

Welcome

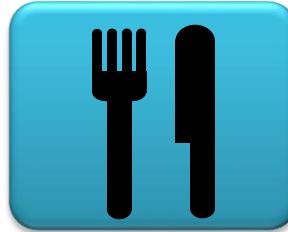
Day 1

Session 1

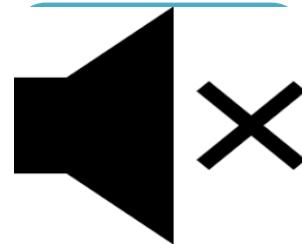
Women's Aid, England
National Training Centre

Dr Bianca Petkova

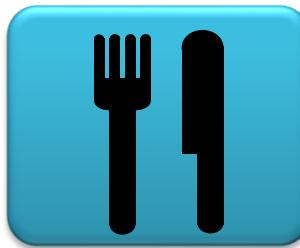




zoom



Working together



INTRODUCTIONS

Experience of work with DA
Experience of group work



Expectations

- Substantial knowledge and understanding of DA
- Some experience of group facilitation



Main aims of the course

- **Familiarise facilitators** with the “You & Me, Mum” programme
- **Sharpen** facilitators’ skills to enable them to deliver “*You and Me, Mum*” competently and work with mothers in an empathetic and understanding way

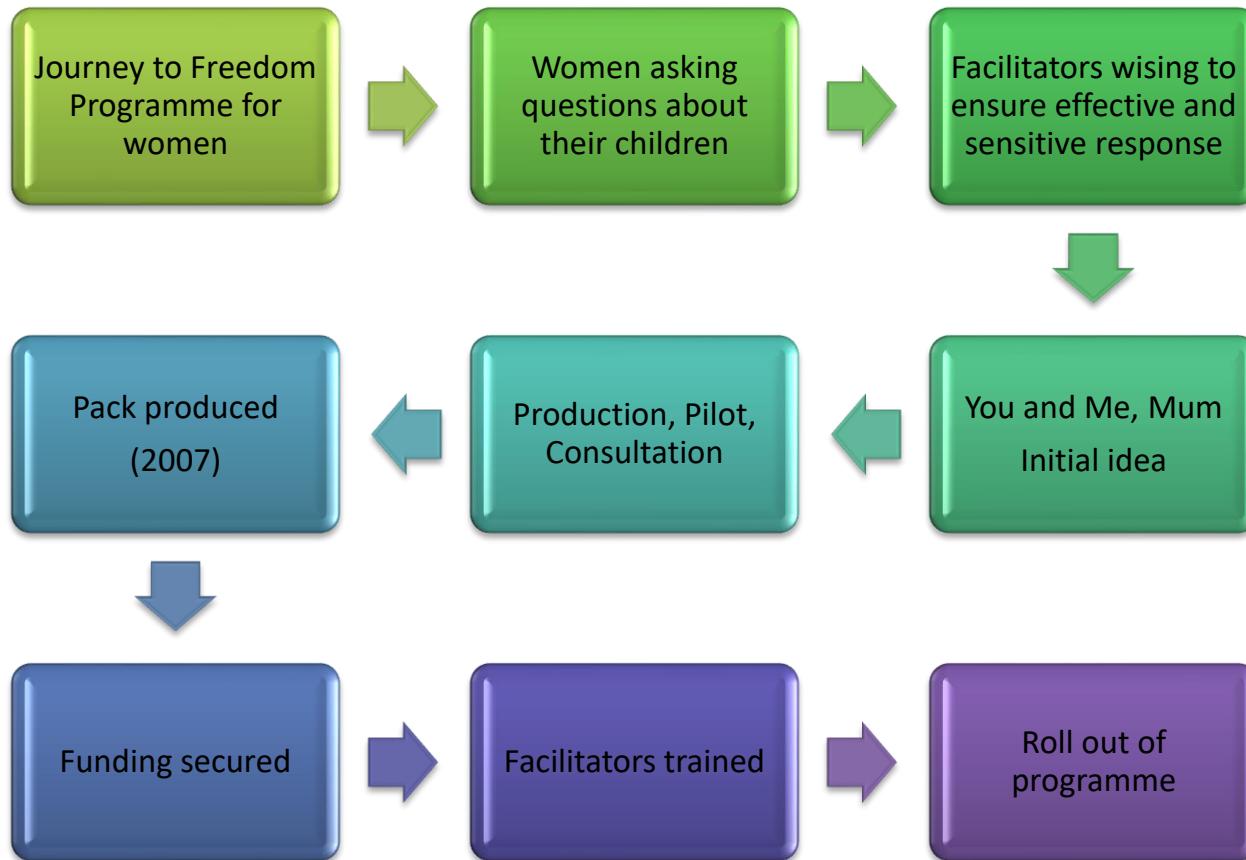


An overview of the “You & Me, Mum” programme

- **a ten week self help course**
- aims to **empower, support and develop** further understanding of women's role as **mothers** in addressing the needs of CYP who have lived with domestic violence.



Background to You & Me, Mum



Week Session topics

1	An 'ideal family'
2	How domestic violence can affect me as a mother (part 1)
3	How domestic violence can affect me as a mother (part 2)
4	How domestic violence can affect my child or young person
5	Survival strategies of children and young people
6	How to deal with my child or young person's challenging behaviour
7	When children or young people act abusively in the home
8	How to support my child with <i>Protective Behaviours</i> & safety planning
9	Effective communication with your child/young person
10	My hopes, my dreams & plans



's aid

until women & children are safe
www.womensaid.org.uk

Cultural expectations/assumptions/myths about mothers



Group work

- Mothering comes naturally
- Motherhood is be all and end all in a woman's life
- Motherhood is completely pleasurable, positive experience
- Mothers (should) like their kids all the time
- **If there is a problem with a child – mothers are usually responsible**
- **A good mother knows how to balance it all**
- **It is selfish for mothers to spend time on their own needs, desires and interests**
- Bonding happens naturally and instantly
- Mothers are able to do it all on their own; be always happy; always responsive to their children....



You & Me, Mum

Capacity Building Training Images of motherhood 1



You & Me, Mum

Capacity Building Training

Images of motherhood 2

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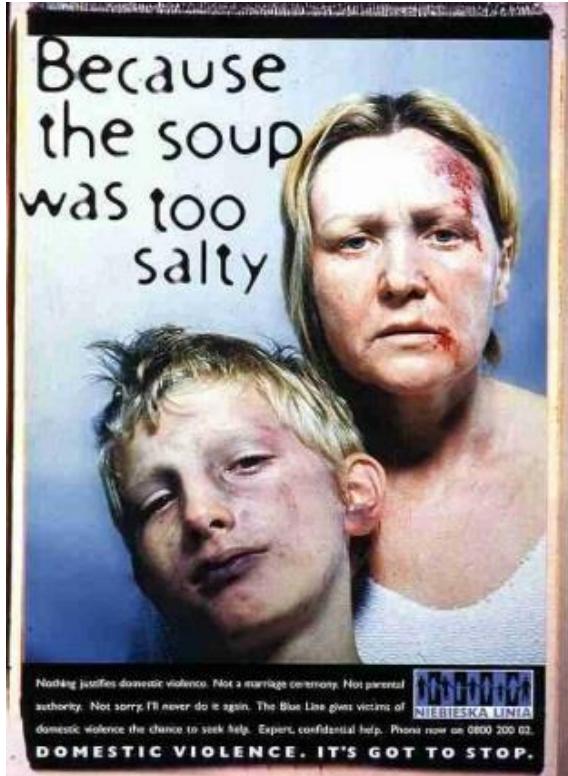


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You & Me, Mum

Capacity Building Training Images of motherhood 3



You & Me, Mum

Capacity Building Training

Mothers

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Serena Williams



Marie Curie



1. "Abused women are likely to be seen as '**failing** as **mothers** regardless of their actions, because the problems displayed by children who have been exposed to domestic violence are frequently seen as **resulting from 'deficiencies' in women's mothering.**" (Lapierre, 2008)
2. "Despite the fact that domestic violence perpetration represents a significant parenting failure, **perpetrators**, usually fathers or male caregivers, are **rarely held accountable as parents** (Radford, 2006)."
3. "Professionals working with women and children living with domestic violence should **start from a positive stance** that acknowledges that these women typically strive to be 'good' mothers, but that they do so under very difficult circumstances." (Lapierre, 2010)
4. ".... mothering [is] '**moralised, medicalised, psychologised, psychiatrised, and ... legalised**' (Ambert, 1994, p. 530)

Small group discussion:

- Discuss the quotation you are given and feedback your main comments to the large group

<http://postpartum.org/videos/video/myth-motherhood-kidscarecanada-ppd-series/>

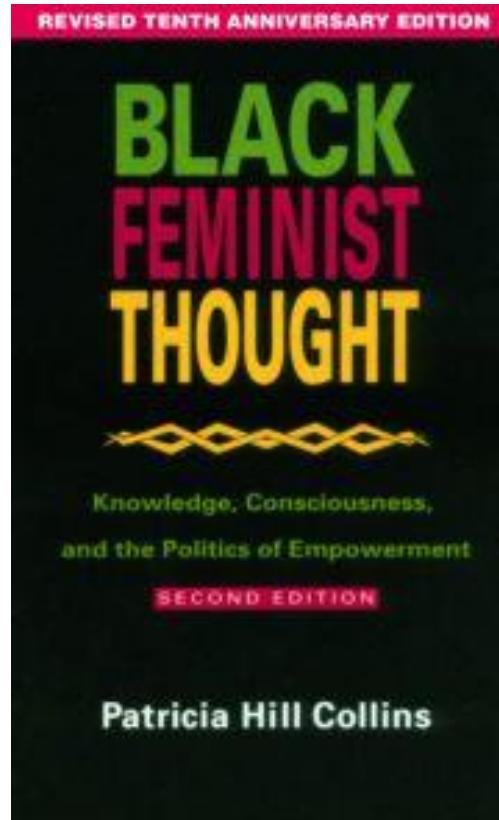
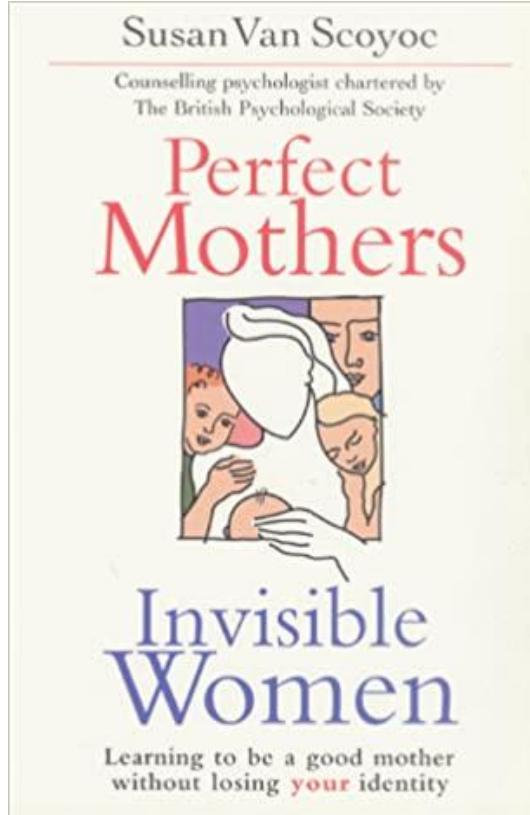


You & Me, Mum

Capacity Building Training

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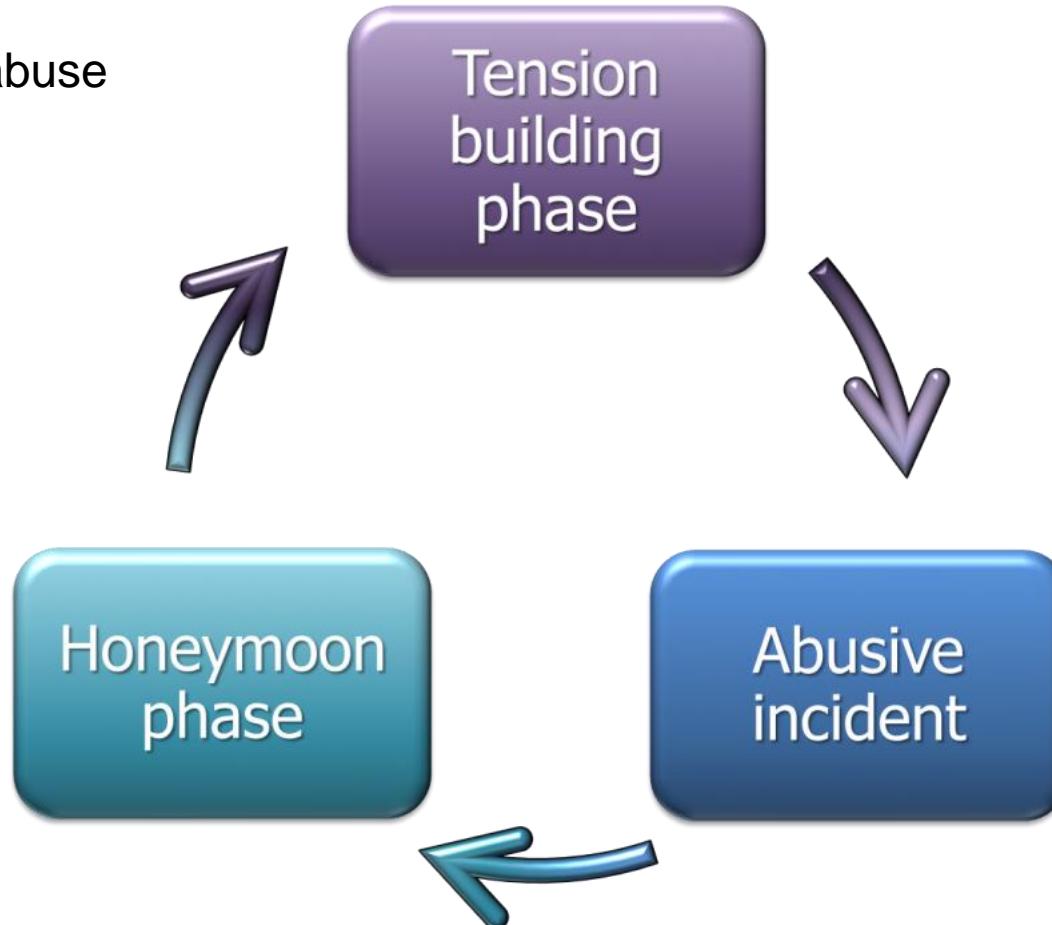


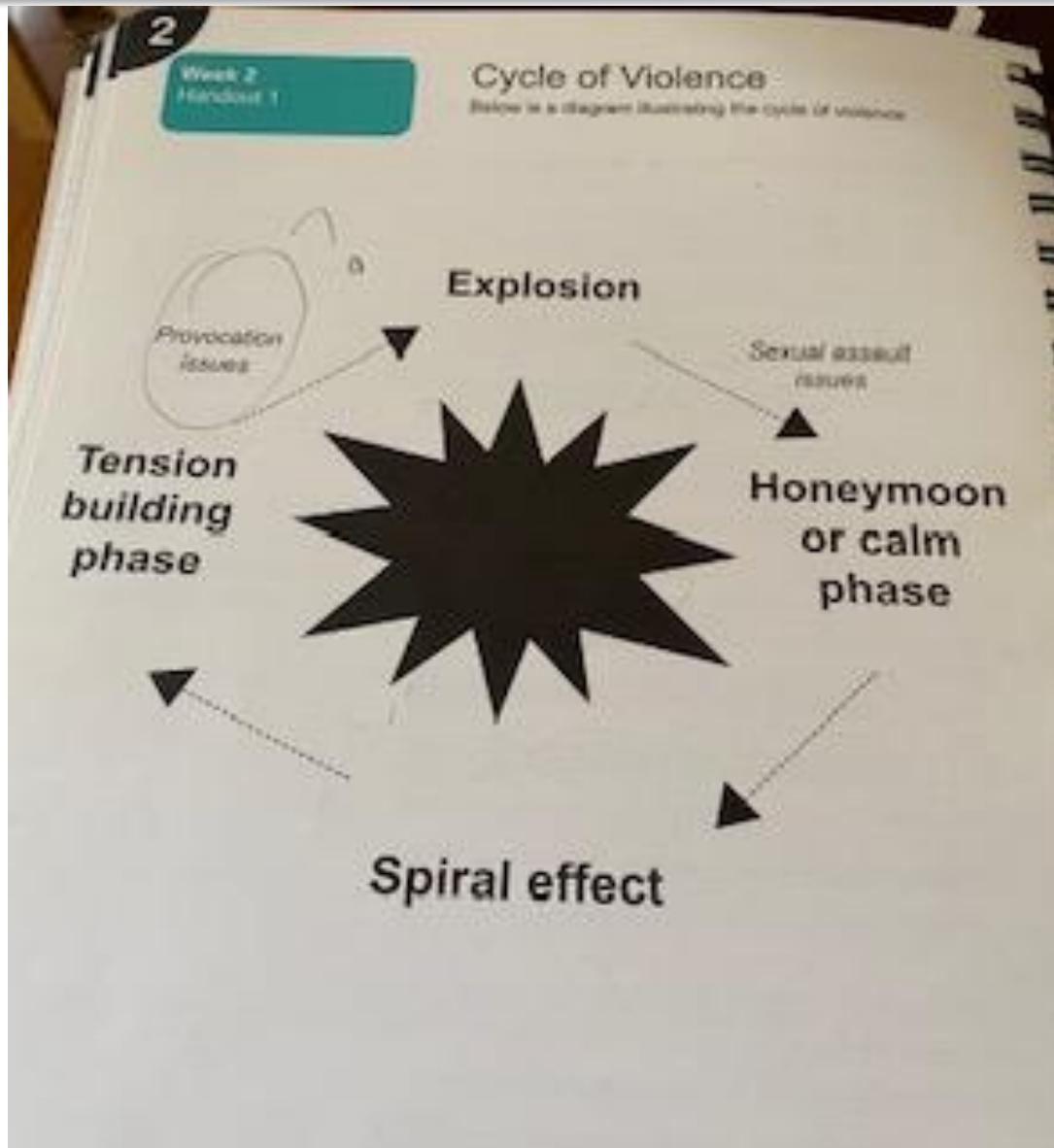
Chapter
Black Women
and
Motherhood
*By Patricia Hill
Collins*



Dynamics of abusive relationships and the impact on mothers, children and their relationship

Cycle of
violence/abuse



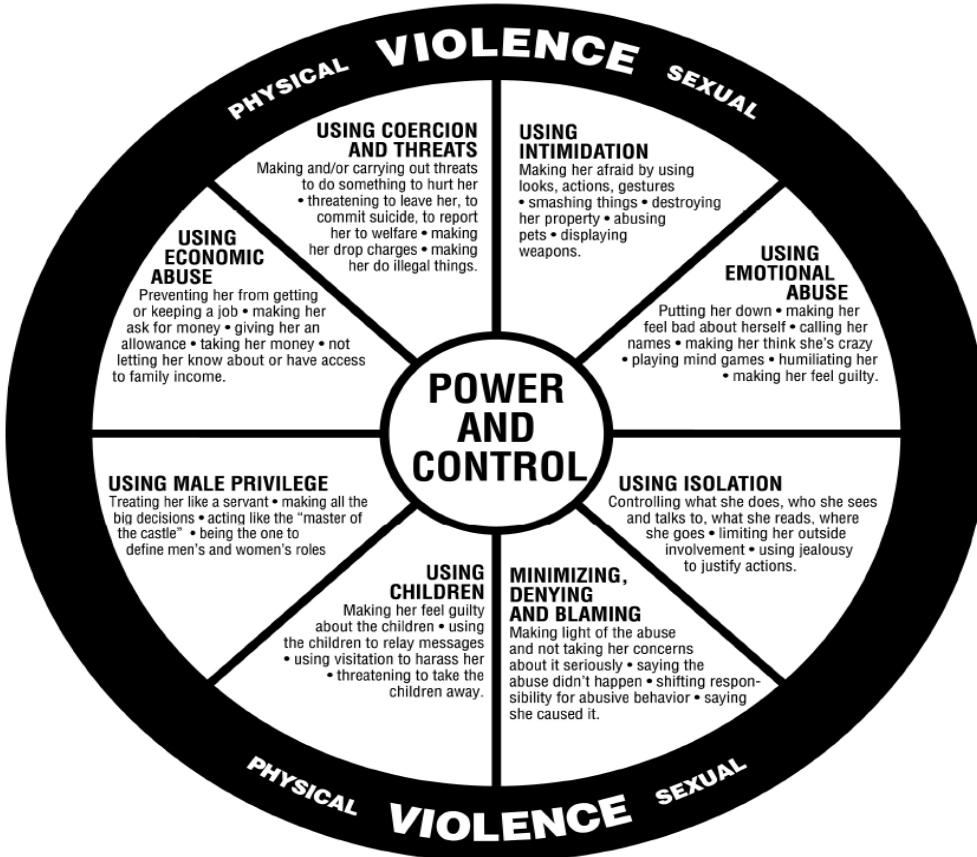


p.26,
Facilitator's
manual

Room 1 – Using the children

Room 2 – Economic abuse

Room 3 - Minimising denying & blaming



EXERCISE

Abusive strategy & actions

Effects on survivor

Effects on parenting

Using male privilege

Makes all the decisions in the household

Overrides her opinions, suggestions

Uses physical violence for her for cooking the 'wrong' food

Waits for him to make a decision

Keeps her opinions to herself

Suffers with injuries, develops PTSD

Can't make decisions for the children without him

Worries to express her opinions with the children; worries that the children might have the 'wrong' opinion & be hurt

Finds it hard to physically look after the children; to be emotionally stable with the children

of DA

- Deaf Power and Control Wheel
- Post Separation Power and Control Wheel
- Immigrant Power and Control Wheel
- Muslim Power and Control Wheel
- Teens Power and Control Wheel
- Gay, Lesbian, Bisexual and Trans Power and Control Wheel
- Trafficking Power and Control Wheel



Thank you
END of day,
session 1

