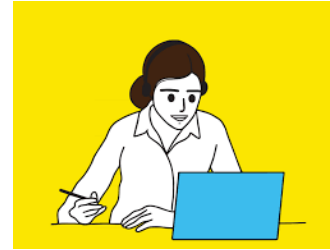
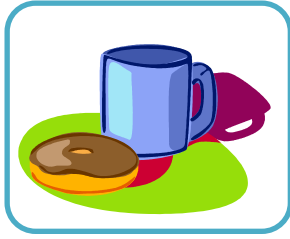


Welcome Day 1 Session 1

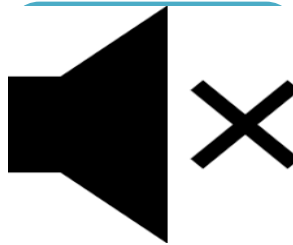
**Women's Aid, England
National Training Centre**

Dr Bianca Petkova

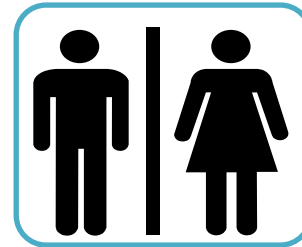
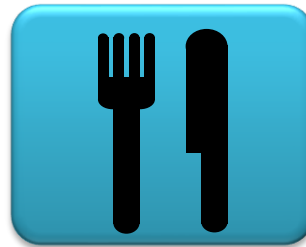
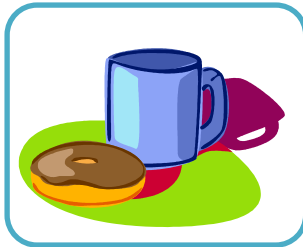




zoom



Working together



INTRODUCTIONS

Experience of work with DA

Experience of group work



Expectations

- Substantial knowledge and understanding of DA
- Some experience of group facilitation

Main aims of the course

- **Familiarise facilitators** with the “You & Me, Mum” programme
- **Sharpen** facilitators’ skills to enable them to deliver “*You and Me, Mum*” competently and work with mothers in an empathetic and understanding way

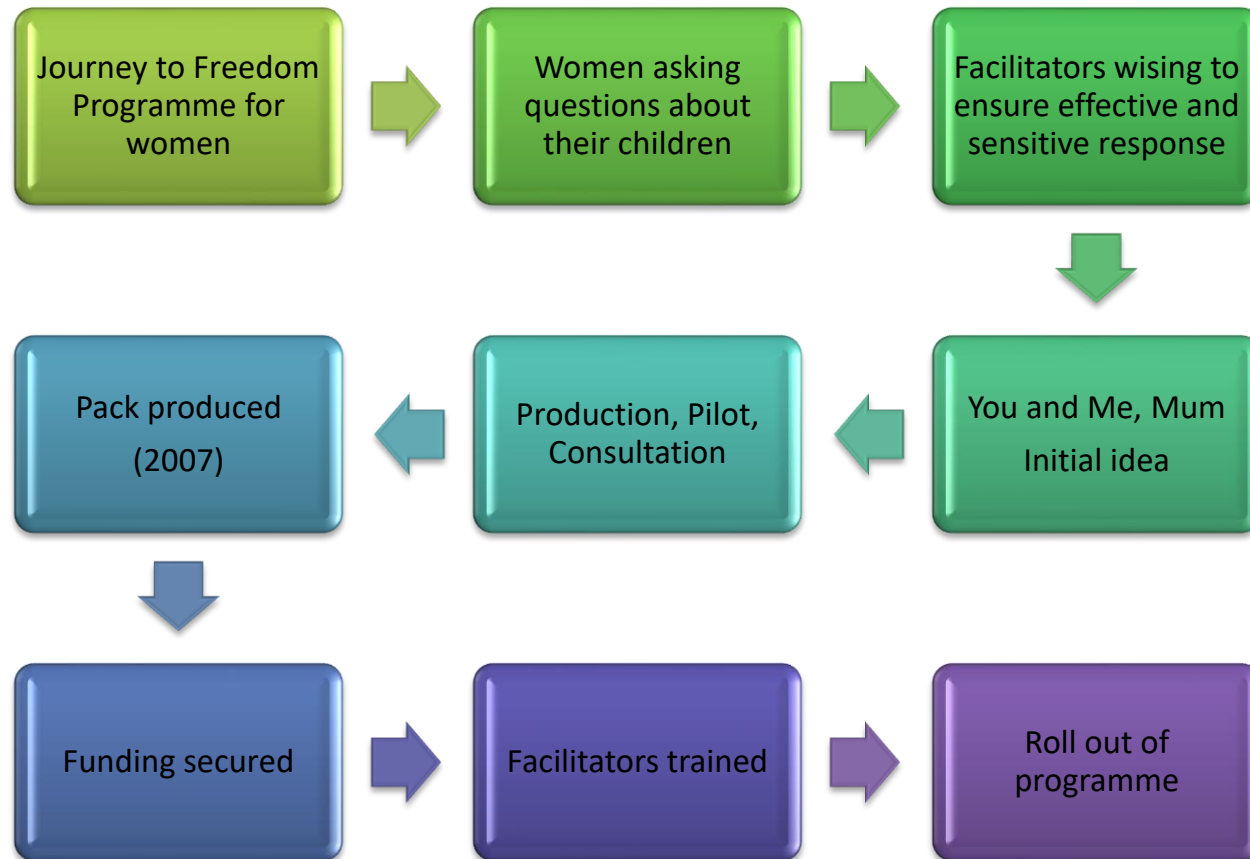


An overview of the “You & Me, Mum” programme

- **a ten week self help course**
- aims to **empower, support and develop** further understanding of women's role as **mothers** in addressing the needs of CYP who have lived with domestic violence.



Background to You & Me, Mum



Week	Session topics
1	An 'ideal family'
2	How domestic violence can affect me as a mother (part 1)
3	How domestic violence can affect me as a mother (part 2)
4	How domestic violence can affect my child or young person
5	Survival strategies of children and young people
6	How to deal with my child or young person's challenging behaviour
7	When children or young people act abusively in the home
8	How to support my child with <i>Protective Behaviours</i> & safety planning
9	Effective communication with your child/young person
10	My hopes, my dreams & plans



Cultural expectations/assumptions/myths about mothers



Group work

- Mothering comes naturally
- Motherhood is be all and end all in a woman's life
- Motherhood is completely pleasurable, positive experience
- Mothers (should) like their kids all the time
- **If there is a problem with a child – mothers are usually responsible**
- **A good mother knows how to balance it all**
- **It is selfish for mothers to spend time on their own needs, desires and interests**
- Bonding happens naturally and instantly
- Mothers are able to do it all on their own; be always happy; always responsive to their children....



You & Me, Mum

Capacity Building Training Images of motherhood 1

women's aid

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<https://www.si.edu/spotlight/mothers-day?page=1&iframe=true>

You & Me, Mum

Capacity Building Training

Images of motherhood 2

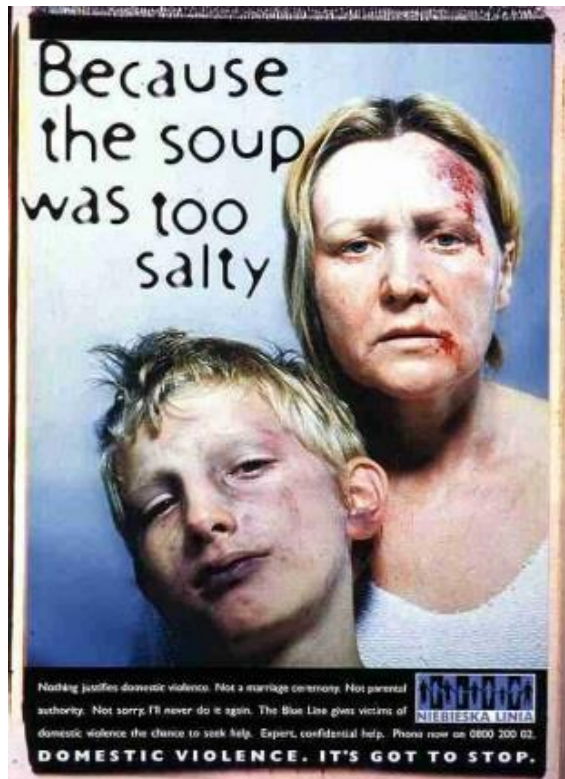


fa18679363 freeart.com ©



You & Me, Mum

Capacity Building Training Images of motherhood 3



You & Me, Mum

Capacity Building Training

Mothers



Serena Williams



Marie Curie

1. "Abused women are likely to be seen as **'failing' as mothers** regardless of their actions, because the problems displayed by children who have been exposed to domestic violence are frequently seen as **resulting from 'deficiencies' in women's mothering.**" (Lapierre, 2008)
2. "Despite the fact that domestic violence perpetration represents a significant parenting failure, **perpetrators**, usually fathers or male caregivers, are **rarely held accountable as parents** (Radford, 2006)."
3. "Professionals working with women and children living with domestic violence should **start from a positive stance** that acknowledges that these women typically strive to be 'good' mothers, but that they do so under very difficult circumstances." (Lapierre, 2010)
4. "... mothering [is] **'moralised, medicalised, psychologised, psychiatrised, and ... legalised'** (Ambert, 1994, p. 530)



Small group discussion:

- Discuss the quotation you are given and feedback your main comments to the large group



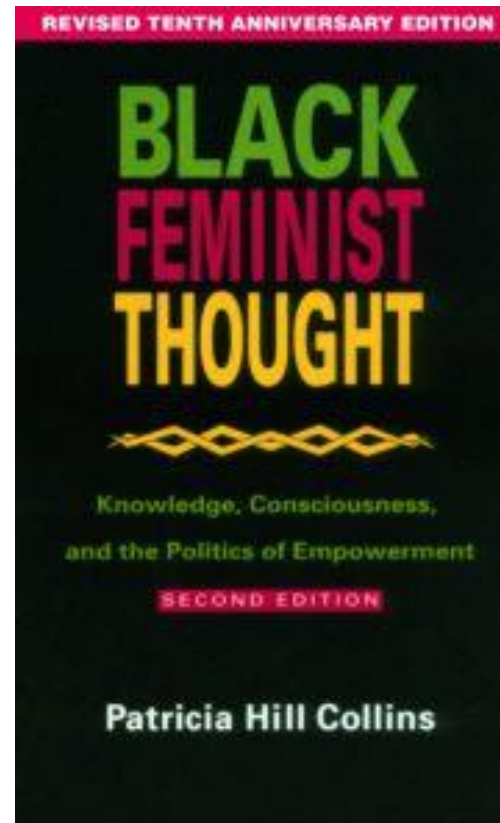
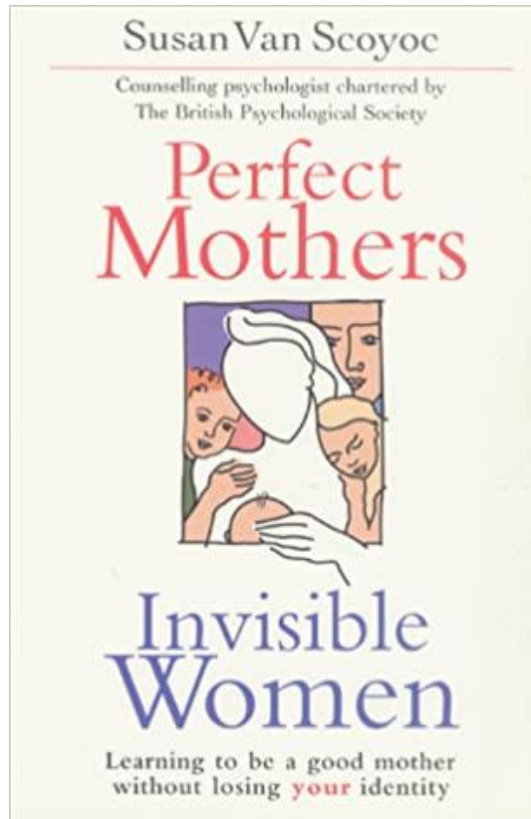
<http://postpartum.org/videos/video/myth-motherhood-kidscarecanada-ppd-series/>

You & Me, Mum

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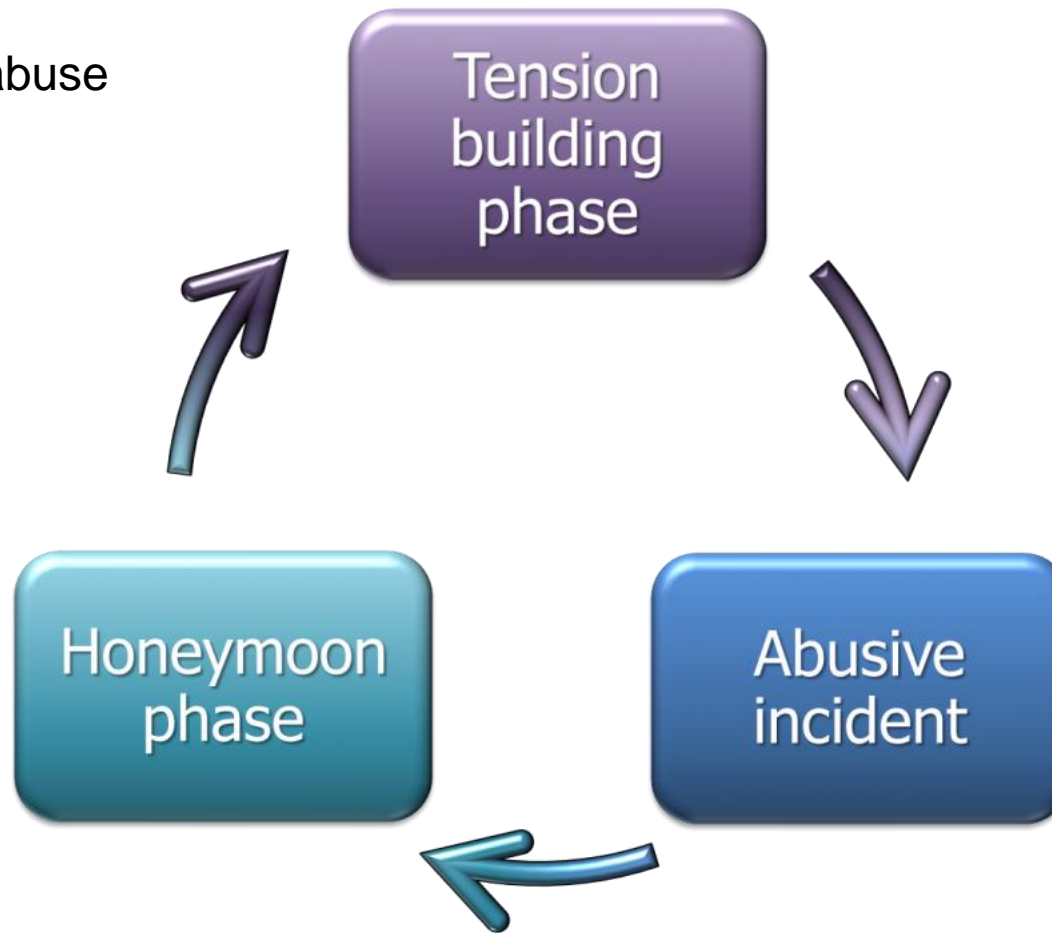
Chapter
Black Women
and
Motherhood
*By Patricia Hill
Collins*

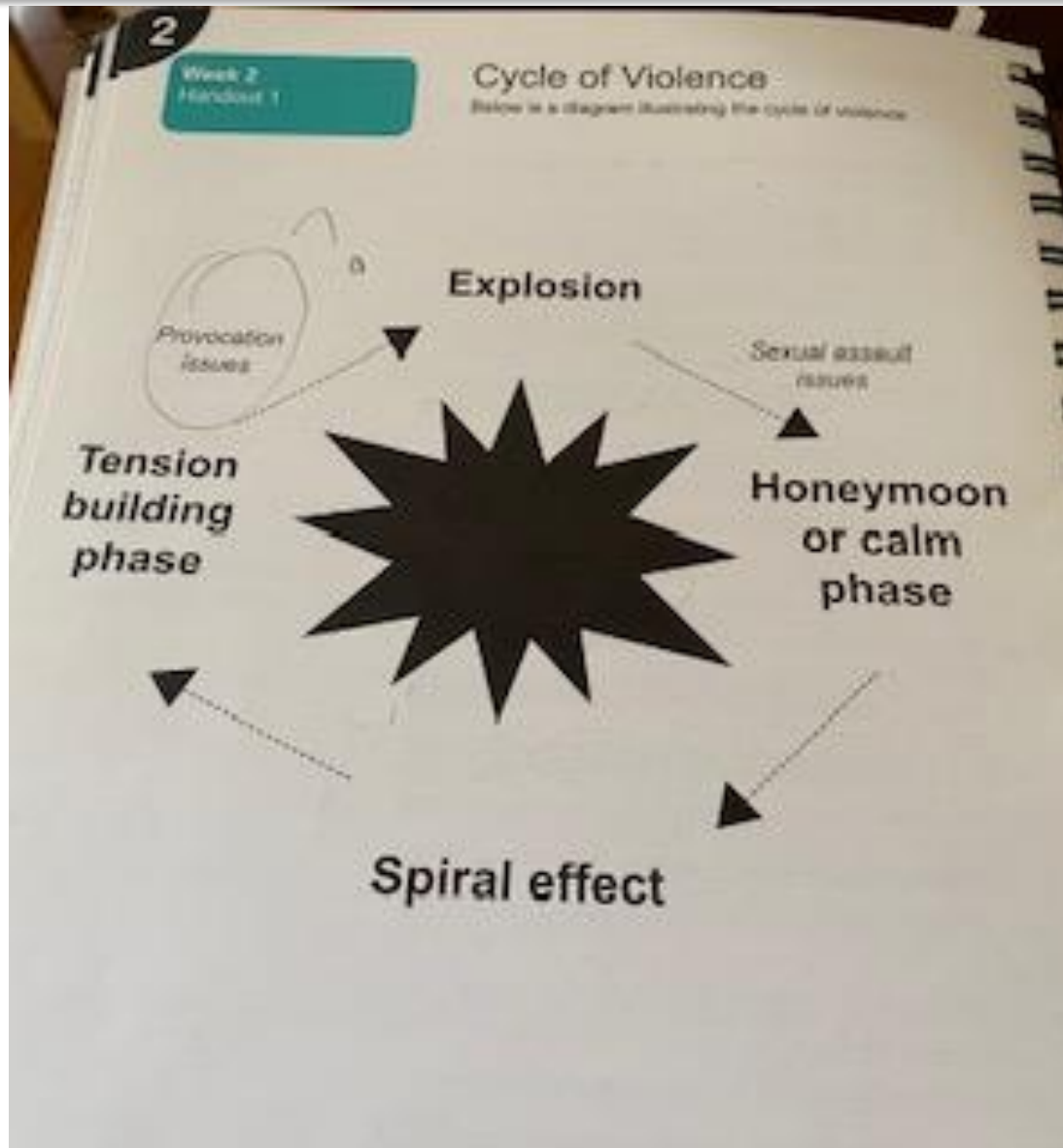


Dynamics of abusive relationships and the impact on mothers, children and their relationship



Cycle of
violence/abuse





p.26,
Facilitator's
manual

You & Me, Mum

Capacity Building Training

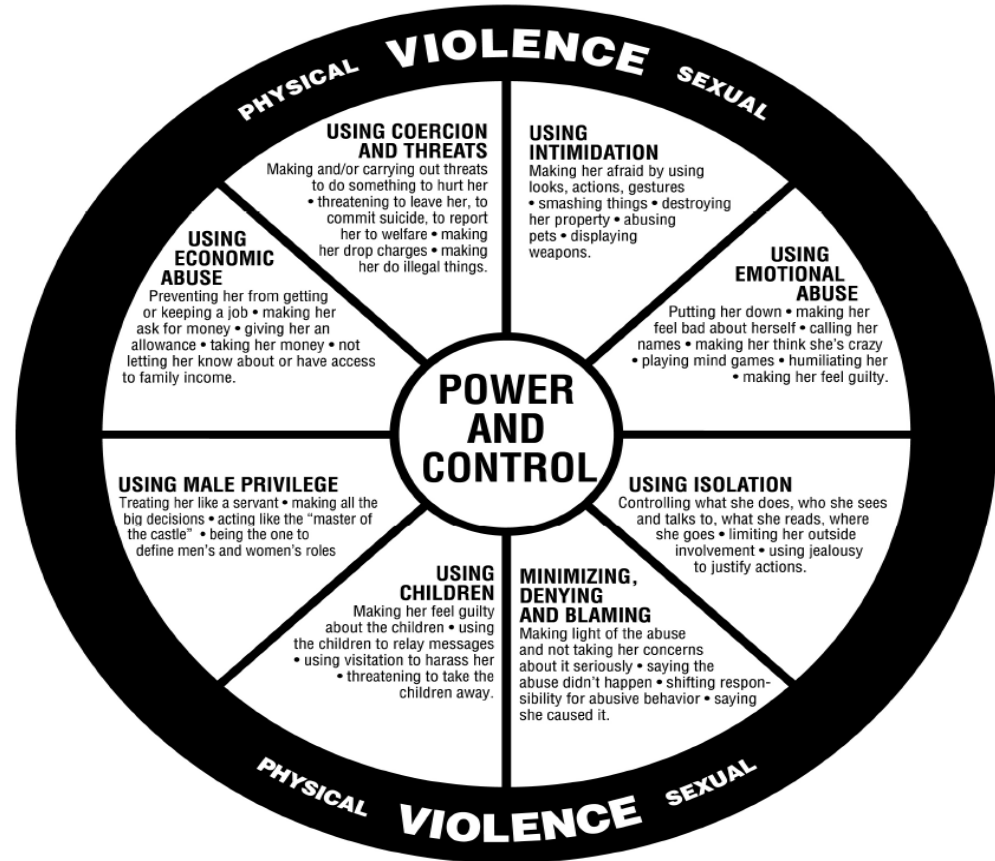
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Room 1 – Using the children

Room 2 – Economic abuse

Room 3 - Minimising denying & blaming



DOMESTIC ABUSE INTERVENTION PROJECT

202 East Superior Street
Duluth, Minnesota 55802
218-722-2781
www.duluth-model.org

EXERCISE

Abusive strategy & actions	Effects on survivor	Effects on parenting
<p>Using male privilege</p> <p>Makes all the decisions in the household</p> <p>Overrides her opinions, suggestions</p> <p>Uses physical violence for her for cooking the 'wrong' food</p>	<p>Waits for him to make a decision</p> <p>Keeps her opinions to herself</p> <p>Suffers with injuries, develops PTSD</p>	<p>Can't make decisions for the children without him</p> <p>Worries to express her opinions with the children; worries that the children might have the 'wrong' opinion & be hurt</p> <p>Finds it hard to physically look after the children; to be emotionally stable with the children</p>

of DA

- Deaf Power and Control Wheel
- Post Separation Power and Control Wheel
- Immigrant Power and Control Wheel
- Muslim Power and Control Wheel
- Teens Power and Control Wheel
- Gay, Lesbian, Bisexual and Trans Power and Control Wheel
- Trafficking Power and Control Wheel



Thank you
END of day,
session 1

