, except for the fact that 11 of those startups are now collectively valued at over \$80 million.

Someone was doing something right. 'I met my co-founder Matt while we were working at McKinsey & Co. We'd both done entrepreneurship stuff at university and we wanted to start our own thing. We'd always felt that the way that you did that was to get a corporate job first, but actually what we found was that whilst you acquire amazing skills, experience and connections, it's not directly relevant to startups. We learnt that, in reality, the best way to learn how to build a startup is to get your hands dirty and start one.'

Something Alice noticed whilst running EF was the lack of female applicants. In her TEDx Talk, 'Why Tech Shouldn't be a Boys' Club' she talks about how 'we created eleven startups, and they're now worth £22 million. Not bad for a year's work. And we were feeling pretty proud of ourselves... until we looked at the roll call of who was in the cohort.' She points

to a PowerPoint with the names of the EF team. 'You might have to look twice to find the girls. There were only three.' What struck her as most depressing was how this was the norm. Women usually represent a tiny 10% of the tech industry.

After starting EF, Alice became more acutely aware of the dearth of women

Women usually represent a tiny 10% of the tech industry

going into the tech world. Not wanting to let her skills go to waste, and admirably undermining the whole 'pull up the ladder behind you' mentality, she started Code First: Girls, an organisation specifically and exclusively open to young women allowing them to learn how to code for free. 'I think anything around tech still has a stigma attached to it, which is the stereotypical hacker - obese, bad - not the most attractive character.' She points to Dennis Nedry, an overweight, socially awkward hacker in Jurassic Park. We try and think of other depictions of coders, programmers, hackers in the media: Gavin Orsay in House of Cards; the characters in The Social Network; the protagonists of The Internship (a film, which Bentinck notes, has a 30 minute scene in a strip club). We can't name any women. If that doesn't give enough of an idea of the masculinised conception of tech, we need to look no further than the recent iCloud hack, which saw prolific female figures like Jennifer Lawrence subjected to total violation of privacy, and intimidation. It was a male hacker who leaked the naked photos. 'All of these things, I think, turn women away from tech.' Indeed.



As someone not directly involved in the industry, I want to know how serious the sexism really is from an insider's perspective. 'Having worked in consulting, which is very male dominated, and tech, I think tech does have specific problems that it needs to address. It's a fantastic place to work and has loads of benefits for women: it's very flexible, you can work pretty much wherever you want, and work whatever hours you want. Yes there's sexism, but the only way we can counter that is getting more women into tech, rather than putting women off.' Unsatisfied, I ask if she's specifically experienced sexism towards her, which, as an impressive female figure, wouldn't surprise me. She seems reluctant to admit it, but eventually says, 'Yes. I'm in a lucky position in that I'm working very closely with almost sixty guys on the [EF] programme, and I think that gives me a unique opportunity. I heard one of them saying the other day 'x is being such a girl' and I just said to them

– and *what* is wrong with being a girl? If I can start beating out the latent sexism in them, then that'll make a difference.' Would she describe Code First: Girls as a feminist organisation? 'Yeah.' (Phew) 'I think that feminism has a bad rep, and is misconstrued. Feminism just means equal opportunities for men and women. I think Code First: Girls is offering that equal opportunity.'

I heard one of them saying the other day 'x is being such a girl' and I just said to them – and what is wrong with being a girl?

Talking to Bentinck, you can tell she's probably not had the most financially difficult upbringing. Perhaps her RP is misleading, but I wanted to know to what extent class, beyond gender, inhibited

people getting into tech. 'In terms of building a startup, we do see a lot of people from privileged backgrounds. It is very risky, and if you have that financial safety net, you can deal with it more easily. In terms of coding however, as long as you have a computer and an internet connection, you can pretty much teach yourself.'

If you look at the universities Code First: Girls is in – Oxford, Durham, St Andrews, Bristol – it's the universities with some of the highest percentage of students from private schools. I wonder to what extent the organisation could improve by branching out to include not merely more women, but also those not from the most privileged classes. 'It's a difficult one. The idea is that we will get Code First to become a national and international organisation, and we want to get to the stage where any university could start a Code First: Girls.' She concedes that class is an issue on the whole, '[tech] should be one of those things that actually is equal opportunity, but I don't think it has necessarily got

there yet.'

Sitting in the archetypal startup office (I clock a hammock and at least four beanbags), I'm inspired by the idea of getting into a bit of coding myself. Bentinck guides me 'it's easier to code now than it has ever been. The amazing thing now is that there are a ton of web apps that teach you the basics of code. Resources like Code Academy, Udacity, TreeHouse, and various other coding resources. My advice is: find something you want to code, and be addicted to it.' Unfortunately, I wouldn't considering myself a tech whizz, and I'm crap at maths, so I think I'd maybe do better with a bit of teaching. One problem – Code First: Girls isn't in Leeds yet. 'What we need is a student ambassador who wants to build a course there, and once we can get someone who's really keen to set it up, we can get a course going in January.' Any readers out there that want to help a lazy student journalist learn to code? ■

PRINT & COPY BUREAU

EXPRESS PRINTING SERVICES



Colour and B&W printing

Thesis Binding



Photo-copying

Large poster printing



Flyers

Invitations



Canvas Prints

Artwork Mounting



Fax Service

**Located
on Campus**

www.leeds.ac.uk/pcb

Opening hours: 8.30am to 5.00pm Monday to Friday

Located in the Roger Stevens Building, Level 6



UNIVERSITY OF LEEDS



PHOTO: FLICKR

Beats on the Brain

You might not connect with music, but your brain certainly does

Michael Owen

Whether getting glammed up for a night in town, or caked in mud in the depths of Beaverworks, for most students Freshers' Week will involve music of some form or another. But why is it intrinsic to human nature to enjoy music, and why do most people struggle to resist nodding or tapping along to the most basic beat?

To understand this we need to observe what happens to our brain when listening to music and the psychological effects it can have on us. The advent of neuro-imaging has allowed us to view real-time images of metabolic processes as they occur in the brain whilst listening to music. Different regions release certain neurochemicals such as dopamine, the brain's indigenous opioid associated with the feeling of pleasure.

Brain scanning technology allows us to view the parts of the brain that require blood during increased activity. Listening to music involves

emotive, motoric, memory and perceptual processes amongst others. Effectively, when imaging the brain while listening to music, it lights up like a Christmas tree.

Despite being associated with pleasure, music does not always instigate enjoyable feelings. If you're into hip hop, you will feel in no way inclined to enjoy the loudest, most sadistic death metal.

'Music can influence the decisions we make, something marketers seek to exploit'

Researchers at Heriot-Watt University conducted the most extensive study ever linking personality attributes to musical tastes. They asked 36518 people from around the world to rate 104 musical styles, and tested them on five personality traits.

The researchers found that music taste is irrevocably linked to personality traits. For example, someone who has

a preference for dance music displays attributes heavily associated with being gentle and creative, whereas classical music connoisseurs have high self-esteem and a relaxed inclination.

The emotions brought about by the tone of music can invoke feelings of nostalgia or despair, and can even influence our decisions, something marketers and composers exploit. Music is heavily utilised in industries such as advertising, and in political campaigns. For instance, D:Ream's *Things Can Only Get Better* was used during Labour's 1997 general election campaign.

Music can even affect how we interpret other people's emotions. It has been found that when we look at a neutral face after listening to a song, we view the expression as either happy or sad, corresponding to the type of music we've heard. Infamously the original staging of Stravinsky's *The Rite of Spring* was so challenging for its audience it incited a riot. This demonstrates

the darker side of the power that music can hold over our emotions. Hopefully this won't happen at a Freshers' Week club night.

As you'll discover, music across Leeds is a big deal and the city has produced a vast array of talent, from Alt-J to DJs like Eliphino. This is no coincidence as music can instil a sense of community and emotion associated with belonging and togetherness. Once a music scene is in place, our brain subconsciously guides us towards it, creating a burgeoning community.

'Someone who has a preference for dance music displays attributes heavily associated with being gentle and creative'

with belonging and togetherness. Once a music scene is in place, our brain subconsciously guides us towards it, creating a burgeoning community.

We can even use an analogy between drug and music induced states in the context of neural activity. Every action we take alters our neuro-chemistry and music is no exception to this rule. Drugs amplify or mimic our natural experiences, triggering chemical systems that were designed for other processes. For example, listening to heavy metal may get us excited or agitated in the same way a stimulant would, whereas listening to smooth jazz will sooth and calm us in the manner a sedative would.

Music's structure and shape can also affect our satisfaction, leaving the listener yearning to get involved. The term semantic satiation might not be familiar, but the process certainly is. When a word is repeated over and over again it seems to lose its meaning. The same

effect occurs when listening to music, be it because of the recurring chorus or the dirty repetitive beats.

When listening to repetitive music, anticipating the next note, we find ourselves as active participants with the

sound rather than passive observers. The active participation we experience is termed scientifically as kinaesthetic empathy.

People throw their unique shapes on the dance-floor to reflect the individual melodic

and rhythmic contours of the music. Humans have a fundamental and direct sensory-motor engagement with music, although it always helps if it's the genre that tickles your fancy.

It has been proven that most adults enjoy listening to

the music that they enjoyed during their adolescent years. For that reason, your time at University could shape your musical identity for the rest of your life. ■

Hangovers: A scientific breakdown

Move on over bacon and sleep, this is what you really need to deal with that headache

Alice Hargreaves Jones

The sunlight peering through the curtain is blinding. The glass of water is a million miles away. Your stomach is inciting rebellion, and you have at least one of the following: the shakes, headache, loss of appetite, nausea or fatigue. You, my friend, have a hangover. At least you're not on your own this week.

We've all been told the dos and don'ts of drinking before coming to university: 'Drink plenty of water throughout the night', 'eat greasy food in the morning,' and so on. But what are the scientifically proven facts behind hangovers cures, and are there ways of making them any more bearable? It's well-known that white spirits are less painful in the mornings pitched against darker beverages like red wine or bourbon. This is because dark alcohol has 27 times more toxins than light alcohol. It's also true that alcohol is a diuretic, and dehydration causes the body's organs to attempt to replenish themselves with water from wherever they can – unfortunately, this is usually the brain. A dehydrated cranium will suffer all manners of misfortune. One such misfortune is a decrease

in size, which in turn will strain the membranes connecting the brain to the skull, resulting in the dreaded hangover headache.

But are hangovers as simple as we think? Research conducted by the Alcohol Hangover Research Group (AHRG), dedicated to discovering the causes and truths behind the alleged cures of hangovers, shows that hangovers are an inflammatory response. This is the same response we feel when we get an infection. This inflammatory response to alcohol within the body ap-

pears in the form of elevated levels of cytokines, small communication signal molecules within the immune system. A sober and healthy person with heightened cytokine levels will feel a hangover as strong as the most steadfast of socialites.

It's reasonable to suggest a simple approach to curing a hangover; cure an inflammatory response with an anti-inflammatory treatment. Hello paracetamol and ibuprofen. These cheap staples will reduce your cytokine levels sufficiently to return the body

to (almost) functioning levels, but avoid aspirin; it will irritate your stomach more than you already have.

Even more pressing for students, elevated cytokine levels have been found to inhibit memory formation. Now when you're shamefully attempting to piece together last night with your flat-mates or scratching your brain for *that* quote during the exam, these lapses in recollection may be excused by amplified cytokine levels, but please don't try that excuse with your lecturers. ■

5 sustenance miracles for curing those inevitable hangovers this Freshers' Week:



PHOTO: SAM LEWIS

MARMITE

Yeast extract reduces blood levels of alcohol and acetaldehyde (the first nasty by-product of alcohol in the liver)

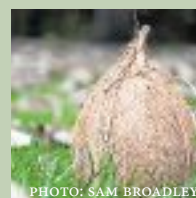


PHOTO: SAM BROADLEY

COCONUT WATER

Contains the same electrolytes as blood (more than in a sports drink), and it will really help to raise your glucose levels



PHOTO: ALICE HARGREAVES-JONES

ICE LOLLIES

If drinking water is too much to face, try rehydrating with iced lollies, which won't make you feel too bloated



PHOTO: ALICE GREENFIELD

BOUILLON BROTH

The vegetable stock drink containing electrolytes, salt and potassium will rehydrate and normalise your blood salts



FLICKR

PHO

A sodium and protein rich Vietnamese noodle soup of broth, herbs and meat; considered a miracle hangover cure

Should we pour cold water on the ALS craze?

Ella Griffiths
3rd Year English
en12eg@leeds.ac.uk



This summer, our Facebook feeds have been inundated with videos of our friends pouring buckets of ice-cold water over themselves in the name of charity.

The aim? To raise money to support ALS, a form of motor neurone disease. Although the craze seems to be fading away, it is hoped that support for the disease will continue to grow.

The financial benefit of the challenge is not to be underestimated. Before the Ice Bucket Challenge trend began, the Motor Neurone Association would expect to receive on average around £20,000 a week

in donations.

During the last week of August, it received £2.7m.

The phenomenon has even

...with the huge increases in awareness and income generated, the complaints pale into insignificance

had an impact on charitable donation more widely.

Other UK charities, such as Water Aid, have also reported a huge spike in donations since the challenge surfaced.

However, despite amazing financial success it has galvanized, there have been a number of criticisms.

In the US, there has been concern over exactly how much of the donations to the

ALS Association are going towards research rather than administration fees and executives' salaries.

It has also been rightly pointed out that the quantity of videos online does not represent a proportionate number of donations.

Inevitably, not everyone will donate, thus rendering the challenge nothing more than a social media fad and, as many have been keen to point out – a waste of water.

Is this really substantial criticism? The ALS Association should be subject to scrutiny over its finances and research methods. Some people (including some vastly wealthy celebrities) will not have donated. Shame on them. Celebrity endorsements in this case are far

more meaningful if reinforced by honouring the commitment to donate.

But with the huge increases in awareness and income generated, the complaints pale into insignificance

We can't afford to be dismissive of a campaign simply because it is not one hundred per cent successful.

For sufferers of ALS and other conditions that are desperate for funding and research, this is even more vital.

Something is immeasurably better than nothing, particularly, for charities which up until recently, were getting very little support. There is always more we can do.

Who protects and serves in Ferguson?

Rebecca Shortt
3rd Year Philosophy & Politics
becky_shortt@hotmail.com



Ferguson was not a protest that got out of control. Ferguson was an attack on innocent citizens by those who tasked to protect them.

On August 9th, unarmed black teenager Mike Brown was shot six times by police officer Darren Wilson. The exact circumstances of the shooting are unclear, with varying accounts given by the police and bystanders.

Not that this is uncommon – Trayvon Martin was 17 years old and on his way back from the shop with a can of juice when he was shot by

George Zimmerman in 'self-defence'. His defence was that Martin '[looked] like he was up to no good or was on drugs or something'.

In Ferguson, no conviction for the death of Mike Brown has yet been made. Wilson was initially taken off of active duty for his own protection, and is currently waiting to find out if he will be indicted.

Protests continue in the town near St. Louis, despite the tactics used by police in the last month. Tear gas and rubber bullets were fired at the protesters and Amnesty International representatives were removed from the area of the protests. There are also reports that police raided a

church where medical supplies were being held, and removed their badges and ID numbers so as to avoid identification, and by extension – accountability.

An investigation is now being made into how the police were allowed to buy and use

This is a distraction. Nothing justifies the use of such violence on an unarmed citizen

military-level equipment on unarmed civilians, in what appears a blatant contravention of human rights.

It's easy to dismiss racism as an American problem. There are, after all, more black men

in prison in America than in college. Yet the statistics make uncomfortable reading for the UK too. Black people are seven times more likely to be stopped by police than white people. The inequality is present in our institutions too. This week, a black female police officer won her employment case in court after suffering racial and sexual discrimination at the hands of the Metropolitan Police Force.

Racism is not a problem of the past in the way that many are content to suggest. We must continue to fight and challenge it on both a personal and an institutional level.

In Ferguson, Mike Brown should have been starting college right now.

Against Feminism or against yourself?

Jasmine Andersson
Editor, The Gryphon
editor@thegryphon.co.uk



To recognise Women Against Feminism as a legitimate movement is difficult in itself.

Launched as a Tumblr back in July, the website is the place for female critics of the movement to express their discontent through the use of a handy marker and whiteboard, gently satirising the popular medium commonly employed by social media activists.

Examples of 'Women Against Feminism' posts include, 'I want to love, honour and OBEY my husband' right through to 'I just don't hate men'. The collective have managed to collate one of the biggest catalogue of misconceptions about feminism

in social media history.

Do you believe that men and women should have equal, social and political rights? Then congratulations, you're a feminist.

Everything else is caveats and individual ethos.

It's not about celebrating misogyny. It's not about condemning the lifestyles of women.

It's about saying that everyone should have the same rights as everyone else, and not be judged because they are not stereotypically 'male' or 'female'.

Of course, with every process that is designed to be open and inclusive encounters roadblocks. In the spectrum of feminism, many individual voices have clashed over issues of intersectionality — racial and trans' representation in the movement

— approaches towards the female body, male and female relationships within feminism, as the list spirals into endless dialogues.

Do you believe that men and women should have equal, social and political rights? Then congratulations, you're a feminist.

As feminists have gathered together to fight badly informed stereotypes, many are more exposed to this image of sexist judgment rather than the progressions that drive feminism forward.

Given that many consider feminism to be a man-hating gender battle, it is clear why feminism should be as promi-

nent a narrative.

As we fight against new forms of patriarchy that insist we should be perpetually dieting, constantly searching to be more aesthetically pleasing, settle for lesser wages than male counterparts, put up with being assaulted in the street — NUS' statistics have just revealed that a third of women are assaulted on campus during their time at university. We need to challenge the structure of the society we are in, not those who suffer with us. Feminism is an ideological framework designed to set us free, not limit our desires.

So when it's time to pick up that marker pen, I'll be writing in large, proud letters 'I need feminism because'.

American Apparel's twisted ethics

Sophie Bell
2nd Year English
ed12s24b@leeds.ac.uk



Leeds is famed for its shopping. As Freshers arrive and students return, armed with a loan and the promise of student discount, should there not be more to consider than simply what you're buying and how much you're spending?

Do companies have a responsibility to be ethical with the manufacturing and advertising of their products?

The strategised controversy of American Apparel's advertising campaigns continues to objectify young women.

Their latest 'Back to School' ad campaign has been banned

by the Advertising Standards Agency, who judged the "ads had the effect of inappropriately sexualising school-age girls."

The banned image is of a young woman, bending down

The strategised controversy of American Apparel's advertising campaigns continue to objectify young women.

to look through the window of a car, leaving her underwear on show.

With a crude and unnerving 'Lolita' style sex appeal, this ad is the latest in a tradition of risqué marketing.

Is this what we should expect from a company that has

built its success and reputation with the core message of being ethically responsible? American Apparel's claims that they refuse to use sweatshops and pay a fair wage to their employees are surely eclipsed by the lack of moral conscience or restraint in their marketing.

While 'sex sells' is frequently offered as a defence to questionable advertising practice — a clear line ought to be drawn between the depiction of adults and seemingly young, even school age, women.

American Apparel are no strangers to controversy. Their founder, Dov Charney, who pioneered their 'daring' marketing strategy was fired in June of this year, allegedly for sexu-

ally abusive behaviour.

Yet he remains working for the company. The company reached a decision this summer to fire the former CEO, but he remains in an advisory capacity.

Does this deter the consumer? Analysis of their sale figures might indicate that many have tired of their style of marketing. Sales growth flattened out in the last quarter, with store sales down 6%. Charney's role in the company is somewhat paradoxical. Both a force for profit and headlines — American Apparel's recent downturn is the story of a company that has quickly gone from sensual to sickening.

What next for Scotland?

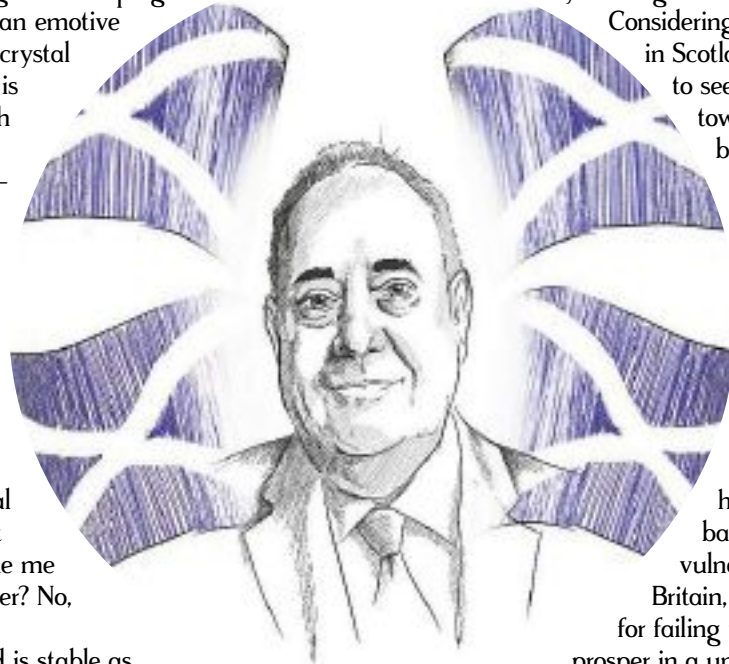
A concern for Northern Ireland

Phil Mann

Of all the media coverage dealing with the prospect of an independent Scotland or a defeated Alex Salmond, the consequences for the political culture in Northern Ireland are yet to be fully explored. A majority Yes vote is much more than evidence of a possible secession from a Union. It is a symbolic affirmation that Northern Ireland's political and cultural divides – like Scotland – can lead to an independent country. While the contention in Great Britain is that the Better Together campaign has been muddled by the lack of an emotive message, in Northern Ireland, it is crystal clear. For Unionists, the argument is that even the possibility of Scottish independence is enough to relight the political furnace of republicanism, and with that – a possible return to the events of Northern Ireland's all too recent violent past. Some are keen to play down the inexorable link that commentators have been keen to make.

Danny Morrison, a former Sinn Féin official, says "Scottish independence will have a psychological effect on the unionist people... But does [Scottish independence] make me think that it brings Irish unity closer? No, it doesn't."

The political situation in Ireland is stable as it's been since the end of the Troubles. Change will test the fragile peace that has lasted for nearly fifteen years. However, when Scotland wakes to the results of the most important political decision in its nation's history, – there will be those who fear that a new dawn in Scotland means a return to the darkness for Northern Ireland.



Worse apart or Better Together?

Ste Topping

If Scotland remains a part of the United Kingdom, it will be despite the efforts of the 'No' campaign, not because of them. Whilst the SNP have inspired supporters with rousing calls of revolution, the 'No' message has been one of safety and security; less 'Better Together', more worse apart.

Of course, a safe and strong economy is crucial to the success of any nation, but it doesn't make for a particularly moving message.

Considering more than one in five children in Scotland grow up in poverty, it is easy to see why voters would be swayed towards a 'Yes' campaign which has been largely left-wing. Those who have suffered in the recent economic downturn are unlikely to have been inspired by David Cameron, Nick Clegg or Gordon Brown.

Discussions over independence have suffered from a lack of information from both sides of the debate.

Alistair Darling had used this as his trump card in the televised debates, hammering Salmond over the vulnerability of a currency union with Britain, but the 'No' team are also guilty for failing to explain how Scotland can truly prosper in a union.

A survey last Sunday found that eight per cent of respondents were still unsure which way they would vote in the referendum. This could translate to as many as 400,000 voters. If it is the don't know's that make the difference, hopefully they know what they've voted for.

ILLUSTRATION: DANNY WILSON

60 seconds on... Alex Salmond

BY ELLIE CARROW

As the Scottish referendum reaches its climax, all eyes are focused on Scottish First Minister Alex Salmond.

The final days of the campaign have been tense as polls narrow. The Scottish First Minister and leader of the SNP has undoubtedly been the face of this referendum, and the minutae

of his agenda and ambition pored over.

On several issues, however, the veteran independence campaigner has work to do to convince Scots of his message – irrespective of the result.

Salmond, for example, believes that Scotland could join the EU within 18 months, allowing them

access to huge trade benefits of the EU. This would force them into the Euro, a decision to be seen in context of wider battles over currency. Many feel Salmond's ambition is premature. Íñigo Méndez de Vigo, Spain's Europe minister told the BBC that Salmond's plan had 'more ifs than a poem by Rudyard Kipling'.

Scotland also face a battle with the Bank of England. An independent nation faces tough questions over the future of its currency and central bank – but devo max also presents challenges to fiscal and monetary policy. However Scotland votes, Alex Salmond will remain very much in focus.

Should we confiscate the passports of suspected Jihadis?

In the Middle East, atrocities are being committed against civilians, journalists and hostages. The group responsible, Islamic State, has been the focus of much media attention. They have gained a significant foothold in areas of Iraq and Syria – and have been aided by young Britons joining the organisation. In light of the emergency measures due to be taken by the UK government, *The Gryphon* asks: should we take passports off the suspected jihadis?

YES

Ella Griffiths – 3rd Year English

On most issues, I am a bleeding-heart liberal. However, David Cameron's latest anti-terrorism plan should not be dismissed outright. New legislation could give the police statutory powers to temporarily confiscate passports at UK borders of those they suspect are associated with terror groups such as Islamic State.

David Cameron defended the plan to the Commons, saying, 'When police suspect a traveller at the border, they are currently not able to apply for the royal prerogative and so only have limited stop-and-search powers.'

It must be emphasised that this is a temporary measure. It is hard to justify restrictions on liberty, but in light of the developments in the Middle East in recent months (including the execution of US journalist James Foley in Syria), perhaps we must contemplate the provisional relinquishing of some of our freedoms for the sake of ending the violence.

This requires restraint and judgement by the police. They must manage this responsibility and prove it cannot be open to abuse to help combat counter-terrorism.

We must also remember that the plan also includes some other sensible, less controversial suggestions.

The power to monitor suspects in the UK would be strengthened and terror suspects will be required to undergo de-radicalisation programmes, both of which seem reasonable to even the most considerate of liberals.



NO

Eleanor Healing – 3rd Year English

When confronted with terror, governments have a duty to ensure a measured response. If they are not rational, mistakes occur and the harms can be irreversible.

The threat of IS and the atrocities they are committing are a terrifying development in an already precarious political environment.

More so however, is the prospect of an exodus of young Britons flying over to Syria to join this terrorist group.

The families of these young people have spoken out against them, rightfully condemning their actions.

It is one thing for a community to distance themselves from the actions of an extremist, just as Muslim communities in the UK are condemning the actions of British participants of IS, but the government actively removing the citizenships of suspects is a mistake.

Stripping somebody of their citizenship does not undo the deaths of the civilians in the Middle East. It is an abuse of power on the UK government's part.

The crimes committed by this terrorist group are inexcusable, and governments should endeavour to arrest, try and

convict IS members returning to their countries of origin.

However, it is uncomfortably dystopian to actively remove citizenship – indeed, the UN condemn rendering someone stateless as illegal.

Our fight against IS must adhere to the foundations of the sanctity of criminal trial and prosecution. Extra-judicial measures such as this are a dangerous precedent.

But, if the British government insists on this policy of removing citizenship from war criminals, they can make a start by taking Tony Blair's.

TRAVELLING WITH
**FIRST BUS ISN'T SCARY
FOR YOU
OR YOUR POCKET**



ALL TERM

£249

VALID UNTIL 19TH JULY 2015

THAT'S ONLY

78p*

PER DAY

TERM 1

£119

VALID UNTIL 31ST DECEMBER 2014

MONTH

£42

VALID FOR 1
CALENDAR MONTH

WIN £1000

Terms and conditions apply.
Register your entry at
firstgroup.com/notscary

Buy your ticket at firstgroup.com/notscary or come and see us at:

The Freshers Fair on 19th and 22nd to 25th September 2014

*Based on All Term ticket valid between 1st September 2014 to 19th July 2015 to students within the West Yorkshire boundary only for the price of £249. Price based on number of days buses are in operation (excluding Christmas Day, Boxing Day and New Year's Day). Tickets are non-transferable.



Freshers Events Calendar 19 Sept – 2 Oct

19	20	21	22	23	24	25
<p><i>International Talk Like A Pirate Day</i></p>  <p><i>Mug Painting with SocieTea</i> LUU Room 5 5pm-7pm £2</p>	<p><i>Trip to Ilkley</i> If you want to explore the beautiful countryside meet outside the Union. 9am – 6pm £5.90</p> <p><i>Road to Leeds Arrival Party</i> Union bars & clubs 9pm – 3am Free</p>	<p><i>Farmers and Craft Market</i> Try a variety of foods, from herbs and veggies to cheese and Hog Roasts, right in the city centre Briggate</p> <p><i>International Students Welcome Mass with CathSoc</i> 5 St Mark's Avenue 5pm – 7pm Free</p>	<p><i>Freshers Fair Starts</i> (Riley Smith, tent opposite Union and Edge)</p>  <p><i>Summer Blowout with RAG Control</i> 10.30pm – late £4 Queue Jump More on the Door</p>	<p><i>Bunting Making</i> Decorate those plain Uni walls with a splash of colour LUU Common Room 5pm-7pm £2</p> <p><i>Cocktail Making</i> Impress your new friends with some essential uni skills Terrace Bar 7pm – 8pm or 8.30pm – 9.30pm £5</p>	 <p><i>Cupcake Decorating</i> LUU Room 4 1pm-3pm £1</p> <p><i>Money Saving Tips</i> Get great advice from LUU's Money Specialist LUU Room 1 3pm – 4pm</p>	<p><i>Yorkshire Day</i> Drink proper Yorkshire tea, learn lingo and try some local dishes at the all-day Union event</p> <p><i>Learn to Cook:</i> Watch a top chef create traditional Yorkshire dishes for you to do at home Refectory 3pm – 4pm Free</p> <p><i>Games Night with ISOC</i> 6pm-9pm Free</p>
26	27	28	29	30	1	2
<p><i>Last Day of Freshers Fair</i> 'Don't forget to pick one society to love for the year!'</p>  <p><i>Market Walking Tours</i> Discover the secrets of Kirkgate Market and grab a bargain Meet at Parkinson Steps 11am-1pm Free</p>	<p><i>Trip to Scarborough</i> Experience a traditional British Seaside Meet at Parkinson Steps 8:45am-6pm Adults: £16 Child: £12</p> <p><i>Circus skills</i> Riley Smith Hall 7.30pm-10pm £1</p> 	 <p><i>Multi Martial Arts</i> Try all the Martial Arts you can join this year. All welcome The Edge Sports Hall 2 2.30pm-5.30pm</p> 	<p><i>Guys and Dolls Auditions for Semester 1</i> Stage Musicals Society Union Foyer 5pm</p> <p><i>PCI Production tryouts</i> See what the society is all about and get a taster of the first terms production LUU Room 4 5pm-7pm Free</p> 	<p><i>Vertical Fitness</i> A different kind of work out Mine 6pm-7pm and 7pm-8pm £2 in Advance</p> <p><i>Scribe Open Mic</i> Brave enough to perform your skill? LS6 Cafe 7.30pm-10pm</p>	<p>VARSIITY! The sporting event of the year DO NOT MISS!</p> <p>University campus' and Headingley Stadium 7am-10pm £10 for Finale</p> <p><i>Scuba experience</i> with Sub Aqua Club The Edge From 8pm with 20-30mins sessions £5</p> 	<p><i>RAG Intro Party</i> Have a drink and find out what this society is all about Terrace 6pm-11pm Free</p> <p><i>Street Dance</i> Try out this dance style From beginners to experts Riley Smith Hall 6pm-7pm £2</p>
			<p><i>Dance Expose Auditions</i> Try out for one of the biggest groups on campus. Just turn up! Riley Smith Hall 5pm-10pm Free</p>			

Freshers' Fair: The Ultimate Survival Guide

1 Collect a year's worth of stationery walking around all the different stalls

Most independent stalls will have either pens or lollies to give away. Keep an eye out for other random gifts.

2 Sign up to as many societies as possible. Give your email and commit later

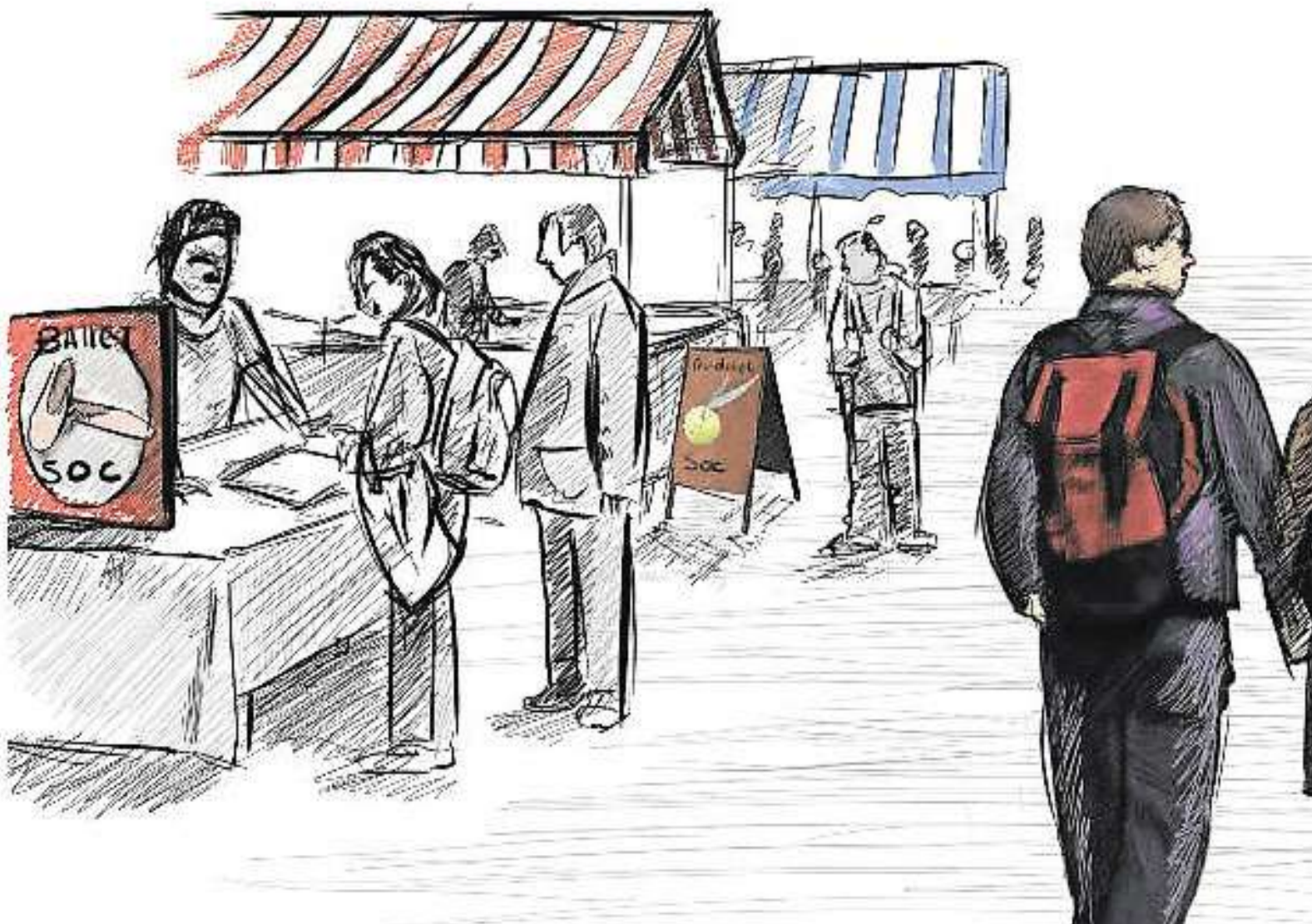
Every stall will be eager to talk to you, and an email discussion will let you sleep on it and decide later.

3 Pick up a GIAG brochure

It is a handy guide you can keep going back. Make sure you don't miss out as some societies only accept members now.

4 Don't be afraid to approach a society to ask questions

They want to talk to you and promote what they do, so ask away. At University, if you don't ask you won't find out so make the most of being the centre of everyone's attention.



Top Tips for tackling Freshers Fair and finding the best society for you

5

There are three different venues that host stalls

It's tempting to stay in the Union building, especially when campus is crowded with new students. Go to The Edge, Riley Smith Hall and the tent outside.

6

Research where your favourite society stalls are and when they're holding events

It avoids disappointment later, especially if there's only one chance to sign up per year.

The Editor's Picks:

Societies to look out for:

- Dance Expose; one of the biggest dance groups on campus
- Leeds RAG; the perfect way to do some charity work
- Henna; brand new this year
- Quidditch and Harry Potter society; for hard core fans. Play the sport and be sorted into a house
- Skuba; for adrenaline junkies and sea lovers



The Thwarting

Congratulations Freshers! You are the teachers, the lawyers and doctors, the scientists and artists, the entrepreneurs and politicians of our future. Each one of you has been carefully selected by our system. Welcome, intake 2014. Welcome to Leeds!

Just one final thing – your testing is not quite complete.

The University of Leeds' motto is 'omnibus status et cuique suos licet'. In Latin this means 'A place for everyone and everyone in their place.' In 1904, our university's founders formulated a code they believed would create a stable and prosperous student body. They called it UNION (Universal Nature Identification causa OmNia).

Everyone is tested by the UNION to determine who they are and where they belong.

A few days ago you were forced to leave your families, your schools and your friends – your whole world until now. Are you nervous? No. You're terrified. But our coding system will make the transition for you an easy one. The code will provide you with a new family, a new group outside academic hours that fits your personality. The UNION will ensure happiness for you, and peace and order for everyone across campus.

You answers will be run in 5...4...3...2...1...

"system processing"

CONFIDENTDARING

-Snow Riders-

-Edward Boyle-

-the Rugby team-

-The Edge-

-Fruity-

PASSIONATEALTERNATIVE^^

-Debating-

-Fem Soc-

-Stitch and Bitch-

-Brotherton-

-Hi Fi-

-Hidden Café-

GLUTTONOUS

-Baking Society-

-Lucky's-

-Bakery164-

-Dominoes-

-Food Soc-

MEGALOMANIAC

-POLIS-

ModelUnitedNations-

-Theatre Group-

-Trading and Investments

CURIOUS

-Sci-Fi and Fantasy-

-Mountaineering-

-Meditation

SELFLESS

-RAG-

-Save The Children-

-Amnesty International-

-St John's Ambulance-

-Bone Marrow_-'

"processing data" "analysing demographics"

system error"code failed"

"ERROR"DATA NONCOMPLIANCE"

""SUPERABUNDANT PERSONALITY

RESPONSES""

"EMERGENCY SHUTDOWN"

Freshers week may seem like just another sorting ceremony. You'll arrive on campus trembling with fear and excitement – intimidated and alone. Your first instinct will be to join 'Gryphonдор', sorry, I mean, your first instinct will be to join a group. If safety is in numbers, so is solidarity, ease and direction. You'll want to sign your name at the first stall you find, don a uniform, slide into line and breathe a sigh of relief.

But this is Uni! This is Leeds! Yes your CV encourages you to pare yourself down, to box yourself in – to make it obvious to employers who you're going to be and what you want to do. But my advice, as a wizened old fourth year, is to remember that at university you can be and do anything you want! (within reason obv...oh, and the law).

That's it, intake 2014. Your first lecture is over.

But if you are interested, the university's real motto is actually 'et augebitur scientia', which means 'And knowledge will be increased'. Pretty standard I suppose, considering it's a university ... But I think we all know that uni is about a bit more than just work (right Mum?). I would suggest an alternative motto for your time here: 'etiamsi omnes, ego non' – 'Even if all others, I will not'. Go on, now piss off and find yourselves. But don't be afraid to diverge.

Ellie Parkes

Nothing but an F thing

I knew I wasn't going to be very good at being a Fresher. I was a working-class girl of average academic ability, from a deprived town in Essex, with a startling case of internalised snobbery and self-criticism. All I had really ever wanted to be was a middle-aged intellectual with a Golden Labrador, IBS and an Aga. Parading my youth and freedom in a sambucca-soaked show of hedonism seemed out of my comfort zone.

My packing for uni consisted of boxes of books I'd bought in second-hand shops, an ironic bottle of Bombay Sapphire, and more kitchenware and home ornaments than a BHS showroom. I was the girl who bought placemats and a fruit bowl to uni.

I tried very hard. I even went along to see Tim Westwood DJ at The Union, but I was just left horrified that I was completely alienated from the world around me. (I didn't know at the time that everyone who sees Westwood feels that way. I assumed he was actually a subversive figure who

spoke for my generation, instead of just an old weird man who plays pop music and yells nasty sexual things at teenagers.) I soon ran out of excuses for not going out. 'I'm really tired', 'I've got period pains' and 'I've got loads of tumble-drying to do' only work about four times each. And the tumble-drying one has hypothetical environmental implications.

What I realise now was that I just did Freshers wrong. I can't have been the only one who watched *Skins* and assumed that was how I was supposed to behave. I didn't enjoy being in a sweaty club, while people groped me. Nor did I enjoy sitting in a stranger's living room while they bombed ketamine, coolly declining with a nonchalant 'Nah mate, I don't touch that shit, I'm more of an MD girl.' Hoping against hope that nobody had any MD and I'd then have to explain why I needed to go and tumble dry things at 5am.

There were others who felt the same, I'm sure. A common but underrepresented kind of fresher who just wants to go to the pub, get pissed on wine, put

too much effort into costumes for fancy dress parties and be back in bed by 1am. Once your expectations of a night are that low, anything is possible.

I grew up with dreams of what a student is, gathered from Stephen Fry's autobiography. I then learned that I was supposed to be an impulsive, sexy, party-loving waster.

By the time I realised that that wasn't realistic either, I'd given up and turned to the desperate notion of being myself. That's something that absolutely doesn't come naturally.

So the only way you're going to do Freshers is by doing Freshers wrong, because you have to find out what's wrong so you can be forcefully shoved on the road to right. If I could talk to my Fresher self, I wouldn't tell her any of this, it would ruin the surprise. What I would tell her is that, honestly, it all gets better. And I'd also mention not to bother spending such a long time on that zebra face paint, because she'll only go and sweat it off at the pre-drinks.

Jennie Pritchard

gadget plus⁺



Insure your laptop,

add your mobile phone if you like.

Save **10%**
when you
insure your
laptop
and phone
together



Laptops, phones and other gadgets...

Protected for all the things that could happen at uni:

- + Theft
- + Loss
- + Accidental damage
- + Liquid damage

Plus 24 hour* replacement

Anywhere in the UK and up to 30 days worldwide

Insurance recommended by

nus

national union of **students**

Get a quote today

Visit endsleigh.co.uk/university

Call free on **0330 3030 284**

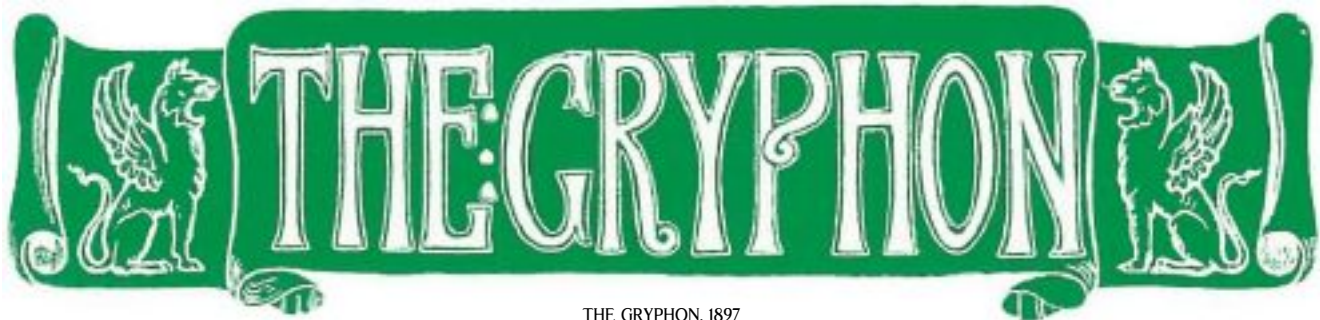
*If your item is lost or stolen, or unrepairable we'll replace it within 24 hours - 1 working day of your claim being approved.

Endsleigh Insurance Services Limited is authorised and regulated by the Financial Conduct Authority. This can be checked on the Financial Services Register by visiting its website www.fca.org.uk/register
Endsleigh Insurance Services Limited, Company No.856706 registered in England at Shurdington Road, Cheltenham Spa, Gloucestershire GL51 4UE.

A Member of the  Zurich Insurance Group

The Gryphon has arrived

Your favourite newspaper is back, but this time it's going by a new name



THE GRYPHON, 1897

Brigitte Phillips

From today, the paper formerly known as LS has a new identity: The Gryphon. The rebrand sees the newspaper return to its original name from 1897, and the editorial team agrees that it is the ideal moniker to move the paper forward, while still retaining links to the past.

Editor-in-chief Jasmine Andersson says, 'The Gryphon pays homage to our traditional roots, but also implies that we are a student publication determined to be taken seriously.'

The Gryphon name has strong ties to the University of Leeds and its students, and so the rebrand will enhance the newspaper's identity and strengthen the ties with its readers.

This isn't the first time that The Gryphon has flirted with a change of name, but the current rebrand is the largest departure from the previous incarnations for over 40 years.

The paper gained the moniker Leeds Student when LUU's Union News and Leeds Polytechnic SU's Pact joined forces in 1970.

Despite Leeds Polytechnic (then Leeds Metropolitan University) disaffiliating from the publication in 2005 citing underrepresentation, the Leeds University Union paper kept the name for another 9 years.

'We want to bring Leeds students a refreshing take on the cultural city we are immersed in'

The main paper isn't the only thing that will be having a change of name, Jasmine says, 'In addition to the paper, we will also be launching our new supplement InTheMiddle magazine, as well as our website, thegryphon.co.uk.'

Although Leeds Student historically has had an excellent reputation, it has been five years since the publication last won a major media award. Jasmine is hoping to revitalise the newspaper's image with the new brand, 'We want to bring Leeds students cutting-

edge news, with inspiring features, fiery debates, and a refreshing take on the cultural city we are immersed in.'

This new identity will help to take the paper into an exciting new phase of existence. The Gryphon will build on the rich history of Leeds Student, which can boast Paul Dacre and Jay Rayner amongst other big names as past contributors, but will refuse to rest on its laurels. 'The Gryphon hopes to build on the stellar reputation of past Editorial teams,' Jasmine says, 'in order to create an engaged student publication that people are excited to pick up every Friday.'

We at The Gryphon are really excited about the new name, and we're looking forward to a bright future for our newspaper. Associate Editor Ste Topping says, 'As a team we are determined to bring the students of Leeds the most important stories and outstanding content week after week, pushing the boundaries to make sure that both in print and online we are the most relevant, interesting and reliable source of news for our readers.'



THE GRYPHON

THE GRYPHON, 2014

The Sport Selection: Prime Picks

With over 50 sports to get involved in, there is something for everyone at Leeds Uni

Adam LeRoux

The University of Leeds has a prestigious sporting scene with many teams excelling in recent years. Last year the men's hockey 2nds won the Northern Conference Cup, whilst the women's tennis 3rds came second in their respective competition.

We also have many teams playing in the Premier Division of their given sports, and the University was ranked 15th in the BUCS league for overall sporting performance 2013-14, highlighting the high standards throughout campus.

Don't let that put you off joining a society though. Each sport welcomes players of all abilities; whether you are aiming for Rio 2016 or wanting to start something new, Leeds has something for you. If you want to improve your hockey skills or fancy yourself as quidditch's next big thing get involved; it's also a great way to meet people who share your interests. University sports teams compete in the BUCS League, with matches held every Wednesday either here at Leeds or away.

There is also the chance to get involved in Intra-Mural sport, which is much more relaxed; there are fewer commitments but it is just as much fun. You can represent your halls, your degree subject, or just come along with friends to play sport and enjoy yourself.

FIND OUT MORE AND GET INVOLVED AT SPORT.LEEDS.AC.UK

Your first few weeks in the University term provide the perfect opportunity to get yourself involved in something. Why not give these societies a go:

A large sports club that competes in BUCS with many successful teams, **Swimming and Water Polo** is a society open to all comers and boasts over 150 members. Trials take place on September 28th in the Edge 15.00-17.15.

Meeting three times a week in Cromer Terrace, **Archery** also compete in competitions around the North. With many people having never tried the sport they are always open to newcomers. Give it a Go on 8th October, 19.30-22.00.

Motorsport is a relatively new society at Leeds, competing in the British Universities Karting Championship. They race against 72 other University teams at speeds up to 70mph. Give it a Go on 22nd October, 16.00-20.00.

Kickboxing & Krav Maga is the biggest martial arts society within the University of Leeds. Offering high-standard teaching, they also hold the National Student Kickboxing Competition. Give it a Go on 2nd October, 20.00-22.00.



Meet Your New Sports Editors



Adam LeRoux
Geography
gy12a2l@leeds.ac.uk
[@adamlroux22](https://twitter.com/adamlroux22)

Favourite sports teams: Plymouth Argyle, St Helens R.F.C., San Francisco 49ers.

Sporting hero: Gary Sawyer – former Plymouth left back, puts Roberto Carlos and Ashley Cole to shame. A total wand of a left foot.

Favourite sporting moments: Dragging myself around the 2013 Leeds Half Marathon. 2014 Grand National was a cracking day out.



Alex Bowmer
Politics
ss13ab@leeds.ac.uk
[@AlexBowmer3](https://twitter.com/AlexBowmer3)

Favourite sports teams: Fulham.

Sporting hero: Danny Murphy – led the Whites superbly during their incredible run to the Europa League final. A grossly underrated midfielder.

Favourite sporting moments: Seeing Fulham defeat Manchester United in consecutive seasons. The 2008 Wimbledon and 2012 Australian Open finals were pretty incredible.



Peter White
Geography
gy12pmw@leeds.ac.uk
[@peterwhite28](https://twitter.com/peterwhite28)

Favourite sports teams: Leeds United, Leeds Rhinos.

Sporting hero: Harry Kewell – I still have a photo of him inside my locker at work.

Favourite sporting moments: Surfing a buoyant Leeds crowd at Highbury when I was nine. A late Mark Viduka goal kept us in the Premier League for one more year – unbelievable scenes.

Where the Action Happens



MILEY STEVENS

The Edge

Home to: Swimming, badminton, basketball, fencing, handball, korfbal.
Location: Down Edward Boyle steps, reach the fountains by the Roger Stevens building, the Edge will be clear to see.
About: Built in 2010, it includes a 25m swimming pool, numerous sports halls and a newly-expanded gym.



SAM BROADLEY

The Gryphon Centre

Home to: Netball, squash, volleyball.
Location: Woodsley Road, to the left of the Business School.
About: Home to the University's elite sport programme and boasts an impressive sports hall used by the netball and volleyball teams. You will also find the squash club upstairs.



SAM BROADLEY

Weetwood

Home to: Football, hockey, rugby, cricket, lacrosse.
Location: Off-campus, located on Otley Road. Catch the number 1 or the 95 bus outside the Parkinson Building to Lawnswood School.
About: Uni's outdoor sports complex, its facilities include a 3G pitch, two astroturf pitches and 29 grass pitches.

Leeds: The Home of Sporting Glory

Peter White

Leeds provides you with plenty of opportunities to enjoy some of the finest elite sport that the country has to offer.

Leeds United are one of the best-supported clubs in English football and currently play in the Championship. The club is located at Elland Road; a short taxi journey is probably the easiest way of reaching the ground. The cheapest tickets range between £16 and £26 for students.

Leeds Rhinos are six-times Super League champions and were crowned winners of the Challenge Cup in August. The Rhinos always promise a great occasion with some of rugby league's most gifted players currently plying their trade in Leeds, such as Ryan Hall and Kevin Sinfield.

Yorkshire County Cricket Club is the most successful team in English cricket history and recently added a 31st County Championship title to their collection. With internationals such as Joe Root and Tim Bresnan, Yorkshire offers first-class cricket right on your doorstep. The season runs between April and September.

Leeds Uni's Famous Sporting Alumni

As well as being home to some of the biggest sports teams in the country, several elite athletes have studied at the University of Leeds.



WIKIPEDIA

Triathlete Alistair Brownlee completed a degree in Sports Science and Physiology at the University of Leeds in 2010. Alistair and his brother Jonny live locally and can be seen in the Edge from time to time. Brownlee recently won two Commonwealth gold medals after victories in the men's race and mixed team relay.



ESPN CRICKINFO

Cricketer Lauren Griffiths made her England test debut in January 2011 after being included in the 2009 World Cup squad as backup to Sarah Taylor. Griffiths studied Management at Leeds and currently plays for Cheshire alongside working as a finance consultant.



SPORTSVIBE

Former rugby union international Tom Palmer completed a Physics degree at Leeds and joined Leeds Tykes after impressing during a game for his University team. Palmer went on to represent England at the 2011 World Cup and currently plays for Gloucester in the Aviva Premiership.

Uni Vying for Varsity Glory

Alex Bowmer

Leeds Varsity is the showpiece event in the University's sporting calendar as we face off against city rivals Leeds Beckett.

Founded by former University of Leeds Sabbatical Officer Katrina O'Mahony and her counterpart at the time from Leeds Beckett, Emma Beith, this year marks the tenth anniversary of the event. 60 fixtures will be played across 25 sports on Wednesday 1st October; a far cry from the opening edition of the event, when only 10 sports were played.

The contest culminates in the rugby union finale at

Headingley Carnegie Stadium. The spectacle attracts around 12,000 spectators every year; the atmosphere is electric and the rivalry fierce.

The two institutions alternate as hosts, with the University of Leeds taking up the baton this time around. Fixtures will take place throughout the day from as early as 6:30am when the biathlon swimming commences.

Tickets for the rugby event at Headingley are £10 and should be booked in advance as demand is exceptionally high.

This year there is also a special half time event as the

England women's rugby team will present the World Cup trophy fresh from their triumph in Paris last month.

Last year cross country, American football, Thai boxing and cricket were all added to the programme, with handball making its maiden appearance this time.

Beckett won 37.5-17.5 last year, but Uni will be pushing them hard for revenge this time around.

No matter what the result is, it promises to be a fantastic day, packed with high-quality performances and wall-to-wall action.

Where to be for Varsity



PHOTO: SAM BROADLEY

Men's and women's biathlon

The promise of an exciting battle between some of the country's brightest young talent suggests that the early start will be well worth it.

Swim - 6:30am (The Edge)
Run - 12pm (Carnegie Athletics Track)

Lacrosse women's 1sts

Having won promotion to the BUCS Northern Premier Division last season, Uni will be confident of success.

2pm (Weetwood South)

Netball 1sts

With both Uni and Beckett's 1st teams in the BUCS Northern Premier Division, this will be a hugely competitive encounter.

4pm (Gryphon Centre)

Hockey 1sts

Both the men's and women's teams have had recent success and victories here are quite possible.

Men's - 3pm
Women's - 4:30pm (both at Weetwood South)

Gryphons Ready to Fly

As Varsity draws closer, The Gryphon spoke to rugby union Club Captain Louis Timpany and Varsity debutant Simon Haddad

Alex Bowmer

As always at this time of year, the team has had to bed in new faces while dealing with the departures of final-year students. 'We've got a new scrum-half in Lewis Hall, from Northampton, who is looking good. I'm really excited to see what he can bring to the team. However, we have lost forwards over the summer, including our captain from last year, and a few of the other front rows.'

The close season also saw the appointment of a new Director of Rugby, David Murray. As Simon went on to mention, having a new voice in the camp also requires a period of adjustment: 'We've had to get used to the way he wants us to play and he's had time to assess our strengths and weaknesses. Pre-season has been tough, but hopefully the work we have done will reap its rewards.'

The intense rivalry between the Gryphons and Leeds Beckett has captured the imagination in recent years and the game is certainly unique in the University calendar, as Louis pointed out: 'Due to the atmosphere and the size of the event, it is a huge game for the boys.' As a newcomer to Varsity, Simon cannot wait to play in front of around 12,000 spectators at the Headingley Carnegie Stadium: 'Having watched the last few Varsities as a fan, I am excited to don the green shirt and get the chance to play.'

Whist Beckett pose a stern test, the Gryphons are leaving no stone unturned in their pursuit of Varsity glory.



PHOTO: LEO GARBUTT

LEEDS VARSITY

**FRIENDSHIP
PASSION
PRIDE**

05-14
10 YEARS OF VARSITY



60 FIXTURES 22 SPORTS 2 UNIVERSITIES 1 RIVALRY

01 | 10

VARSIITY BBQ

Terrace 3pm - 7pm.

Any food item is £2
with your Varsity ticket.
£3.50 without.

LEEDS VARSITY

RUGBY FINALE TICKETS AVAILABLE ON LEEDSVARSITY.COM, LUU HELPDESK + CATS

OFFICIAL FRUITY AFTER-PARTY TICKETS AVAILABLE ON LEEDSVARSITY.COM