

We eggs-plore an unconventional scientific breakthrough p.17



In The Middle chat with the rapidly ascending musician George The Poet p.4



We speak to Adam Smith, the founder of The Real Junk Food Project



Comment You can't call your kid Nutella. Can you?



Debate
Benedict Cumberbatch's
poor choice of language has
provoked much response





'Uninhabitable' house sends students to breaking point

• Over 40 violations of Unipol guidelines

Greg Whitaker News Editor

A group of University of Leeds students have revealed to *The Gryphon* how they believe their Headingley house still isn't meeting health and safety requirements despite over four months of complaints and investigations.

The students allege that the house, which is located on Headingley Avenue and managed by Oasis Properties, was in a "substandard and uninhabitable" state when they arrived, and despite numerous complaints continues to "violate several health and safety regulations."

Grievances which were highlighted during a recent Unipol investigation included the lack of a working fire alarm system and an out-of-date emergency phone number, as well as the presence of vermin inside the inner-walls as a result of improper waste disposal during the property's summer refurbishment,.Damp and mould were found in seven out of eleven bedrooms, as well as a dangerous and concealed man-hole cover in the kitchen. Finally, an inadequate heating system which was only designed to cope with a five bedroom house, along with over 40 other Unipol violations.

One of the tenants, a second year English student said, "A lot of things were broken when we moved in, such as the microwave, the washing-machine and the dryer, and when we tried to complain we had to talk through Oasis and not the actual owner of the house. It was ridiculous."

While another, a second year Theatre and Performance student, added, "As

students we are being treated unfairly due to the stereotypical attitude which is adopted by professional letting agencies. I knew the house wouldn't be perfect, but this house has been a nightmare."

Oasis properties, who manage the property, have said, 'This house was a case whereby one of the tenants wanted to move out of the property. In addition there was a roof leak that was repaired but the leak needed to time to dry out internally. The father of the tenant who wished to move out got Unipol to inspect who did identify a number of issues that were immediately dealt with. Unipol came to re-inspect and were satisfied that everything was carried out to their standard. Whilst we recognise that issues can occur, we strive to rectify them to an amicable conclusion and we continue to look to improve our level of service.'





06 02 15

Weather

		HI	LO
Friday	sunny	5	3
Saturday	cloudy	7	2
Sunday	cloudy	6	2

Tweet of the Week

Come play Hello Kitty with me! #hellokittyworld

-Douglas Carswell MP @DouglasCarswell

The Ukipper's daughter apparently loves to play Hello Kitty on her dad's iPad. We're not sure.

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Associate Editors ~ Jamie Taylor, Ste Topping

News ~ Abla Klaa, Charlotte Mason, Jake Hookem

Features ~ Ruby Lott-Lavinga, Brigitte Phillips

Comment & Debate ~ Philipa Williams, Ella Healing

Science ~ Alice Hargreaves-Jones and Michael Owen

Sport ~ Adam LeRoux, Peter White, Alex Bowmer

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Editor's Letter

A bitter pill to swallow

Bitter Lake is revered film maker Adam Curtis' latest offering. Available on BBC iPlayer, the 136 minute tourde-force documentary explores one overwhelming narrative: can power and truth be co-existent entities?

It seems somewhat odd to be writing about such a topic in an Editorial, but this isn't a standard documentary. Bitter Lake is a compelling dialogue that centres around the decay of Afghanistan through the fiscally-fuelled intentions of the USA and Saudi Arabia. As Franklin D. Roosevelt and King Abdul Aziz met over the Great Bitter Lake in 1945, they decided on an agreement that would change the shape of modern global history — the US would provide Saudi Arabia with military equipment and support in exchange for their oil supply.

The results of the agreement have been catastrophic. As America's demands have dominated Western discourse, the Saudi hegemony has caused desecration in the East. In a particularly chilling part of the feature, an American soldier appears to camera, grinning, teeth lit up in the dark.

'Why are you so happy?', asks one serviceman to another, sharing a tent in the Helmand province.

'We got told it was unwarranted, but we made 24 kills today. 24 kills.'

The men laugh.

Tm a natural born killer, you see. A natural born killer.

As these waves of bloodlust congeal with the oil that determines the fates of those in Afghanistan and lraq, we have to question our position as passive recipients in this exchange. As we are given the chance to make a change in our democratic system, we should consider how the emancipation

of our own national political hierarchy can result in a new approach to international relations. To be armed is to be educated. Curtis' work is a formative cornerstone in the start of that path to knowledge.

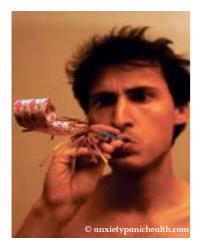


Jasmine Andersson Editor-in-chief





Too poor to party?



Elli Pugh

Leeds may be known for its great nightlife, but students in the city have less to spend on partying than friends at other universities, according to a new study.

Research published this month suggests that Leeds students have an average disposable income of £37.25 per week, almost ten pounds less than the national average of £46.59.

Students in Brighton boast an average £63.50 per week, with the figure rising to £66.50 in Plymouth. Sheffield students were found to be the worst off, with £21.75 per week to spend on leisure.

The survey by Money Dashboard investigated the income of second and third-year undergraduates in 17 UK cities.

Statistics also placed Leeds in the bottom five universities in the country for financial honesty with parents. More than one in five students in Leeds are 'never' or 'rarely' honest about money with their family, according to finance service Money Dashboard.

Some have blamed high rent prices and nightlife in Leeds for problems managing living costs.

Broadcast Journalism student Jack Slater told *The Gryphon*, 'I find it difficult as the price of my accommodation is thousands more than my loan. If the student cost of living issue is to be tackled, then proper rent controls must be established'.

Meteorology student Jack Denison explained,

'Food is pretty cheap, but going out is where I end up spending the most money as Leeds has got so much to offer in terms of nightlife .The statistics are odd because I would have thought Leeds would be cheaper, especially compared to universities in the south'.

Late winter sun hits Leeds



• This week's photograph of the week shows some detailed ironwork at Leeds Town Hall glowing in the winter sun. The image comes courtesy of Andy Manning.

Student launches website to help people find experience

Jake Hookem News Editor

A website aiming to help get students work and experience in their local area has been launched this weekend.

Mystudentventure.com helps small firms connect with students who possess the skills they require.

Students sign up by listing their degree programme and skills. Then, a small business or student start-up can search for them and be put in touch.

A key aim is to get students paid or unpaid work that utilises their specific degree-based skills so that upon graduation they have valuable experience for their CV or may even be involved in a newly founded business.

The site was founded by third-year Energy Engineering student Tim Brazier, with the help of the University's Spark team and a business scholarship. Spark offers funding and advice to successful applicants with a solid business idea, as well as rent free office space for up to a year in the innovation centre. Scholarships are available to students aiming to create

an enterprise after an application process. Explaining his inspiration, Mr Brazier

I came up with the idea after having previous business and finding I struggled to find people to take the idea forward with. After speaking to other student start-ups I found that they wanted other students to join their teams too.'

Describing the gap in the market he is aiming to exploit he said,

A lot of recruitment companies and opportunities only focus on full time graduate or internship roles with big companies spread round the country. There is a massive market for students to work with local small businesses and start-ups. This not only gives them better work experience and helps build their network within the city but can help them stand out if they do apply for graduate positions in companies big or small after they finish. It also gives small businesses and organisations a cheap and convenient way to find students for any number of specialised jobs or one off

Have your

We asked students whether they would use mystudentventure.com, and here are some of the responses:

I think it sounds like a really good idea, I would probably use it if i were to start a business as it would make the whole thing less daunting dealing with other students

Mollie, second-year Law

'I don't think I would personally use mystudentventure.com. I feel like businesses may abuse the students for labour without paying a fair wage' Joe, second-year History and French

'Anything that can help small businesses get off the ground, and students gain experience, is a good idea in my eyes' Bobby, third year Politics



Security on alert after Sentinel Towers trespassers



Suhail Dhanji

University security staff are trying to identify two men who were reported acting suspiciously at Sentinel Towers halls of residence on Wednesday night.

A student raised the alarm to a subwarden after the pair entered the common room at around 8.30pm, although the intruders left by an unknown route before security arrived. The first-year International Business student who reported the incident told

I only realised when I saw their faces that they definitely weren't students. They were just hanging around in the corner and they looked like they weren't supposed to be there'.

Residential staff are now reviewing CCTV images to try and identify the men. He added,

'It looked like they had an orange key

ring, not the blue fob that we have'.

Commenting on the incident, a University spokesperson said,

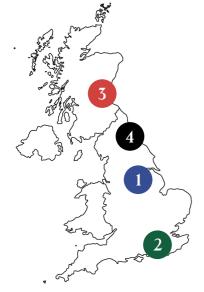
'We can confirm that security attended Sentinel Towers after receiving a call from a sub-warden who became suspicious of two men she found in the common room. Although security attended within five minutes, the men had left the premises by an unknown route before they arrived. It is unclear how the men gained access to Sentinel Towers, but students are advised to check they are not followed into their residences by unknown people'.

It is not believed that the men tried to enter accommodation blocks or that anything was stolen.

The incident brings the number of reports of suspicious persons on a university residence to three within the last nine days.

Students concerned about suspicious activity at a Hall of Residence should call Security immediately on O113 343 5495 or O113 343 2222.

Campus Watch



1 Sheffield

The Gryphon,

Students petition against 'impossible' exam

Final-year Economics students at the University of Sheffield have started an online petition demanding the institution investigates an exam which they claim was 'impossible'. They argue that the paper contained questions on topics they'd never been taught. A reported 90 per cent of the students have expressed their anger at the University's failure to take action.

Emily Willson



St Andrews

Students fined for 'F"k the poor signs

Two St Andrews students have been fined after they held signs in the town centre reading 'F''k the poor'. Police were called to the busy high street when shoppers complained about the 'offensive' message. It is believed the pair were echoing an experiment in London which aimed to challenge the stigma of poverty.

Charlotte Mason



Sussex

Protesters get compensation after being unfairly excluded

The University of Sussex has been ordered to pay thousands in compensation to three students who were unfairly suspended for participating in a protest. The University had already spent over £100,000 in legal fees to ban the students from campus, but must now must pay each of them at least £2,000 to apologise for 'distress and inconvenience' caused.

Emily Willson



Durham

Missing student's body found

A body recovered from the River Wear in Durham last Friday has now been confirmed as that of Euan Coulthard. The 19-year-old was reported missing on Thursday 15th January after he disappeared following a night out. Police state there are currently no suspicious circumstances surrounding his death.

Emily Willson

Editor vote may get equal coverage to exec

Abla Klaa News Editor

An idea put forward to the Better Union Forum on Monday to increase publicity for The Gryphon editor has gone to referendum.

The idea proposed by The Gryphon's Associate Editor, Ste Topping, called for the Editorial candidate to be given the same amount of coverage as the other lead LUU candidates' during elections this March.

The measure was prompted by last year's elections when, for the first time in the position's campaign existence, candidates were excluded from promotional material and placed on a separate ballot during the elections.

The Gryphon was not consulted when this decision was made.

The lack of publicity is believed to have affected the overall votes that led to this year's Editor achieving only 892 votes, compared to the 3,562 that voted in 2013.

Arguments for this motion highlighted the significance of the publicity in allowing students to hold this newspaper's Editor to account.

The arguments against the idea drifted to focus on whether the Editorial role holds as much power as other LUU candidates to be elected.

Associate Editor Ste Topping argued, Executive members are Union Trustees, which means that they possess a share in the Union and can be held accountable to their students.

The Editor cannot merit such a position when part of their role is to hold the Union to account.'

The idea has now gone to referendum following an equal vote from opposite sides

An idea put forward by LUU Equality and Diversity Officer, Gemma Turner, proposing to change the name of the role to 'Equality, Diversity and Inclusion', has also gone to referendum.

In the proposal, Gemma argues that the term should be included because it 'highlights unity among our student body'



Leeds grant for exciting medical research

Hugh Baillie-Lane

Leeds University will take part in two pioneering medical research projects aiming to improve the treatment of Breast Cancer and Lupus.

Professor David Buckley, a member of Leeds' Faculty of Medicine and Health, has developed a method which tracks the effectiveness of chemotherapy on a tumour. This groundbreaking discovery will aid the treatment of cancer as it should allow for more treatment to be adapted quicker and more effectively if chemotherapy is proving ineffective.

Many breast cancer sufferers receive chemotherapy before surgery to reduce the size of tumours, but the approach is not always effective. The Breast Cancer Campaign have given a £200,000 grant to the University which will go towards a trial of the method on 40 sufferers, who will be assessed using MRI scanners monitoring the blood flow to tumours.

Breast Cancer currently affects 4,000 women a year in Yorkshire, with 1,000 of those cases proving fatal.

The Lupus project involves a consortium of Universities and medical institutions seeking to reverse the 'trial and error' approach to treatment of Systemic Lupus Erythematosus, more commonly known as Lupus.

Leeds will receive part of a £5.Im grant part funded by the Medical Research Council. Lupus causes the immune system to attack healthy cells, organs and tissues and causes severe inflammation. The cause of the disease and its symptoms are poorly understood and therefore treatment can be ineffective, and fewer than 50 per cent of sufferers respond to treatment.

The research conducted at Leeds will involve the School of Medicine and the National Institute for Health Research Leeds Musculoskeletal Biomedical Research Unit.

Dr Vital, who is leading the Leeds

'Often doctors and patients have to try many treatments before finding one that works. We want to be able to choose the right treatment for each patient first time'.

Union warns house-hunters to be vigilant over landlords

Charlotte Mason News Editor

The Union has warned house hunters to be vigilant before signing for a property after a letting agency which caused 'confusion' was taken to a Unipol tribunal.

It was found that Sugarhouse refused to provide tenants with a copy of their guarantor form and failed to allow them the standard 24-hour period before signing.

Students also claimed they were unaware that Aston Properties, who managed their house, was not a member of the Unipol Code, although the property was advertised by Unipol-accredited Sugarhouse.

Community Officer George Bradley said: 'Due to some silly errors that Sugarhouse made in their draft contract, they ended up at a tribunal which is quite serious. I strongly advise any students to be wary of the nitty-gritty details of their contracts, as this is where you might get caught out'.

Unipol encourages students to check their landlord is in the Code before



signing for a property and to ask whether the house is managed by a Code landlord.

Director of Sugarhouse Properties Richard Napier explained, '(The issue) was soon rectified and all documents were sent out. All of our documents are widely and readily available prior to any agreements being signed. We strive very hard to provide a very high level of service and to be at the top of the market in terms of customer service'.

Unipol decided to take no further action against Sugarhouse Properties, which remains a golden-owner member of the Code.

The Student Advice Centre runs a free contract-checking service in the Union building.

Leeds in the red for free speech failings, study shows

Jamie Taylor News Associate

The University of Leeds is 'a hostile environment for free speech', according to a new study into censorship on campuses across the UK.

The first ever Free Speech University Rankings, published by online magazine Spiked, suggest that four out of five UK universities are restricting or actively censoring free speech and expression beyond their legal obligations.

Professor Dennis Hayes, head of the centre for educational research at Derby University, oversaw the research alongside Dr Joanna Williams of Kent University.

They assessed University administrations and students' union's policies and actions and each body was ranked accordingly to produce an overall assessment.

The policies of both the University of Leeds and Leeds University Union contribute to Leeds' classification.

Two university policies are branded as having 'chilled free speech through

intervention

The university's 'Policy on Dignity and Mutual Respect' bans 'unwelcome verbal conduct' on campus which includes remarks relating to appearance, sexual advances and innuendo as well as non-verbal gestures or display of offensive written or visual material.

The university's 'Use of Computer Systems Policy' also prohibits the making of 'offensive or derogatory remarks about staff, students or the university on interactive lifestyle websites such as Facebook' as well as the posting of 'offensive, obscene or derogatory photographs, images, commentary or soundtracks on interactive lifestyle websites such as Facebook and YouTube'.

A University of Leeds spokesperson explained that the university's legal duty to ensure freedom of speech is 'an obligation that we take very seriously.' Their 'Policy on the Freedom of Expression' was agreed and continues to implemented jointly alongside Leeds University Union and dictates that the university 'tolerates a wide range of views, political as well as academic, even when they are unpopular, controversial

or provocative

According to Spiked however, 'the severity of LUU's policies' was what lead the researchers to give Leeds the worst possible rating.

LUU policy currently prevents individuals deemed to be hate speakers or fascists from speaking on campus. The union also has a ban on advertising from gambling and tobacco companies, strip clubs and fascist or racist groups.

These long standing restrictions sit alongside more recent and contentious bans of the sale of The Sun, the playing of Robin Thicke song 'Blurred Lines' and the sale of sexist greeting cards.

Union Affairs officer Bradley
Escorcio said: 'All Union policy has
been suggested and approved by Leeds
students. Any student can submit an
idea and if a student panel agrees with
it, we'll commit to looking into making
it a reality. We don't tend to 'ban' things,
instead we follow students' lead and stop
selling and promoting things that they
have asked us to.'



Tribute to 'freedom-fighter' former Leeds student Christina Annesley

Christina Annesley, who was a political activist and Leeds graduate, has died aged 23 in Thailand. She had been travelling on the island of Koh Tao as part of a four-month trip before planning to start a Masters in September.

Christina was born in New Zealand and grew up in Orpington in Kent, where she attended Darrick Wood Secondary School. She graduated from the University in 2013 with a 2:1 in History and had recently begun working for financial news firm Dow Jones when she died

During her time at Leeds, Christina, or 'Chrissie' to friends, was an active libertarian campaigner. She founded the Leeds branch of Liberty League in 2011 to 'promote values of freedom and individual liberty' on campus, serving as chairman for several months. She also stood as Councillor for Headingley whilst still a student, coming fourth in the local elections in May 2011. Christina was elected chair of Leeds Conservative Futures in the same month. In 2012, Christina defected to UKIP,

arguing 'there is no place for a libertarian in the Conservative party anymore'. She became vice-chairman of the party's youth wing. Yorkshire Young Independence.

She left UKIP after her boyfriend chairman Olly Neville was sacked for his support of gay marriage, which the party opposed.

Friends have paid tribute to Christina's riotous sense of humour and her infectious mischief'.

Political blogger Guido Fawkes told The Gryphon, 'Christina was a regular on the young right-wing scene in Westminster, often found in the Red Lion pub, Players' bar or hosting boozy parties on boats on the Thames. A young Tory at Leeds, she caused a stir when she quit the party to join UKIP, before her ever-principled stance saw her leave her new party to become a libertarian martyr. Chrissie was vocal online and was well known for her good-humoured, freedom-loving presence on Twitter. My thoughts are with her family and many, many friends'. In tribute to her daughter, Christina's mother Margaret said, 'From a young

age, she was one of the most intelligent girls I've known. She had straight A's in school and loved to party. She was so kind, so witty with a dry sense of humaur'

Camden Conservative deputy chairman Oliver Cooper tweeted, 'Devastated by the sudden and untimely death of friend and freedom-fighter Christina Annesley. I didn't know anyone that didn't adore her. RIP'. An aspiring journalist, Christina was writing a fantasy novel in her spare time. She was a prolific tweeter whose friends talk of her love of reading, travel and gin.

A passionate libertarian, Christina's political activism touched many people who will remember her remarkable achievements during an extraordinary, short life



The Digest



At least 23 killed in Taiwan plane crash



At least 32 people have been killed and 15 injured after a TransAsia plane crashed into a river near Taipei, the capital of Taiwan.

There were 58 passengers in total on the aircraft, which was left partly submerged in the Keelung River.

The turbo-propelled plane had just set off from Taipei airport and was heading to the Kinmen islands, just off the coast of South East China.

Video footage filmed on a dashboard camera shows the plane hitting a taxi and clipping a bridge before impacting the river.

The search for 11 missing passengers continues

lake Hookem



North Korea introduces mandatory military service for women

Thousands more high school graduates will be forced to complete military service in North Korea as the country extends its compulsory subscription to women. The measure will reportedly affect women aged between 17 and 20, who will be obliged to serve until their 23rd birthday. The news comes as the secretive nation bids to strengthen its army, following a shortfall in troop numbers after high infant mortality and a low birth rate during the 1990s famine. A state source said, 'The preliminary screening and physicals related to enlistment, which begins in April, are all complete and duty sectors have been organised'. Men currently perform ten years of compulsory service.

Emily Willson



Yorkshire and Humber UKIP MEP defects to Conservatives

Former UKIP MEP Amjad Bashir has defected to the Conservatives amidst allegations of 'extremely serious' financial issues which are now under police investigation. He refutes the absurd' allegations, which include interference with the candidate selection process and affiliation with a former UKIP spokesperson involved in a kidnapping in Pakistan. Mr Bashir branded Nigel Farage's party as pretty amateur' and having 'outlived its usefulness'. The MEP for Yorkshire and the Humber had previously been a Conservative Party member before joining UKIP three years ago. David Cameron said he was 'absolutely delighted' that Bashir would be rejoining the Tories.

Emily Willson



Latest UK government anti-terror plans hit universities

More than 500 professors have said they are 'deeply concerned' about government proposals which would see universities given a legal duty to prevent radicalism on campus. Academics argue that the Counter-Terrorism and Security Bill, which would require the speeches of university guest speakers to be vetted in advance, is 'a threat to freedom of speech'. Last month, the former head

of MI5 criticised the reform, adding that 'non-violent extremists' should be challenged and not censored. The Home Secretary Theresa May has described the powers as 'essential to keep up with the very serious and rapidly changing threats we face'. The Bill is currently being debated in the House of Lords.

Hugh Baillie-Lane



Leeds Central Labour MP Hilary Benn talks fees, students and Ed Miliband



Charlotte Mason News Editor

Do you support the lecturers' marking boycott?

I think it's quite a difficult one. Although I don't know the details of what's been happening, the truth about pension schemes is that they're having to change. They were designed for an era when we retired at fifty-five or sixty and lived for another ten years or so. It's going to be much more difficult to work when you might live another thirty years after retirement. People are living longer and that's a good thing, but that means you're either going to have to contribute more money while you're working or retire later. Public sector pension schemes right across the board have had to change to reflect that and the state pension age is rising because we're living longer. Whilst I sympathise with people who are facing changes which could really affect them, it's difficult when you're impacting really adversely on students' opportunities. Everybody has the right to take industrial action but it depends how long it would last. What I would say is that I hope very much that a solution can be found to it.

What do you think the Government can do to make education more accessible and affordable?

I'm very proud of the investment in education we made when we were in government. With all the changes in student support over the years, the number of young people participating in higher education has continued to rise. I think that's because people recognise the benefit of having a higher education. It's really important that everybody understands how it works. You talk about £9,000 fees and people think, 'I'm never going to be able to afford that, but actually, loans cover it and the fees don't have to be paid back until you're earning. If you think of the future of the British economy, we've got great

strengths, but the evidence is clear — you've got to have the right skills to be successful in the global economy. Higher education is a very important part of that.

What are you doing to help graduates get a job?

We need to ask if we're getting people with the right skills. It's a combination of national government empowering local communities so they can develop their own economies and improve

Hilary Benn MP

Labour MP for Leeds Central

Shadow Secretary of State for Communities and Local Government

Majority at 2010 Election: 28.5%

First Elected: 1999 (By-election)

infrastructure to make it easier for British and oversees businesses to invest in Leeds. We want to tell foreign investors, 'Hey, Leeds has a lot of well-qualified people and a lot of potential'. As an MP here, I've lobbied for the completion of the inner ring-road to open up economic opportunity to the MI. We're committed to local authorities having their own 'jobs guarantee', which a Labour government would bring in to secure work for young people who've been unemployed for a year. However, it's important to establish a strong economy. We need to get public finances sorted, make sure we're an attractive place for investment and get cities outside of London to be more successful in the long term. There's no simple answer. It's a long, hard slog.

Do you think students in Leeds are part of the community? Very much so. Students are hugely

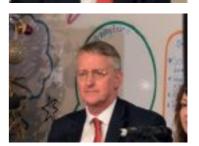


important contributors to our economy. I understand there can be issues sometimes with rubbish and collection and I think it's really important we let students know how the system works. But students are an important part of the community, even if they are only here for three years. The city's very welcoming to students who quite rightly, like to enjoy the city. I've met quite a lot of people who came here to study and decided to stay.

With the General Election coming up, there's a lot in the media about revolutionary politics. How are you going to keep Labour supporters? When I watched the interview with Jeremy Paxman and Russell Brand, I just thought, 'Come on!' Look at the struggle there has been for democracy in this country. I think it's important to distinguish between desire to change the world, which is great, and cynicism, which doesn't motivate anyone to do anything. But I understand why there is disillusionment. It's partly down to the impact of the global economic crash, which has led to a lot of uncertainty. A generation of parents are wondering what life will be like for their children in terms of job opportunities and being able to afford somewhere to live. Post-war Britain was all onwards and upwards, but now we've got to a point where we're really not sure. That is where politics has a particular responsibility to provide better security. I think in our democracy, we have the potential to make change but it requires everybody to participate. If people don't participate and others do, they may have a greater influence over what happens. That's why I'd tell people to use their vote. Whatever you're passionate about, go and fight for it.

You recently paid tribute to your late father Tony Benn. Who are the leftwing idols we can look to nowadays? I think all generations throughout history have said, 'They don't make them





like they used to', but each generation will be influenced by its own leaders. If you're looking for figures from the modern age, I'd say Gordon Brown. He's absolutely passionate about international development. History will recall what he did during the world economic crash to capitalise the banks and that he had a major influence on the way he responded to the crisis. I also have enormous admiration for Ed Miliband. I supported him from the start because I think he cares passionately about the future of the country. He is prepared to do things people have advised him that he shouldn't do. Taking on Rupert Murdoch, that was courage. The prevailing wisdom in British politics was, You do not challenge Murdoch because you need his support to be elected'. That is the truth. Ed Miliband broke with that prevailing consensus. That is a leader of courage. Each generation will look back on great leaders that it's encouraged by. My dad said the thing he wanted to do was encourage us. He certainly encouraged me. If we all encourage each other, we have a better chance of dealing with the problems of the world.



Food waste: well past its sell by date

The Real Junk Food Project, an organisation that turns food destined for the bins into cooked meals, is ready for a world take over. Features Editor Ruby Lott-Lavigna talks to founder Adam Smith about feeding the world, supermarkets, and why he hates Jamie Oliver.

Ruby Lott-Lavigna Features Editor

'I'm here to interview someone called Joshua?' I say, as I stare up into a converted ambulance in the middle of Trinity shopping centre. 'Yeah, he's not here today, but I'm the founder if you'd like to talk to me?' Well, I think to myself, that worked out well. It appears that the slightly disorganised nature of the The Real Junk Food Project, a café-cum-alternative-economic-system, has worked in my journalistic favour. Tucked in the far right corner of the Trinity Kitchen, in a converted ambulance van with fairy lights, the cafe creates and cooks meals from food that would have ordinarily gone to waste. An organisation, with the ambition to change the way we think about food.

The pop-up stall in Trinity is just a transient leg of the project, though it functions in the same way as the permanent cafe in Armley, where – under a 'pay as you feel' banner – anyone can come in and eat for as much as they can afford. They've fed thousands of people, ranging from middle-class-students-with-a-social-conscience to the homeless and those struggling with substance abuse. Adam Smith, the highly experienced chef turned food revolutionist, has led — with help from volunteers and the community — a change in the way food waste is dealt with. This ain't no Jamie Oliver TM pseudo social-good bullshit, this is the real deal.

In fact, I made the mistake of mentioning Jamie Oliver, after the Brighton branch of The Real Junk Food Project appeared on Jamie and Jimmy's Friday Night Feast a few weeks ago. I don't think Adam likes him much. 'He's an arsehole. He sent me a birthday present, a signed book of his. I got someone to take a picture of me going into a charity shop with it. He's an arsehole... The guy is a fucking multi-millionaire. I'm sick of going to Australia and people saying to me 'you're just like Jamie Oliver. I'm not like Jamie Oliver whatsoever. He could do so much more. Look what we've done with nothing. Do you know how much we've been paid? Nothing. We've never taken a wage. Nobody has ever taken any money out of this, and look at how much we've achieved. Eighty-three cafes around the world right now.' I figured maybe the show has been good for publicity though – $\boldsymbol{\alpha}$ lot of people do watch it. 'We got nothing from it. I got three emails. When The Independent did the article about us we had a hundred thousand hits, from all over the world. We got absolutely nothing [from the television show]. I'm not just saying that because I can't stand the guy. We got

If his name rings a bell, then it's probably because you're thinking of the Scottish enlightenment figure and pioneer of economic thought, Adam Smith. Interesting, then, that this Adam Smith is trying to shift not only the way we think about food, but also the way we think about money. Customers are left to value their own food, and if you don't have money to give, food can be 'purchased' through volunteering or alternate skills. 'You don't have to pay with money. At the café, people volunteer and make payments by washing up or, [for example] we've got graphic design students from Leeds Uni at the moment doing



a lot of graphic design.' I told him how I thought it really psyched people out. Once from returning with a random selections of items from the van (Rachel's yogurt x3, tofu, semolina, peaches) my flatmate just

and then come back afterwards and tell us what you want to pay for it.'

'The very first day [in Trinity] we did jacket potato, cheese and beans, and people would ask for it, and

[Supermarkets] are fucking horrible people. Can't stand 'em. They've sworn at me, spat at me, thrown food away in front of me ...they've said they want nothing to do with

The Real Junk Food Project

couldn't comprehend how I could value those items myself. 'People have said to us all the time "what is the average donation?" and there isn't an average donation. It's pay as you feel. If I tell you how much every donation to the café was, that doesn't tell you anything. That doesn't prove the value of the food. In the café sometimes we have caviar, or salmon, or joints of gammon. We tell people to go away, eat the food,

we'd say it's pay as you feel and they'd go 'what does that mean?' And they'd get out like a £10 or £20 and just walk away and I'd say, no no no, I don't want you to just give me money because you feel embarrassed or tight for not leaving enough, I want you to understand why we're here to give you this food, and understand the value of it at the same time.'

Looking around at the other stalls in Trinity, you



start to understand what he means. The ambulance is sat next to a Jerk Chicken Food Stall selling £7 burgers, and £9 meals. Normally, I'd not think twice about that. A little pricy, but not absurd. Yet when you think about the meals TRJFP can create from discarded food, you start to readjust the ways you understand costings.

I wondered if the place in Trinity Kitchen felt different to the café in Armley. It's harder here than

IJamie Oliver's] an arsehole. He sent me a birthday present, a signed book of his. I got someone to take a picture of me going into a charity shop with it

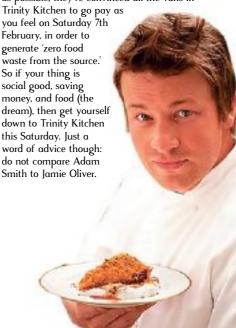
at the café. Once you step over the threshold of the café, you are instantly part of that concept, so you have a bit of an understanding of what you're about to be involved in.' Trinity, however, has given them

access to a much larger number of people. 'We got about eight week's takings in eight days. We got rid of a lot of food which is really good. It works, in a lot of respects. It's exposed us to a completely different kind of demographic. It does a lot of good things being here. It's just not me this place. But I can't take anything away from Trinity, they've been incredibly supportive.'

It's a common misconception that TRJFP deals with supermarkets. In fact, that's pretty optimistic. Supermarkets can be very touchy about admitting how much food they throw away, and are consequently very reluctant to become involved in projects that shed light on their problem. For example, in 2013, Tesco reported that it had almost 30,000 tonnes of food waste in the first 6 months. TRJFP, as a result, deal with 'food banks, allotments, cafes, restaurants, events and promotions' instead of supermarkets. 'We don't do anything with supermarkets. Unless we go through the bins, we don't have anything to do with them. They're fucking horrible people. Can't stand 'em. They've sworn at me, spat at me, thrown food away in front of me. We've had head office meetings at Tesco about us and they've said they want nothing to do with The Real Junk Food Project. They're a pain in the arse; they drag their knuckles. They're just fucking useless. So we don't deal with them."

Regardless of some of the struggles TRJFP has faced, the organisation has big dreams. I ask Adam where he wants to go with this. 'Feed the world. That's what we set it up to do. I have a model that's not only sustainable but also financially sustainable that

we can just give to people for free. As part of their commitment to reducing food waste in as many places as possible, they've convinced all the vans in









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Comment

Nutella Tim van Gardingen discusses whether calling a child Nutella is that had at all Libby Lane
Eleanor Dipper on how the consecration of α female bishop is α step in the right direction

Green Party

Emily Roach looks at how recent support for the Green Party still won't swing the next election No More Page 3 Phillipa Williams argues how No More Page 3 is hindering feminism rather than helping it

Is it that nutty to call a child Nutella?

Tim van Gardingen Chinese and German tim.vangardingen@gmail.com



here are plenty of names you could describe as being sweet, but Nutella takes that all to a new level. For better or for worse, however, the baby name inspired by a nutty household chocolate spread has been banned by a court in France.

The court decided that such a name would risk ridicule in the future and hence it was wrong to name the child 'Nutella'. "It is contrary to the child's interest to have a name that can only lead to teasing or disparaging thoughts," ruled the judge, but is Nutella such a bad name after all?

It is only right to think about the consequences of a name, as most people keep their first name for their whole life.

Nutella isn't exactly even the most ridiculous name when compared to some names that have been approved.

If your name happens to be something like John or Sarah, chances are you won't get the same raised eyebrows that if you were called '@' — a name rejected in China.

I don't feel, however, that 'Nutella' would be as bad as the court thinks. It cannot be denied how mean school children can be against certain names, but before school age such a name is more likely to cause confusion rather than outrage. In a school environment, you don't really need a name like Nutella to be teased. A school kid can always find something to laugh at.

Something new and strange isn't necessarily a bad thing anyway. Popular names change over time, and before we know it maybe every other new family will want to name their baby Nutella.

Nutella isn't exactly even the most ridiculous name when compared to some names that have been approved. Take for example little baby Metallica from Sweden. Even with Sweden's relatively high amount of love for heavy hitting riffs, Metallica was apparently at



first refused a passport.

Also from Sweden, is the rather impressive 'Brfxxccxxmnpcccclllmmnprxvcl-mnckssqlbb11116', which is of course pronounced 'Albin'. This name was

Tom
A name once
banned by
the Portuguese
government

decided on by parents angry at legal restrictions on names. Their protest didn't pay off however, and little Brfxxccxxmnpcccclllmmnprxvclmncks sqlbb11116 couldn't keep the name.

I'm sure most would argue that when a name reaches that level of apparent strangeness, it shouldn't be allowed, but in the end such names would most likely be modified for everyday use. Nutella would be Ella to her friends and Brfxxccxxmnpcccclllmmnprxvcl mncks-sqlbb11116 would just use Albin for convenience, just like an Anastacia might call herself Anna, or I would call myself Tim rather than Timothy.

There are then again names that despite all my protestations seem to have no hope. In New Zealand, both Talulah does the hula from Hawaii and Number 16 bus shelter were banned. Part of the name choosing process has always been about attaching some sort meaning to it: many Christians may be named after an apostle, Chinese names

It cannot be denied how mean school children can be... but such a name is more likely to cause confusion rather than outrage

usually have some beautiful meaning due to Chinese characters all having an associated meaning, and some families like to use the same name over many generations. When your name conjures up an image of waiting next to a road hoping your commuting vehicle of choice won't skip to bus stop 17, that name quite frankly isn't good for anyone, especially Number 16 bus shelter themselves.

Then there are the names which really push the boundaries. The last thing a parent should bestow on their offspring is a name which insults from day one. Lenin and Stalin have for example both been approved in India in the past. Of course, one could even argue if those names actually should be controversial, but for the sake of this article, we will say that they can be insulting names.

In the light of some of the other excitingly different names dotted about the world, Nutella doesn't really look so bad. Perhaps it is a little silly, but if you just accept it as a name, and forget it is also a delicious morning treat, you might just see that it's really quite a beautiful name, which exists beyond our own limitational definition.



Libby puts Church on a new Lane

Eleanor Dipper English and History hyl4emp@leeds.ac.uk



ost of us will have been aware of the upsurge in the feminist movement lately, led by celebrities such as Emma Watson supporting her 'this is what a feminist looks like' slogan. However, the Church of England's historical moment last Monday, consecrating the first ever female bishop, has sparked an increased awareness of the prejudice still held by religious bodies and individuals towards women.

In an ideal world, religion and feminism should be mutually inclusive. Yet religion can directly limit the progress of the feminist movement and the progression of public opinion. No members of the Catholic Church attended the service in York on Monday amid fears that their presence would suggest support for Mrs Lane's ordination. Although the Catholic Church made it clear that attendance

would not be seen in this way, the fact this fear exists at all is revealing of the prejudice still held against women in sectors of the Christian faith.

Change is always difficult, especially in religious spheres. Much as the Bible has been newly interpreted in the past, so it can be today, as both religion and the world develop. The ordination of female priests may not be in the Bible, but nor is the use of recreational drugs. Times have changed and the Bible in many respects is no longer relevant to modern life. Almost all couples

Although her consecration is a step in the right direction, the Church is by no means the forerunner of this movement

live together before marriage today despite it being strictly against biblical teachings, and this is seen by most to be acceptable. Even the Church of England does not condemn it. If this is the case then, although not in the Bible, the ordination of women can be seen in the same way.

Quite correctly, the movement

striving toward equality for women within the Church has become a huge topic of debate. Many have lauded this move as a step in the right direction. That said, Libby Lane is not the first ever female bishop - there are more than 30 Anglican bishops worldwide. Although her consecration is a huge step in the process of equality, the Church of England is by no means a forerunner of this movement. 30 worldwide is by no means a large number, showing that even today, women do not have the same chances as men. There are 7,798 full time priests in the Church of England, only 1,781 of whom are women. This huge disparity in numbers is revealing that whilst progress is being made, the destination is still a long way off.

Those within the Church of England who oppose the ordination, and subsequent further equalisation of women, forget that the Queen is the 'Supreme Governor' of the church, and is not the first to be so. Elizabeth I was supreme governor during her reign from 1558–1603. She made it clear that

women could lead and almost 500 years have passed since. This being the case, it is absurd that so many will oppose a female bishop, when their entire Church is led by a woman.

This proves the point that there is no reason why women should not be equal to men in the religious world. Whereas Catholicism preaches equality but refuses to give women the privilege of positions within the church, at least the Church of England is slowly working towards this aim. Religion and feminism should be mutually inclusive – but they aren't.

The Archbishop of York has said that 'in a few years time when more women will be bishops, I predict we shall be wondering how we ever managed without them'. It must be said, there is hope that one day these two movements will work in harmony, and women will be completely equal not just in the church but in every aspect of life. For now, the consecration of Libby Lane is another step in the right direction.

Green success doesn't mean much

Emily Roach
Politics
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he upcoming general election has opened up opportunities for smaller parties to emerge, allowing groups like the Green Party to enhance its political voice, which people are gradually beginning to listen to. This is, of course, in retaliation to the growth of extremists such as UKIP and the mundane voice of the three traditional parties. Reports have suggested that the surge in popularity has placed the Greens above both the Liberal Democrats and UKIP. Undoubtedly, this is fuelled by the lack of trust the electorate have in current parliamentary members.

They have worked hard to persuade people that they can fix the mess the UK is in

The Green Party has been slowly growing in popularity over the last decade. Their presence and hard work has only just started to pay off in the last five years. Alongside this, It is clear that UKIP have heralded a big leap in party support because of their established image and outlandish approach. However, the Green Party have used time to their advantage to advocate policies that will appeal to

the left and challenge liberal views. Their approach cannot be compared to the strict, radical manifesto of UKIP, but they have worked hard to persuade people that, from drug policy to climate change, they can fix the mess that the UK is in. Since its formation as the PEOPLE party in 1972,

43,829 The number of Green Party members as of January 2015

the Greens have only had limited success. What has changed this year? In sum, people are bored of the same old jargon that the traditional parties recycle year after year with no real results. Will change really happen this year? The fundamental question remains as to whether this rise in popularity will really make an impact in the general election, or if the excitement will manifest itself as a gain of limited seats, and their presence established as something as an oddity.

This leads onto the question of how many seats the Green Party may gain. Today, one Green Party member stands in Parliament, offering some definite reassurance that some success could be gained this year. However, the limited presence the Green Party has in British politics shows that change is slow to come about. As change is a progressive task, the success of the Green Party is questionable. Despite encouraging reports outlining that they have more members than UKIP and the Lib Dems, this really means very little in the long run. Furthermore, David Cameron has pushed for the televised debates to include the Green Party as he stated that he will not 'take part in TV debates ahead of the general election unless the Green Party is included'. However, this move needs to be taken with a pinch of

As change is a progressive task, the success of the Green Party is questionable

salt. Cameron's advocacy of the Green Party suggests that he is keen to allow smaller parties to challenge the heavy weights in politics. It is, of course, good that the inclusion of the Green Party has been recognised, yet their impact within Parliament will not be evident this year. They still need to establish themselves as a real threat that may tilt the balance of power in Parliament and not simply as an alternative.

More recently Natalie Bennett, the leader of the Green Party, has shown that her gradual success in leading the

Party has failed to duplicate itself in her interview conduct. The policies she has put in place in her manifesto have had

They need to establish themselves as a real threat that may tilt the balance of power

a devastating reaction, serving simply to solidify the image that the Green Party are not a direct or real threat to the current structure of the main political parties. Her new policies include a very left insight into their political programme, challenging the work of UKIP, but her clear stumbling over numbers and a lack of confidence expels the idea that the Green Party can be a threat in the general election this year.

The Green Party may have advanced from its humble beginnings. Yet the likelihood of an extraordinary success is nearly impossible – it is unlikely, even unspeakable, that the Greens will be a threat to the three traditional parties and UKIP. Only time will tell if the Green Party really can achieve anything in the long run.



No More Page 3: a hindrance or a help?

Phillipa Williams English and History phillipawilliams1@gmail.com



am the first to jump on the feminist bandwagon whenever possible, but when a few weeks ago the Sun supposedly 'banned' Page 3 for just a few days, I wasn't celebrating a victory over the patriarchy with the rest of the sisterhood; in fact, I was a bit dubious.

The 'No More Page 3' campaign has been a bit of a hypocritical mess from the start. There are a plethora of reasons as to why creating such a furore to get some tits out of a newspaper is farcical; not least because, especially as part of a movement that prides itself on it being 'inclusive', the campaign is alienating models that have chosen this line of work – some of whom may even find it liberating. Middle-class feminism,

...the Sun is not only not worth the paper it's printed on, but exposes us to far worse than a bit of nipple on a daily basis

however, can't seem to see past the fact that there are women who want to, and enjoy, baring their bodies for money. Sex work isn't a newfangled thing in all of its many, many forms; but No More Page 3 seems to scream that sex workers are an obstacle to that coveted gender equality, the Holy Grail that all feminists seek. In attempting to stop men ogling pictures of young, busty girls, all that is being done is simply taking away the liberty of those women to do what they want with their bodies. Trying to free women from the constraints of the patriarchy is only putting them under the constraints of something else - and sadly that something is feminism itself.

It has become fashionable to be on

board with anti-slut shaming, which, obviously, is great – women's actions, mode of dress or attitude towards sex should never lead to them being branded a 'slut'. Of course though, this means that instead of telling women not to get their breasts out at all, modern feminism simply dictates when and where it is appropriate to bear all. We're allowed to in the name of 'normalising the nipple'; we're allowed to if it means giving a big 'fuck you' to the patriarchy. But whack your boobs out and expect to make a career out of it? Don't be ridiculous.

Not only that, but the fact that the Sun is the centre of this debate is incredibly grating. 'We can't possibly have that sort of thing in a national newspaper!' the masses bewail. The horror of being exposed to such vulgarity as (gasp) human nudity pales in comparison to the fact that the Sun is not only not worth the paper it's printed on, but exposes us to far worse than a bit of nipple on a daily basis. Not just misogyny, but xenophobia, homophobia,

...the Sun is not only not worth the paper it's printed on, but exposes us to far worse than a bit of nipple on a daily basis

transphobia, racism, ableism, as well as making up lies about those on state welfare and with mental health issues. Has the Hillsborough scandal been forgotten about now? There are a multitude of reasons as to why the Sun is a disgusting, crass, oppressive publication with no credibility, but by targeting the naked ladies who choose to be there, the campaign is implying that

the bare female form is the problem.

Modern feminism has taken a turn that I'm not sure I like. I dislike how it's becoming something in which a list of criteria have to be fulfilled, otherwise you risk being thrown out of the feminist club, and left to brave the patriarchy alone. It's an incredibly fluid and subjective thing, and that is the beauty of it. Feminism means dramatically different things for everybody that identifies with the cause and just because these ideas may not necessarily always match up doesn't then make it open to attack and belittlement. For these models, and other sex workers, their interpretation of feminism might be the liberation of taking off their clothes for all to see and it's not for anybody else to tell them to



The story of sexism on Page 3

Page 3 feature first published

Official Page 3 website launched by The Sun No More Page 3 campaign is launched by Lucy-Anne Holmes The Sun supposedly carries final Page 3 feature

Page 3 returns and the campaign resumes

17 November 1970 June 1999 August 2012

16 January 2015 22 January

The Big Debate

Is the backlash against Benedict Cumberbatch justified?

I think as far as coloured actors go it gets really difficult in the UK, and a lot of my friends have had more opportunities here (in the US) than in the UK and that's something that needs to change.

-Benedict Cumberbatch



YES

While it is clear from the context of Benedict Cumberbatch's interview on the Travis Smiley show that his racial slip up was not intentionally malicious, the backlash from his use of the term 'coloured' is still a necessary reaction. The comment caused clear discontent. As a public figure, Cumberbatch is in a position of power; with just under twenty-five thousand followers on Twitter, what he says and how he says it are of great significance. People are influenced by him and therefore the nature of his job requires him to be very careful with his words.

Even though he was speaking in defense of British black actors regarding the limited opportunities they receive in the film industry, his offhand comment should be recognised for what it is. As an educated man of thirty-eight, this sort of 'slip up' cannot be justified by unawareness or the classic cliché of age-old ignorance. Having starred in the historical drama film *Twelve Years a Slave*, Cumberbatch should be even more sensitive as to what terms are appropriate to say, especially in the context of an interview in which he is arguing for the progression of black actors.

Although some may view the backlash towards Cumberbatch as nothing but a quibble over semantics, this attention to detail is significant in a modern multicultural society. Knowing what is offensive and acceptable is the duty of every person when describing

always pertinent to pay close attention

somebody's race, gender, religion or sexuality. It is only by this kind of close consideration that we can ensure the respect of others, and should not be a matter taken lightly or dismissed as 'political correctness gone mad'. Even though many have come forward in defense of Cumberbatch, such as black actor David Oyelowo, and Guardian journalist Hugh Muir who stated: "Benedict Cumberbatch didn't cause me to press my outrage button", the fact remains that although some were not offended, others have been and therefore

opinions.

Though not a direct racial slur the term 'coloured' has carried perjorative meanings for years and its usage should

reserve the right to air their feelings and

therefore be refrained from, when it clearly still causes upset in the general public. Backlash does not occur without cause and although Cumberbatch has publicly apologised for his use of 'outmoded terminology', offence has been taken.

However, given the circumstances of the event and the sincerity of Cumberbatch's apology, it is evident that the Sherlock actor made a genuine mistake when speaking with good intentions. Instead of focusing solely on Cumberbatch, his error should perhaps serve as an example of society's need as a whole to become more attentive towards the feelings of others, in order to promote political correctness.

Olivia Nwabali

NO

Benedict Cumberbatch put his foot in his mouth last week and utter chaos ensued. Cumberbatch, a successful and respected actor, used the word 'coloured' rather than 'black'. News of the unfortunate gaffe was reported on all platforms; some enlisting the tiresome '-gate' for ludicrous measure.

Cumberbatch swiftly released a sincere apology for the deep offence caused and subsequently launched a fresh round of press to salve the internet's fury. Should Cumberbatch have apologised for offence caused? Yes. The term 'coloured' is outdated and along with the likes of 'half-caste' simply seems incongruous with today's society. Was the outrage fitting for the crime? No. While it's ironic that Cumberbatch used a colonialist term when highlighting the disparity in roles for black British actors and actresses in the U.K, and while it is

to detail, excessively doing so can serve as an obstacle in allowing us to engage with the main issue. Antiquated terminology aside, Cumberbatch has made a valid and crucial point that has seemingly been overlooked. The majority of Britain's leading black actors have indeed received their starring roles across the Atlantic. David Oyewolo was limited to minor roles on British television before joining blockbusters that include Lincoln and The Butler. Oyewolo is now the star of Ava DuVernay's Oscar nominated Selma. Chiwetel Ejiofor, although a vaguely familiar face, only met international acclaim in 2013 when he starred as Solomon Northup in Twelve Years A

Slave. Ejiofor is now filming four films

due for release this year. Idris Elba, a

beloved figure on British television, is

widely known for BBC One's *Luther* but has been impressing American audiences since 2002 with his role in HBO's *The Wire*. Elba's participation in huge

Hollywood productions such as *Takers*, *Prometheus* and *Thor* will have certainly influenced his attainment of the coveted lead role in the biopic *Mandela: Long Walk to Freedom*.

David Harewood frequently addresses the bleak opportunities for black British actors on their home turf and maintains that even after his success in the critically acclaimed Homeland he struggles with substantial work in the

The danger with simply shouting down those who speak up is that we restrict the discourse that is necessary to change the circumstances concerning race and its relationship with opportunity and success. Cumberbatch is an actor whose

words, as this last week has certainly proved, are relayed to a wide audience. His public lambasting over the poor choice of wording that formed a true statement of good intention will only serve as a deterrent against others speaking out. Black actors and actresses have long stressed the disadvantages they face in the entertainment industry. While always ensuring that their experiences are shared, the addition of the voices of their white counterparts calling for change can only be a good thing. If all are championing the ideal of diversification, whether on screen or behind the scenes, then the outcome is something unified, resounding and far harder to disregard. In light of this years' Oscar nominations, it is more necessary than ever.





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INSPIRING MINDS









Technology and Terrorism: Is our cyber world safe from prying eyes?

Holly Edwards

Computers and the internet have become so ingrained in our lives that many of us have become ambivalent to the security threats that surround this technology. To many, security is that annoying pop-up that appears at the bottom of your screen, reminding you that you haven't renewed your anti-virus software. But would people be so quick to cancel this message if instead it said 'cyber-terrorism is here and here to stay'? Although the individual can avoid this question, for governments and large corporations, it is not so easy to ignore.

The highly publicized attack on Sony Pictures is the most recent reminder of this. On 24 November 2014 personal information emails between employees, executive salary figures and copies of previously unreleased films were stolen. The hackers demanded the cancellation of the release of *The Interview*, a film starring James Franco and Seth Rogan plotting to kill the North Korean leader Kim Jong-un. The US claim that these attacks came from North Korea, the mysterious, shielded dictatorship that only makes its intentions known behind a keyboard.

Whilst early cyber-crime did involve breaches of security for individuals and governments, the attacks could be seen more as experiments by curious hackers. This did not lessen their effect though. ILOVEYOU, a computer worm in 2000, attacked tens of millions of Windows computers while masquerading as a love letter

However, it was not until the late 2000s that cyber-crime really started to be more recognisable as cyber-terrorism. One of the most worrying developments was the creation of the world's first digital weapon, Stuxnet. Whereas previous cyber-crimes relied on hijacking

target computers or stealing information, Stuxnet could actually cause physical destruction to equipment that computers controlled. This could be anything from machine factory assembly lines to amusement rides to centrifuges in nuclear facilities. Although these computers are air-gapped - meaning they do not have any connection to the internet - hackers spread the infection through USB flash drives in outside companies, which are connected to the target computers. So far the attacks seem to be focussed on Iranian nuclear facilities, with reports of one fifth of their centrifuges being destroyed in this

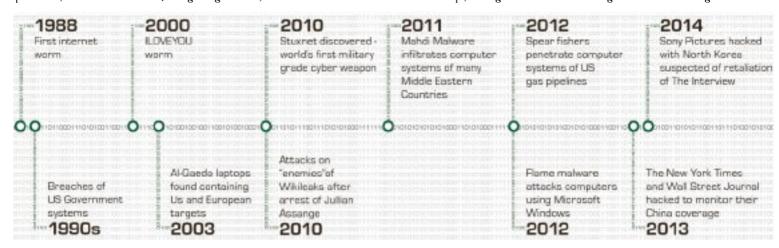
It is not only direct cyberattacks that are a concern. Terrorist organisations may be able to gain access to maps, schematics and various other sources of data that help in gathering information on potential targets. It is a platform for fundraising, whether through legal or illegal means, and can be a key tool in the communication and networking between terrorist groups and individuals. It has also been recognised as a tool for recruiting terrorists.

It is not all bad news. Terrorist groups being so visible on the internet can allow for more effective monitoring by governments. Different schemes are seen across different countries which screen and censor sensitive information on websites, forums and blogs. In the UK the Government has implemented the Prevent Strategy, which aims to challenge extremist ideas and terrorist activities. Of course this is not a foolproof system and it also brings up wider issues with privacy and freedom of speech.

Whilst efforts clearly need to be made to suppress terrorist activity, this should not mean taking away the rights of anyone to have their own



ideals. Recent controversy surrounding Green Party leader Natalie Bennett – who stated that it should not be a crime to simply belong to a terrorist organisation, as long as no there is no aiding or abetting of criminal acts by the individual – highlights the issue of governments interfering with the



rights of individuals to free speech.

The internet should be a place for free speech as long as it is not causing harm to people; taking that away is only likely to lead to more anger and more acts of terrorism.

A way that the internet is being

return and execute terrorist activities on home soil. But through tracking and engaging with foreign fighters, the researchers at Kings College have been able to determine the motivations for such trips. It was found that the West being at war with Islam was not

[The internet] has created a world that is much more open, with information allowing us to expand our minds, connect with people and waste time on *Sporcle*

used effectively in the fight against terrorism is through research, which uses social media as a base for information. Researchers from Kings College London, led by Peter Neumann, used social media to understand the motivations for foreign fighters travelling to Syria and Iraq. It is thought that in total 20,700 people have gone to these countries as foreign fighters, with one fifth coming from Western countries. Governments are concerned that these fighters may

a strong reason for foreign fighters to go to Syria and Iraq, although there is evidence that this could be changing.

The research has also provided evidence that the significance of the internet and social media in recruiting people to become foreign fighters has been overstated. It was found that the most influential accounts on Twitter were in fact from so called 'cheerleaders' who are not based in Syria and Iraq and are not associated with ISIS. It was



actually found that foreign fighters tend to arrive in clusters from the same areas and face-to-face recruitment seems to have the biggest impact.

There is no clear-cut answer to whether computer technology is helping or hindering terrorists, but the evidence seems to point towards the former. This does not mean that the internet should become a place of fear. It has created a world that is much more open, with information allowing us to expand our minds, connect with people in previously

unimaginable ways and make our lives just that little bit easier, as well as allowing us to waste time on *Candy Crush* and *Sporcle*.

The nature of terrorism is changing and we should be aware of that and take action to minimise its impact. We must also be cautious of overstating risks and overlooking the benefits of the technologically advanced world we live in. To put it simply, it might be a good idea to renew that anti-virus software.

Unboiling an egg? You must be yolking

Sam McMaster Alice Hargreaves Jones

There was a lot of hype about unboiling eggs last week. Yes, scientists have indeed discovered how to unboil an egg and it definitely more useful than just being a party trick. This feat would surely net the team who discovered it an Ig Nobel Prize, if it weren't for the fact that this new technique could allow accelerated progress in cancer research.

Eggs constitute about 90% water and 10% protein. Amino acids that form the proteins bond together and capture water, giving raw eggs their gloopy appearance.

When an egg is cooked, the protein molecules unravel themselves, link up and get tangled like unspooled fishing line, turning solid as the water is forced out. In order to 'uncook' the egg, you need to detach the protein molecules from each other and if possible refold them to their original shape.

Hervé This, French chemist and molecular gastronomy giant (inspiration to Heston Blumenthal himself) was the first to discover a method of unboiling an egg. This guy is the closest thing we have to a mad scientist, a quick Google search is strongly advised. He found that by adding a product like sodium borohydride to a cooked egg, the egg becomes liquid within three hours as the proteins

become detached. For those who want to try it at home, vitamin C also does the trick. This method changes the bonding patterns of the proteins and they don't function or fold as they did before.

This is, however, quite different to the method recently discovered by a group of technical eggsperts at the University of California, Irvine, the University of Western Australia, and Flinders University.

They boiled an egg at 90°C for 20 minutes to make sure the proteins were tangled beyond recognition. Following this, urea (a main component of urine) was added to the cooked albumen in the hope of restoring lysozyme, a key protein in the albumen. As the urea begun to break the proteins apart, the mixture was spun at high speed in a vortex fluid device. This device (essentially a very expensive and very fancy blender) imparts a shear stress, which further untangles the amino acids.

It was found that when the lyso-zyme proteins where spun in this way, they stretched to the point where they snapped back into their original form, restoring 85% of their original activity through mechanical stress.

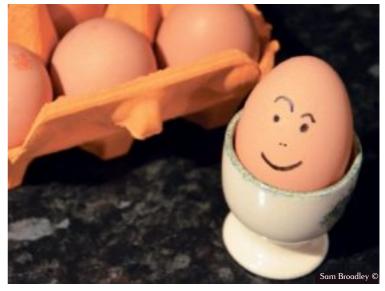
The finished result unfortunately doesn't much resemble the original egg at all. 'It's extremely unimpressive,' says chemist Greg Weiss at the University of California, Irvine. Like, 'here's the tube

with some liquid on the bottom.'

But Weiss and his team weren't doing this just for fun. They wanted to unboil an egg to solve a larger question in science: How do you quickly refold an unfolded protein? Their study appeared in January in the journal ChemBioChem.

UCI have filed a patent for this technique that could allow cancer research to be carried out more easily and cheaply. Gummy proteins formed when preparing batches of proteins, such as antibodies

that detect cancer, can be cleaned easily from test tubes with this new technique, making lab work easier everywhere. This will allow the cancer detecting antibodies to be formed using yeast or E.coli bacteria instead of the current expensive method which uses hamster ovary cells (the proteins in these cells are less likely to misfold). Industrial cheese makers could benefit from cost savings too as they work with bacteria and proteins – meaning cheaper cheese for the masses.





2015: What not to miss



Tennis - Alex Bowmer

It seems unlikely that the drama of 2014 will be replicated this season, but one positive for British tennis fans is the return to form of Andy Murray. Despite ultimately capitulating in the Australian Open final against Djokovic, he reached the final of a Major for the first time since ending his Wimbledon hoodoo in July 2013. Great Britain's Davis Cup team also have a tie against the United States to look forward to, and they can feel optimistic about their chances, as they beat the Red, White and Blue 3-1 last year on the clay at Petco Park, San Diego.

On the women's side, Heather Watson is very much flying the flag for Britain. She began the year with a bang at the Hobart International, defeating Sloane Stephens and Roberta Vinci along the way, as she romped to the title. At 22, she still has plenty of time on her side. Watson was part of a Fed Cup team that

lost to Turkey in a recent Fed Cup qualifier. However, they can still progress to the tournament proper if they beat Ukraine. Despite the lack of Grand Slam-winning potential, there is still much



Boxing - Peter White

2015 promises to be another stellar year for British boxing with a plethora of mouth-watering match-ups scheduled for the months ahead. Carl Froch vacated his IBF super-middleweight belt as recently as Tuesday and negotiations are already taking place for James DeGale to fight Andre Dirrell for the title in April.

Tyson Fury is scheduled to fight Christian Hammer in London later this month and could have a crack at Wladimir Klitschko's WBO crown before the end of the year if he is victorious, while Anthony Joshua is set to fight in April after being forced to pull out of his January bout with Kevin Johnson because of a back

Elsewhere, Bolton fighter Amir Khan is hopeful of a blockbuster battle with Philippine great \dot{M} anny Pacquiao sometime in 2015, yet the likelihood of that

fixture may depend on whether Pacquiao manages to arrange a fight with fiveweight world champion Floyd Mayweather. The would certainly

two all-time greats were seen exchanging details at a basketball game in January and a match-up between the fighters whet the appetite of the boxing world.

Formula 1 - Tom Moore

Unusually in Formula One, the 2014 season was dominated more by events off the track than on it. The brutal way in which Mercedes dominated the season was perhaps overshadowed by the merry-go-round of 'who's in charge of Ferrari?' and the loss of both Marussia and Caterham from the 2015 grid.

For 2015, on track, Formula One is likely to be just as chaotic as it was off it last season. After eight years, Honda returns to the sport, re-launching one of the most successful partnerships in the modern era with McLaren. Renault and Ferrari too have made considerable progress, with all manufacturers expecting an increase in performance accounting to whole seconds rather than tenths. For 2015 then, the grid should be closer than ever.

The off-season has seen some big moves too amongst the drivers, as Fernando Alonso joins Button at McLaren, whilst Vettel takes his place at Ferrari. Further down the field, rookie's Max Verstappen and Felipe Nasr will look to shake up the midfield having been signed to Toro Rosso and Sauber respectively. With such a contrast between the driving styles of F1's old guard, and the hungry rookies desperate to take their first scalp; an exciting season awaits.





about

Football - Nancy Gillen

2015 is set to be an intriguing and thrilling year for football fans. Despite no senior men's football tournament taking place, England fans still have the Women's World Cup and the U21 Euros to enjoy. The England women's team will travel to Canada having won all 10 of their qualifying games and only conceded once. Though not favourites to win the competition, new coach Mark Sampson has injected creativity and dynamism into the team, and it is expected that the Three Lions will give a good showing.

The story is similar for the U21 Euros. The English enjoyed an unbeaten qualifying campaign, and the potential inclusion of senior team players such as Alex Oxlade Chamberlain and Raheem Sterling gives much hope for victory. Aside from these international tournaments, expect thrilling climaxes to domestic competitions, including the Premier League and the FA Cup, with the latter already offering up an extraordinary number of upsets and giant–killings. The Champions League Final will be a highlight of the footballing calender as always, with Europe's finest battling it out in Berlin.



Rugby Union - Clare O'Leary

The Rugby Union World Cup will undoubtedly be one of the jewels in the 2015 sporting crown. Kicking off in September, it is hoped that the media coverage surrounding captain Chris Robshaw's team will be more positive than it was in 2011.

Previous World Cup controversies on the pitch (swapping balls during play), and off the pitch (banter, boozing and bungee jumping) will hopefully give way to skillful play, focus and direction in 2015. This is not only hoped for but expected – and with good reason. With some talented players set to make their England World Cup debuts, including the motoring force of 21 year-old fly-half George Ford, competing alongside more experienced heads under the praised leadership of coach Stuart Lancaster, could this be the recipe for World Cup success?

Cricket - Euan Cunningham

2015 promises to be an action-packed, tense, edge-of-the-seat and hopefully memorable year for cricket fans

Having already played their part in an entertaining ODI tri–series between themselves, India and Australia, England are now just a week away from one of cricket's

biggest tournaments: the ODI World Cup. Held in Australia and New Zealand this year, the competition gives the Three Lions a chance to see how far their limited-overs side has progressed since Alastair Cook was relieved of his duties as captain around three months ago.

Realistically, England are not expected to win the World Cup, or get to the final, but improved performances will be vital in getting a slightly-disillusioned public back on side.

In the summer comes the main event – the Ashes. As usual, the five Test series will grasp the attention of the nation, and although England probably go into the series as slight underdogs, as we've learned many times over the years when it comes to England v Australia, anything can happen.



Golf - Adam LeRoux

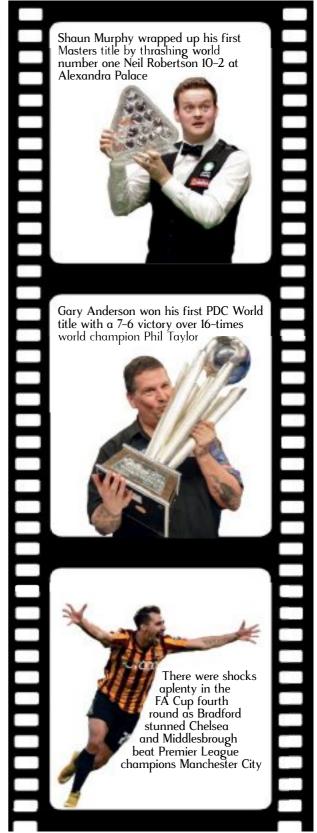
2015 has the potential to be a cracking year for golf, with Rory McIlroy leading the way and a whole lot of contenders for his number one crown.

The Northern Irish star will have his eyes set on yet more Majors this year after winning both The Open and The PGA Championship in 2014.

Whilst Mcllroy will be hoping to continue his success, former world number one Tiger Woods will be trying to make his way back into the elite of the sport. If Tiger manages an injury free season there is no reason why he can't be back challenging with golf's elite.

With balls flying further than ever before golf is becoming more of a spectacle all the time, rather than a spoiled good walk as many used to see it. The inclusion of the sport in the Rio Olympics of 2016 shows just how popular it is becoming, and the all-new Olympics rankings coming into play this year there is all the more to play for in the 2015 season.

While you were away...



Stage set for Six Nations spectacle

Chris Chadburn Rugby Union

There are few arenas more spectacular or intimidating than Cardiff's Millennium Stadium on a wintery Friday night, but such a colosseum of noise, passion and hostility is what awaits an injury-stricken England in the 2015 Six Nations opener.

Stuart Lancaster's men return to the scene of their grand slam humiliation in 2013 with no fewer than 11 potential starters out injured. They are fully aware that victory is more an expectation than an ambition, especially if they wish to maintain aspirations of a home World Cup victory in only eight months' time.

England came through a tough autumn to finish convincingly against Samoa and Australia and should begin this tournament in high spirits knowing that a depleted squad competed valiantly against the world's best. Wales, meanwhile, will undoubtedly have renewed belief having finally ended their 22 match wait for a win against the southern hemisphere big three.

Many will argue over Adam Jones' omission, but tight-head prop aside, Wales potentially field their strongest line up for years; a privilege not extended to Stuart Lancaster, who will have to hope George Ford and company can replicate the power and precision of the Australia match back in November. With this in mind, anything but a Welsh victory, at home, on Friday, seems not impossible, but at least improbable.

Defending champions Ireland begin their defence with a tough looking visit to Rome, the first time they do so in the recent era without talisman and all-time leading Six Nations try scorer, Brian O'Driscoll. The visitors will also have to cope without fly half Jonny Sexton and prop Cian Healy, both were instrumental in autumn victories over South Africa and Australia.

The consistently strong Italian pack, heroically lead by skipper Sergio Parisse, will have to be as resolute as ever to compete well in this opener, but without the creative magic of Sexton and BOD, the Italians may fancy their chances of keeping Ireland quiet in Rome.

Vern Cotter's new expansive brand of rugby seems to have caught on and brought renewed optimism and adventure to what not long ago appeared a lackluster era of Scottish rugby. Their trip to Paris on Saturday is about as unpredictable as it's possible to imagine. Given the resources and players at the disposal of Philippe Saint Andre, his ability to consistently create cocktails of underperforming, out of position or unheard of team sheets is genuinely remarkable.

Abject, spineless, ruthless and dazzling are all reasonable adjectives to describe what we can expect from the French against Scotland, and as impolite as it would be to discount Scotland's contribution, the result will probably be determined by which adjective best encompasses France's performance.

The next two months of rugby will give a fascinating indication of what to expect in the world cup as well as bringing the usual drama and exhilaration the Six Nations always delivers



Super League sparks back into life

Charlotte Stones Rugby League

Super League is back for a new season that promises to be more competitive than ever. Changes to the structure of the top two divisions by the Rugby Football League will see teams fight for a place in the Super League and avoid relegation.

The new 12–team top–tier will
now play for a place in the top
eight, with the so–called
Super Eights winning a
guaranteed place in
the Super League
next year. The

remaining
four
teams will then
face the four leading
Championship teams in the
play-offs to decide who will be
promoted to the Super League,
and who will be relegated. The
winner of the overall title will
be decided by a round-robin
format involving the Super
Eights, before the top four
teams progress to the semi-

finals, followed by the final.

The new season kicked off last night, as Widnes Vikings hosted Wigan Warriors, who were beaten by St Helens in last year's dramatic Super League Grand Final. Wigan prop Ben Flower will miss the first 10 league games as part of his six-month ban for punching St Helens' Lance Hohaia in the opening minutes of the game. The Saints ultimately won that match and will be looking for yet another triumph under new captain Jon Wilkin.

After finishing third last season, Huddersfield Giants will have their sights set on the top spot this time around. They lost fewer games than any other team and under the new Super League rules,

they could come even closer to winning the title. Castleford Tigers had their best ever season last year, finishing fourth

reaching the final of the Challenge Cup. Having lost key players Jamie Ellis and Daryl Clark to the Giants and Warrington Wolves respectively, Cas will need to work hard to replicate last season's achievements.

Castleford's loss of Man of Steel Daryl Clark will give Warrington a much-needed confidence boost for the season ahead, and the Wolves' all-international front-row should ensure improved results after a disappointing season last year.

Leeds Rhinos failed to reach the Super League Grand Final after finishing sixth in the league, but it may be a blessing in disguise for the Challenge Cup winners, as they have had a longer preseason following their unusually early finish to the season

Although the Super League elite may favour this season's new rules, the threat of relegation means that the bottom half of the table must get off to a strong start to the season to avoid the trapdoor. Catalans Dragons were tipped to be relegation favourites at the start of last season after a series of losses, and with just 23 games this season, as opposed to the previous format of 27, the Dragons have less room for error.

Both Hull Kingston Rovers and neighbours Hull FC will hope for a better season than last year, and the last season's poor performances have encouraged both sides to bolster their squads over the break.

Salford Red Devils failed to deliver on their tip as the dark horses of last season, finishing

10th, whilst Wakefield
Wildcats once again
struggled to make
an improvement,
narrowly avoiding
relegation. Despite
a host of newlysigned players giving
hope to teams in the
bottom half of last season's
table, many of them will
be sweating over their
Super League status under
the new format.



Uni prove a fourth to be reckoned with

Sarah Norman Ultimate Frisbee

Last weekend saw Leeds Ultimate Frisbee Women's first team battle it out to take fourth place at Women's Indoor Nationals. With BUCS points being awarded for the first time at this tournament, everything was to play for.

In Saturday's pool games the women fought hard, comfortably winning their first three games against Aberdeen, Portsmouth and Cardiff. Their final pool game against UCL was one of the team's first tests. In an intense game the team fought back from four points down to equalise by the buzzer, leading to a sudden-death point. Claire Taylor showed her skill with the disc in a pitch-length throw to Amelia Kenneth in order to score the winning point. This meant that Leeds had topped their pool after day one; an unsurprising result given that back in November the team were regional winners for the third year running.

The team had a tough start on Sunday as they faced Birmingham at 9am. Birmingham's men's team won the Nationals earlier this year, and their women's team qualified first in their region – so a close game was in store. Despite a number of Leeds ultimate players turning up to support the team on the side-line, Birmingham managed to go up by a break to win 6-4. Despite this knock in confidence, the women demonstrated their determination and skill by winning their next two games, 10-3 against Oxford and 6-5 against Newcastle.

These wins took them to the semi-final against Loughborough. Having already beaten Loughborough twice this season at regional level, the side knew they would come out fighting. The offensive and defensive quality of both teams was shown by the constant trading of points until the buzzer when the score was 6–6, leading to another sudden death point. Loughborough, who went on the win the tournament, managed to squeeze the disc past the strong Uni defence to score the winning point.

Leeds' final game of the tournament was a rematch with Edinburgh for third and fourth place. Despite the disappointment at losing to Loughborough, the girl's eyes were on their last chance for medals. Once again they found themselves very evenly matched and the game was decided by another tense sudden-death point,

which Edinburgh took to claim third place.

Despite aiming higher, the team can be extremely proud of their fourth place finish, which demonstrates their individual talent as well as excellent team chemistry. Captain and Great Britain under-23 player Alice Beeching reflected on the weekend, 'every member of the team brought a new level of intensity to their game, showing their skill and determination, which will surely lead to podium finishes later in the season.'



Leeds go the distance

Richard Powell Cross Country

Leeds went into BUCS cross country in high spirits following their convincing Varsity victory against Beckett last time out. Strong performances from Susan Partridge and Joe Steward proved decisive as they claimed the first point of the 2015 Varsity series.

Brighton took centre stage in hosting BUCS cross country 2015 as conditions were hilly, windy and cold, but Leeds men's A, women's A and men's B team did extremely well.

The men's A race was first to kick off. Gordon Benson was the first Leeds student home, in a fantastic 12th place. Next up was Ben Marriott who paced his race to perfection to come through the field very strongly to finish in 36th. Third was Richard Powell, who after finishing third in the North of England championships recently was clearly running with confidence coming home in 44th position. Following were Patrick Vis (55th), Linton Taylor (94th) and Josh Woodcock-Shaw (102nd) which saw the men's A team finish 5th overall. A great achievement, and with nobody leaving next year a medal is a distinct possibility.

Next was the women's race. Fresher

Georgia Malir had a fantastic run, and finished in 17th position, a stunning achievement for a first year student. Triathlete Zara Knappy was next in for Leeds, finishing strong in 69th with Emma Beckwith close behind in 79th. The trio placed the women's team in a very respectable position of 12th. Other stand out performances were Sophie Lee (117th) Beth Garland (142nd) and Zoe Hewitson (177th).

During the men's B race, Phil Sesemann gave a great account of himself placing himself in the top five, but tired towards the end of the race, finishing 10th. Considering his long term injury, this was a good result. An injuryfree year for Phil and a top 20 finish in the A race beckons next year. Fresher Nathan Marsh had an unbelievable race to finish 12th, showing potential to be in Leeds A team in future years. Unsung run of the weekend was by Joe Kilgour finishing in 32nd, a much improving Joe can cause the selectors for the A team a real headache for next year. Tom Eames finished off the B team in 45th position. The B team finished in sixth overall, the highest Leeds has finished for eight years. An overall fantastic performance from Leeds rounded off the cross country season.

Carnegie crush Celtics

Nick Knight American Football Leeds Uni 0 – 55 Leeds Beckett

The annual American Football Varsity game between Leeds University Celtics and Leeds Becket Carnegie was close to not being played this weekend as Weetwood sports facility wanted to protect the pitch. Thankfully another venue was found to host the game, and the match went ahead at West Park Leeds Rugby Club.

Carnegie won the coin toss and elected to receive the kick off. On the first play of their first possession, however, the Carnegie running back fumbled the football and it was recovered by the Celtics' defence, putting the offense into the game with good field position. After getting a first down, the Celtics were unable to muster anything more and were forced to punt the ball.

Neither offense got near their opponent's end-zone for much of the first half. Carnegie were undone by their own over aggressiveness, having several big plays called back for penalties. The Celtics' defence looked as strong as it had done all season, safeties Mike Bridle and Ben Smith each securing turnovers with a fumble recovery and interception respectively. The first points of the

game came towards the end of the first quarter, with the Celtics' offense backed up towards their own goal line, Carnegie got into the backfield and brought down the ball carrier in the end zone for a safety, making it 2–0 to Carnegie. Two more touchdowns followed towards the end of the second quarter to make the score 16–0 at half time.

In the second half the Celtics' defence suffered from injuries to defensive end Lewis Broadhurst, linebacker Toby Richardson and safety Ben Smith, and the solid defence from the first half was no more. Carnegie were able to run the ball more effectively, and racked up several more touchdowns. The story of the Celtics' offence was the same as it has been all season, able to pick up first downs from running back Oscar Taherbeigi and nice option running and short passes from quarter back Adam Smith, but unable to keep a drive going into the end zone.

The afternoon ended with the final score 55–0 to Carnegie. Carnegie stay undefeated for the season, with a final day showdown against the Hallam Warriors for the division title. The Celtics on the other hand are left hunting for their first win of the season, which they will hope to achieve this Sunday away to York Centurions.





Underdogs come back to cause upset

Daniel Nixon Women's Hockey Leeds Uni 4s 1-2 Leeds Uni 5s

On an icy Wednesday afternoon at Weetwood, the Leeds hockey 4s lined up to face the Leeds 5s in what could only be described as an internal grudge match with tension between the two sides evident even before the match had got underway. The 4s sat comfortably in 3rd place in the Northern 4B division, while the 5s were placed bottom with just one point, and fighting for survival.

This wasn't reflected in the opening stages though, as the 5s looked to prove a point to their higher ranked opposition, and the underdogs could have counted themselves unlucky not to take the lead

Stats
Leeds 4s
4 Shots on Target 12
5 Shots off Target 8
3 Long Corners 2
2 Short Corners 3

following a flurry of attacks within the opening 10 minutes.

Before long, more 5th team pressure resulted in the game's first short corner. As the ball was swept into the box it fell perfectly to an attacker five yards out who stroked home comfortably, only for the goal to be disallowed. This scare woke the 4th team up and in a rare attack Anna Knight took a quick free-hit, powered into the box, and tucked the chance away to give the favourites an undeserved lead in the 15th minute.

After a calm spell of the match it was again time for the 5th team to crank up the pressure. Shot after shot peppered the 4th team's goal but there was no luck. However, after a period of sustained pressure, Hannah Cowie stepped up in

the right place at the right time to tap home from a couple of yards out and get that all important equaliser.

The opening stages of the second half looked relatively even, but frantic, with a couple of good moves coming from both teams. Caitlin Tiemessen saw an opening from range and powered a

shot across goal and into the bottom corner giving the 5s a vital goal to take the score to 2-1.

The match began to take a competitive turn with some aggressive challenges leaving a handful of players on the deck. This got the 4th team fired up as they searched for the equalising goal to save their blushes. Attack after attack came at the 5th team defence but they held strong and stopped everything that came at them. In the final stages,

a 4th team shot came flying off the left hand post but this was unfortunately the closest they could come to finding a second goal.

Understandably, there were plenty of happy faces in the 5th team camp at the final whistle, but the 4s will want to put this result behind them when they take on Newcastle away next week as they hunt for possible promotion from the division



Feisty encounter ends in thrashing

Peter White Men's Hockey Leeds Uni 2s 1-7 Northumbria 1s

The Leeds Uni men's 2s endured a torrid second half against Northumbria on Wednesday as they suffered a heavy defeat in a game that was a lot closer than the score line suggests.

The home side were in a confident mood prior to kick-off after October's reverse fixture had produced a 4-4 thriller and a similar encounter looked on the cards from the first whistle.

The game began at blistering pace and a number of bruising tackles were

exchanged as both teams looked to gain the ascendency. Northumbria enjoyed lots of possession but it was Leeds who carved out the first real opening with Tom Grieg firing just over from close range.

The opportunity seemingly brought the Gryphons to life and the game's first short corner was soon followed by the game's first goal as Grieg made no mistake with his second chance of the match after eight minutes.

Leeds continued to press after the goal and came close to doubling their lead, yet they were quickly reminded of the threat that their opponents possessed and some solid, last-ditch defending from Alec Jackson was required to keep Northumbria at bay. However, the away side were awarded a soft penalty flick which was successfully converted to even up the game, before they scored their second goal in quick succession following a well-worked short corner.

Despite the blow, the Gryphons were not ready to lie down and the game remained a feisty affair which soon saw the first green card being awarded. Gareth Wright was pulling the strings in the middle of the park as the home side looked for an equaliser but Northumbria proved to be more clinical as they extended their lead to 3-1 against the run of play just seconds before half-time.

Leeds came out fighting after the break and the game was certainly anyone's for the taking

anyone's for the taking. Robbie Hollis was dependable in goal when he was called upon to avert danger in the shooting circle, while at the other end the Gryphons had plenty of possession but just couldn't get the breakthrough they needed to reduce the deficit. It was starting to feel like it just wasn't going to

be Leeds' day and this was epitomised when Northumbria undeservedly extended their advantage 10 minutes from time following a short corner.

The away side were soon awarded their second penalty flick of the day following sloppy play at the back and Northumbria's fifth goal proved to be the catalyst for a crazy last few minutes in which the away side snatched a sixth and then a seventh.

Two Leeds players were awarded yellow cards in the second period as frustration began to boil over and it was clearly a disappointing result for the home side who had fancied their chances before kick-off. Despite the sixgoal deficit, the victory could certainly have been Leeds' on another day and they will be looking to put the defeat behind them as they now focus on next week's clash away against York Is.

Peter White ©

Leeds	Stats	Northumbria
8	Shots on Target	13
5	Shots off Target	3
5	Long Corners	4
3	Short Corners	6

Free-scoring Leeds make a splash to sink St Andrews



Alex Bowmer Men's Water Polo Leeds Uni 1s 31-7 St Andrews 1s

Leeds put clear water between themselves and St. Andrews with a consummate display on Wednesday afternoon. Owing to a mix-up in communication, the women's team thought they were playing, leading to a hasty switchover. However, this seemed to have no effect on the men's side, who quickly got into their stride with two goals in the opening few minutes.

Leeds' ability to keep possession meant they expanded little energy compared to their opponents, and even when they lost the ball, the Gryphons were able to get back in numbers and nullify any threat that the Scottish outfit posed. A long-range piledriver from No.6 George Wibberley was arguably the pick of the bunch in the first quarter, as the team continued to put away their chances with ruthless efficiency.

Ed Scott, goalkeeper for Team GB at the 2012 London Olympics, marshalled the backline superbly for the home side, and his breathtaking passing helped open up the St. Andrews defence time and time again, with the ball often landing perfectly into the path of the offensive players who finished with aplomb.

Leeds were in an understandably

buoyant mood and picked up where they left off in the second quarter, with Jarrah AlKandari proving particularly potent in front of goal. Even inside their own 5m line, they were happy to play the ball around, and despite the scoreline, they were unrelenting in their pressing as St. Andrews found it very difficult to gain a foothold in the match. Even when they did manage to get through, a combination of their own profligacy and Scott's heroics meant that they could not close the gap on their opponents.

The second quarter was rounded off by a superb shot from Scott, who scored from his own half, to the astonishment of



his team-mates.

Throughout the encounter, Danny Casey was a vocal presence in the Leeds rearguard, and he gave a rousing speech just before the third-quarter kick-off, urging his team-mates not to slack off and keep pressing for more goals. The score quickly shot up from 12–1 to 16–1, but after that point St. Andrews gained a bit of momentum and put away a few

chances of their own.

Despite the match being over as a contest, Leeds were looking to dramatically improve their goal difference, and, against the whipping boys of the Premier North division, they had the perfect chance to do just that. A slick move at the end of the period saw Scott lob a perfectly-weighted pass into the path of Ben Kelleher. He in turn fed Casey, who made no mistake from close range.

The last portion of the match was St. Andrews' most successful, as they started to move the ball around with much more freedom. However, every time the visitors had a spell of dominance, Leeds responded in kind, more clinical finishing from the home team's forward line saw them stretch their lead. AlKandari was especially successful in putting pressure on a beleaguered St. Andrews, as he consistently managed to nip the ball away from an opponent, with the outcome often being a goal to Leeds.

The match got a bit disjointed towards the end, with a few instances of grappling, but the outcome was never in doubt and the players can be rightly proud of a top-drawer performance. The boys now turn their attention to a play-off clash with a team from the Premier South division. After a display like that, Leeds will be a team that nobody wants to face



Due to the weather conditions, many of the playing surfaces at Weetwood were deemed unplayable and the matches were subsequently postponed.

Badminton 1s (M) 7-1 Leeds Beckett 2s Badminton 3s (M) 4-4 Bradford 1s Badminton Is (W) 2-6 Birmingham Is Badminton 2s (W) 7-1 Manchester Met 1s Basketball Is (M) 55-75 Teesside Is Basketball 2s (M) 59-73 York St. John 1s Fencing (M) 135-79 Manchester 2s Fencing (W) 135-67 Keele 1s Football 2s (M) 1-1 Leeds Beckett 2s Hockey Is (M) 2-6 Durham Is Hockey 2s (M) 1-7 Northumbria 1s Hockey Is (W) 0-2 Durham Is Hockey 2s (W) 3-1 Newcastle 2s Hockey 4s (W) 1-2 Hockey 5s (W) Hockey 6s (W) 1-5 Leeds Beckett 3s Hockey 8s (W) 0-8 Sheffield 5s Netball Is 40-50 Manchester Is Netball 2s 52-21 Newcastle 3s Netball 3s 42-37 Durham 2s Netball 4s 39-26 Leeds Beckett 4s Netball 5s 24-28 Northumbria 4s Netball 6s 32-21 Sunderland 2s Squash 2s (M) 3-0 Northumbria 2s Tennis Is (M) 4-8 Durham 3s Tennis 3s (M) 0-12 Durham 4s Tennis Is (W) 0-12 Newcastle Is Tennis 2s (W) 10-2 York 1s



Water polo (M) 31-7 St Andrews 1s



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Who came out on top in the big Leeds 4s vs Leeds 5s hockey derby? p. 22



Can a depleted England side get a good start in this year's Six Nations? p. 20



Leeds making waves in the pool with dominant victory over St Andrews. p. 23



Leeds get back to winning ways

Uni keep place at top of the league after comfortable win

Solid all round performance keeps promotion dreams alive

Adam LeRoux Netball Leeds Uni 2s 52–21 Newcastle 3s

As the final whistle blew at The Gryphon Centre, yet another victory was assured for the dominant Leeds 2s as they continue their terrific season in the Northern 3B division. A 52–21 victory against Newcastle 3s, their sixth win out of seven matches, saw the Gryphons maintain their place at the top of the league as the season draws ever closer to its climax.

Newcastle came to town with contrasting fortunes, as they currently prop up the division, three points behind fellow Gryphons, Leeds 3s. The visitors expected a tough game after being turned over 41–24 in the reverse fixture back in October, and after tasting defeat in the league for the first time away at York last week, Leeds were determined to give them exactly that.

With neither side able to get a rhythm going early on, the match started sloppily, as the scoreboard was hardly tested in the first five minutes with three points apiece. The game was crying out for an injection of pace and creativity, a bit of flare.

Step forward Sarah Haynes, the ginger haired maestro playing at goal attack. From the first whistle to the last Haynes was a constant buzz of energy, hovering around court like a wasp in search of food. The Newcastle defence would have preferred a wasp compared to the relentless attitude of Haynes, as she set up goal shooter Clare Steele for numerous opportunities whilst also burying some herself. From 3–3 the game had soon turned in Leeds favour as they closed the first quarter leading 8–3

Steele herself was putting on a showcase in the goal shooter role, on one occasion receiving a ball overhead whilst on the run seamlessly, making it look as if she was plucking apples from a tree. In one rapid movement she had then landed, pivoted and scored, with all the grace of a ballerina on stage. Whilst Steele was pirouetting with aplomb, Newcastle's attack was all the more direct, with goal shooter and goal attack forceful in their attempts to score. Although opportunities were few and far between for the visitors, their goal shooter was in impeccable form once she got a chance at goal, which made the contest a lot tighter than it should have been at halftime at 20-11.

For all their efforts in the first half, Newcastle soon became unravelled as the match progressed, as Leeds' fitness shone through. The opposing centre was unable to keep up with the movement of Emily Morrice which gave the Gryphons extra numbers in attack, and with Steele and Haynes on form, they were always going to make Newcastle pay the price.

With the goals flowing at one end Georgia Blessed and Ellie Ward were putting in a resilient effort at the other, with Blessed especially standing out. Not only was she intercepting passes and gathering rebounds, she was quick to start the counter, and utilise the whole of the two thirds of court allowed to goal defence, as she was all too keen to offer an extra player in attack on the edge of Leeds' attacking third.

As Newcastle ground to a halt in the fourth quarter Leeds continued to surge forward, with centre passes being turned straight into goals with ease, meaning Clare Steele was having a field day. The visitors were relieved to hear the final whistle when it came, and the final score of 52-21 was more than justified for a strong looking Uni side.

Next week sees Leeds make the trip up north to Durham, who sat in second in the table until a shock defeat at the hands of Leeds 3s. A win there could see them all but seal promotion, and on the back of this performance, they deserve it.